

Culture Unit 6

Food

- 1 Check the meaning of the words in the box.
Then put them in the correct place in the table.

basil celery flour garlic ham minced beef
mushroom olive oil oregano pineapple salt yeast

vegetable	
fruit	
meat	
herb	<u>basil</u>
other	

- 2 Read the text. Which two famous Italian dishes does it mention?

'Real' Italian food

For many people, spaghetti bolognese is one of the most popular and typical Italian dishes. People eat it all over the world. But what about in Italy – its country of origin? Bolognese sauce originates from the city of Bologna in Italy. It is a sauce made from minced beef, tomatoes, onions, carrots and celery. But people in Bologna don't eat spaghetti bolognese! They say the proper way to eat the sauce is with pasta like tagliatelle – this is flatter and thicker than spaghetti and the sauce sticks to it better. And in Bologna they don't call the sauce bolognese either; they call it 'ragù'.

How do you like your pizza? With a thick tomato sauce, lots of cheese and toppings such as ham, mushrooms or pineapple? Pizza is another of Italy's most famous exports and comes from Naples in the south of Italy. A proper Naples pizza has dough made from flour, fresh yeast and sea salt, with a topping of San Marzano tomatoes, olive oil and some buffalo mozzarella. There are only two types of Naples pizza: pizza Margherita, which includes the above and some fresh basil leaves, and pizza Marinara, which has some oregano and garlic. A proper Naples pizza has no other toppings, and definitely doesn't have any pineapple!



- 3 Read the text again and choose the correct answers.

- Naples is the home of
 - bolognese sauce.
 - pizza.
 - pasta.
- The proper way to eat bolognese sauce is with
 - tagliatelle.
 - spaghetti.
 - ragù.
- In Italy, bolognese sauce is called
 - spaghetti.
 - tagliatelle.
 - ragù.
- Pizza dough is made from
 - flour, tomatoes and mozzarella.
 - flour, yeast and sea salt.
 - flour, yeast and garlic.
- Pizza Marinara has
 - tomatoes, olive oil, mozzarella and basil.
 - tomatoes, olive oil, mozzarella, oregano and garlic.
 - tomatoes, olive oil, mozzarella and pineapple.

- 4 Describe two of your favourite Italian dishes. How often do you eat them? What ingredients do they have in them? If you don't like Italian food, choose another international dish.

