

UNIT 5. Symptoms and Vital Signs

VIDEO – Health Symptoms

1. Watch and listen to 6 patients describing how they are feeling. Complete the conversation with the words missing and guess the condition.

1. MICHAELA

- **DOCTOR:** Hello Michaela, what seems to be the trouble today?

- **MICHAELA:** Hi Doctor! Well, first I had a _____ but now it's all _____, and my head is **pounding!** (....)

- **DOCTOR:** Any **fever** or **body aches**?

- **MICHAELA:** I had a _____ yesterday and _____. But I took my **temperature** today and it's normal.

- **CONDITION:** _____

2. LORRAINE

-**DOCTOR:** Good morning Lorraine, what brings you in today?

-**LORRAINE:** Hi doctor, I've got this _____ in my stomach. It really hurts! (...)

-**CONDITION:** _____

3. EMILY

-**DOCTOR:** Hi Emily! What's been bothering you?

-**EMILY:** Hi doctor, my _____ has been hurting a lot, specially when I chew or _____, and it's been like this for a few days.

- **DOCTOR:** Ok, have you had any recent **colds** or **allergies**?

-**EMILY:** Yes, my allergies have been _____ recently. When spring comes I start _____ and _____.

-**DOCTOR:** And, do you have a _____?

- **EMILY:** I do, actually

-**CONDITION:** _____

4. MAYA

-**DOCTOR:** Hi Maya, how can I help you today?

- **MAYA:** Hi doctor, I've had this _____ for the past week now. It's keeping me up at night, I can't even sleep.

- **DOCTOR:** Have you noticed any _____ along with the cough? (...)

- **MAYA:** Then yeah, I have _____ up some phlegm. It was pretty gross! Also my throat is sore.

- **DOCTOR:** Have you experienced any _____ **tightness**?

- **CONDITION:** _____

5. SARAH

- **DOCTOR:** Hi Sarah, I see you're _____. What happened?

- **SARAH:** Hi doctor, yeah I slipped and _____ my _____ while running yesterday. It's been _____ and painful since then. (...)

CONDITION: _____

6. REBECCA

- **DOCTOR:** Rebecca! C'mon in, what seems to be the matter?

- **REBECCA:** My arms are so _____ and there's these little red _____ all over them.

- **DOCTOR:** It looks like you have a _____. (...)

CONDITION: _____

2. Now, complete the medical advice using the vocabulary below and match it with the correct patient.

Rest – Cough Syrup - Over-the-counter cold medication - Ointment – Elevation - Plenty of fluids - Icing - Ear drops – Antiacids

1. I prescribe you some _____ to help you clear it up.	
2. I'll prescribe you an _____ for the itchyess.	
3. You should _____ a lot and drink _____. I can prescribe you an _____ which will help with the congestion and headache.	
4. I recommend _____ it and _____ to reduce the swelling.	
5. My recommendation is that you take _____ and get some rest.	
6. I recommend taking some _____ to help you soothe your stomach.	

SPEAKING: Patient–Doctor Role Play

1. STEP 1: Choose a condition and a possible treatment:

<u>CONDITION/SYMPTOMS</u>	<u>TREATMENT</u>
<ul style="list-style-type: none">• Cold/flu• Food poisoning• Broken arm• Allergy• Stomachache• Skin rash• Fever• Sore throat• Cough• Diarrhoea• Toothache• Earache• OTHERS	<ul style="list-style-type: none">• Rest at home• Painkillers• Cream/ointment• Cough syrup• Rest• Drink lost of fluids• Throat lozenges/tablets• Antibiotics• OTHERS

2. STEP 2: Build your dialogue:

- **Student A** = Doctor
- **Student B** = Patient

- You must create a dialogue that includes:

- 1. Greeting** (i.e.: Hi _____, you don't look well, what happened?)
- 2. Patient describes symptoms**
 1. I feel....
 2. I have pain in...
- 3. Doctor asks questions (2/3)**
 1. How long have you had these symptoms?
 2. Do you have any...?
 3. Can you show me where you feel the pain?
 4. Have you eaten/done anything unusual recently?
 5. Have you noticed/used any....?
 6. Have you experienced any...?
 7. I would like to examine it.
- 4. Doctor gives diagnosis**
 1. Based on what you're telling me, I believe you have....
- 2. Sounds like you might be experiencing....**
- 3. From what you've told me, I think you probably have...**
- 4. Based on your symptoms, I would say you have...**
- 5. It's very likely that you have...**
- 6. It's possible that you are having...**
- 5. Doctor suggests treatment**
 1. I prescribe you.... that it will help you with...
 2. You should....
 3. Don't use that _____ again
 4. I recommend (+ing)
 5. My recommendation is that...
- 6. Patient asks at least 2 follow-up questions**
- 7. Closing (advice and goodbye)**