

Language Focus Unit 4 ★★

Past continuous: affirmative and negative

1 Choose the correct words.

Was / Were you playing football?

- 1 Ali **did** / **was doing** her homework when I called.
- 2 We **are** / **were** writing our blog yesterday.
- 3 They **wasn't** / **weren't** chatting on the phone.
- 4 Mum **wasn't** / **didn't** making lunch for us when we arrived.
- 5 He **didn't** / **wasn't** having a shower at 7.30.
- 6 Why did you wake me up? I **was sleeping** / **slept**.

2 Yesterday Robert was at a sports camp. Look at the information and write past continuous sentences. Use the verbs in the box.

cycle run ski swim

Sports camp timetable	
2.00–2.30 p.m.	
2.30–3.00 p.m.	
3.00–4.00 p.m.	
4.00–4.30 p.m.	

At 2.15 p.m. he was running.

- 1 At 2.45 p.m. he _____.
- 2 At 3.15 p.m. he _____.
- 3 At 4.15 p.m. he _____.

3 Write negative past continuous sentences.

Alex / go / to school

Alex wasn't going to school.

- 1 we / have / breakfast

- 2 it / rain / this morning

- 3 they / listen to / the teacher

- 4 I / read / the newspaper

Past continuous: questions

4 Order the words to make questions about yesterday. Then write short answers.

at 1 p.m. / Were / lunch / you / eating / ?

Were you eating lunch at 1 p.m.?

No, I wasn't.

- 1 at 9 p.m. / Were / your homework / you / doing / ?
_____?

- 2 sleeping / Were / at 10 p.m. / you / ?
_____?

- 3 watching TV / at 8.30 p.m. / Were / you and your family / ?
_____?

- 4 walking / you / at 5 p.m. / home / Were / yesterday / ?
_____?

Past simple and past continuous

5 Tick (✓) the correct sentence.

- a I was cooking dinner when the fire started. ☒
- b I cooked when the fire started. ☐
- 1 a We were walking to the park when we saw our friends. ☐
- b We walked to the park when we were seeing our friends. ☐
- 2 a She swam in the river when she was cutting her foot. ☐
- b She was swimming in the river when she cut her foot. ☐
- 3 a I was doing my homework when the phone rang. ☐
- b I did my homework when the phone was ringing. ☐
- 4 a He was seeing the accident while he walked to school. ☐
- b He saw the accident while he was walking to school. ☐
- 5 a They were having dinner when I arrived. ☐
- b They had dinner when I was arriving. ☐

Vocabulary Unit 4

Actions and movement

1 Label the pictures with the correct words.



stand in



1 lie on



2 hold



3 pick up



4 climb up



5 sit on



6 kick



7 hammer for



8 jump up



9 walk on

2 Complete the sentences with the words in the box.

are you holding jumping 're lying 's hanging
's kicking was sitting

Children, stop jumping up and down on the bed!

- He was sitting on the wall in front of the school when I saw him.
- Look at the monkey! It 's hanging from a tree!
- Sarah and Jane are sunbathing. They 're lying on the beach.
- Why are you holding your jacket?
- She 's kicking a football in the street.

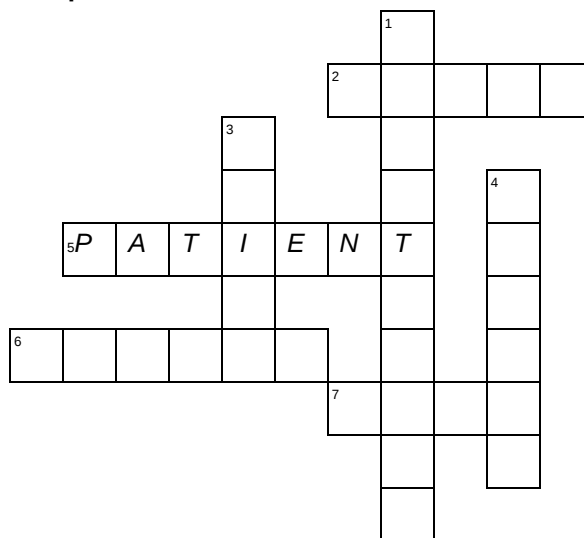
Adjectives and adverbs

3 Complete the sentences with the adjective or adverb form of the words in brackets.

They were sitting comfortably when the film started. (comfortable)

- I found the homework really easy. (easy)
- She waited patiently in the queue. (patient)
- It was too quiet. Nobody was talking. (quiet)
- The waiter was being rude to the customers so they left. (rude)
- He carried the vase carefully because he didn't want to drop it. (careful)

4 Complete the crossword.



Across

- It was a dangerous situation but she was ...
- My teacher is very ... and always takes time to help us.
- It isn't ... to shout at people.
- She did very ... in her exams.

Down

- Artists need to have good ideas and think
- You must be ... in the library.
- You must drive ... here. There's a speed limit.

5 Underline and correct three mistakes in the text.

Jack Smith is a very creative person. He works happy in his studio which he likes because it is quiet and comfortably. People ask him to do paintings but they have to wait patient because he is sometimes quite slowly. He says painting takes a long time.

happily

2 quietly

1 patiently

3 slowly