Steps to Take After an Electric Shock

1. Look at the affected person but do not touch them as electricity can be passed on to you

2. Call 911

3. Turn off source of electricity if it's safe, use a non-conducting material like wood or plastic

4. Once it's confirmed you're safe from electricity, check the victims pulse and begin CPR if needed (low or stopped heart rate)

5. Lay the victim down with legs elevated and head slightly below the trunk of the body

6. Don't treat any wounds, wait until professional help arrives