

Vocabulary

First aid and injuries

Activity 1. Choose the word that represents what you see in the picture.

a.



Bandage / foreign body / vein / splint

b.



Basic life support / cramp / headache / dislocation

c.



First aid / tissue / drug / fist-aid kit

d.



Sweating / throw up / twist / heartbeat

Activity 2. Try to complete the sentences with the words available.

tachycardia, tissue, internal bleeding, unconsciousness,
accident, defibrillator, hypothermia

- a. When a person suffers a _____ the temperature falls below the usual level.
- b. If his heart rate is over 100 beats per minute while resting, he will have a _____.
- c. _____ is a group of connected cells in an animal or plant that has the same purpose.
- d. A machine that uses an electric current to stop any irregular and dangerous activity of the heart's muscles is called a _____.
- e. He suffers _____ because he is not awake.
- f. An _____ is not expected and often damages something or injures someone.
- g. _____ is a loss of blood that occurs in a cavity body.

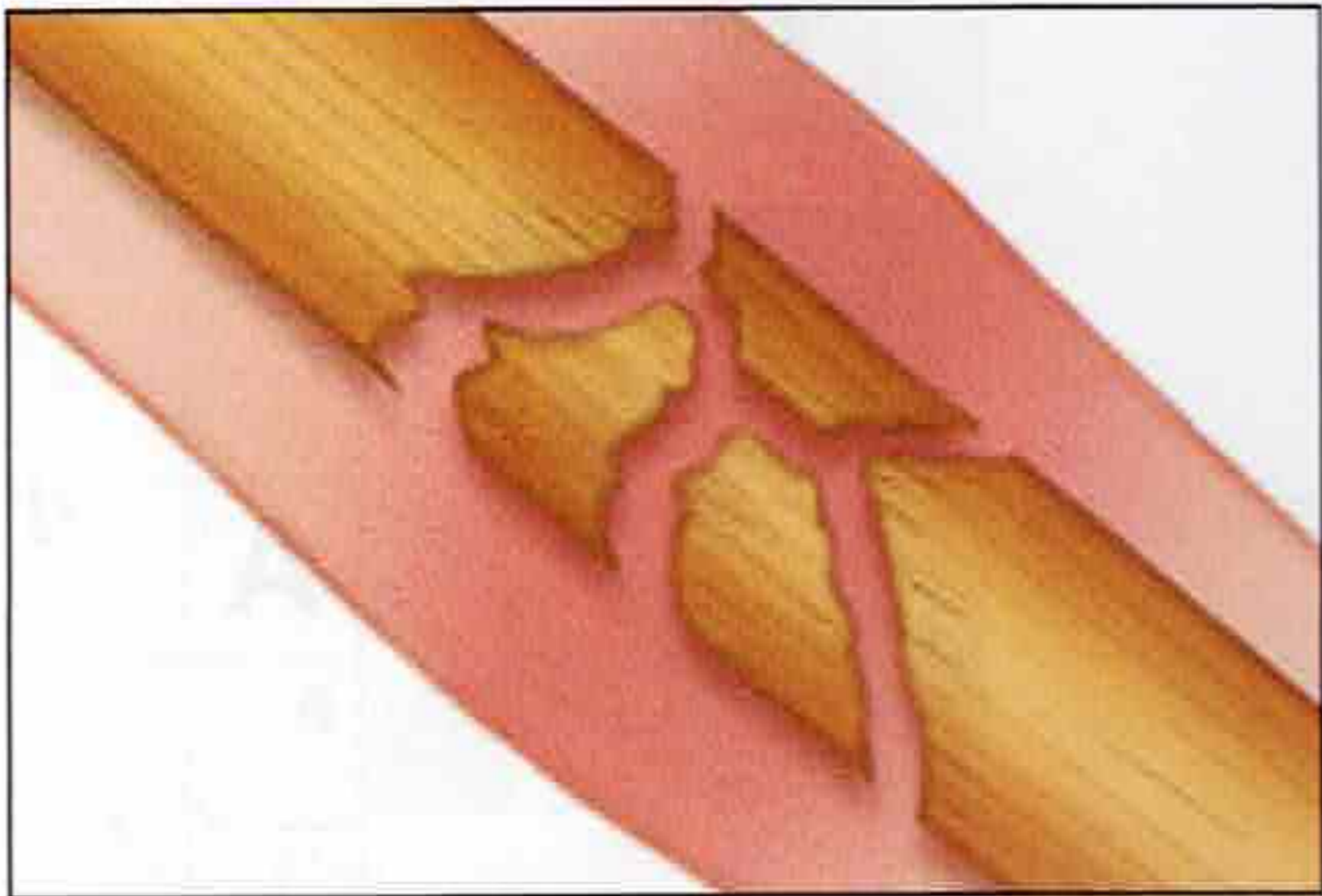
Activity 4. Complete the words with the missing letters in your notebook.



a) ___asic li___e su___ ___ort



b) car___iores___irator___
arres___



c) co___mi___ute ___rac___ure



d) ___e___y___ratio___



e) ___e___l___ic___



f) ___ae___o___rha___e



g) n___ ___s___a



h) as___h___x___ati___n

Activity 5. Find the four lost words or concepts in the next chaotic line and write them beside its definition.

KjhusprainliuyebnpainkyerbndoñillnesslibcrdxlpgtInflammationmjgdd

- a. A feeling of physical suffering caused by injury or illness: _____
- b. To cause an injury to a joint by a sudden movement: _____
- c. A disease of the body or mind: _____
- d. Red, painful, and swollen, especially because of infection or contusion: _____

Activity 6. Look at the image. In your notebook, write the name of each element of the first-aid kit. Use a dictionary if you need to.



Activity 7. Speaking activity. Next weekend you are going hiking with a group of teenagers. You are the instructor and you need to take the first-aid kit and some useful things. What are you going to take with you? Write a list of five items and share it with the rest of the class.

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____

Activity 8. Speaking activity. In pairs, list five potential injuries that could occur while hiking with the group of teenagers. Copy the table below into your notebook and complete it. Share it with the rest of the class.

Potential injury	What can cause this injury?	What can be done to reduce the risk of injury?
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____