



**XUNTA  
DE GALICIA**

INSTITUTO EDUCACIÓN  
SECUNDARIA PLURILINGÜE  
TERRA DE TURONIO



## DEPARTAMENTO DE INGLÉS

**1º CM GUIAMEDNAT Lingua estranxeira profesional I curso 2025-2026**

### CONTENTS

#### 1<sup>st</sup> TERM

UNIT 1: Warming-up	
VOCABULARY	GRAMMAR
Personal information: ask and answer questions	revision of articles, verb to be wh-questions
Revision of numbers, months days of the week, dates. Telling the time	
Parts of the body and action verbs	

UNIT 2: Horse riding	
VOCABULARY	GRAMMAR
parts of a horse, equipment	present simple and present continuous
horse gaits, getting on / off a horse, action verbs	adverbs of frequency / countable and uncountable nouns

#### 2<sup>nd</sup> TERM

UNIT 3: Swimming	
VOCABULARY	GRAMMAR
swimming styles	modal verbs
equipment	

UNIT 4: Ropes and caving activities	
VOCABULARY	GRAMMAR
climbing and caving	revision of present tenses

### 3<sup>rd</sup> TERM

UNIT 5: Outdoor and recreational activities	
VOCABULARY	GRAMMAR
Leisure and outdoor activities	comparatives and superlatives
hiking	

UNIT 6: Biking	
VOCABULARY	GRAMMAR
parts of a bike	Revision of modal verbs
equipment	