

# READING

## 1. Read the article about an unusual competition.

### A COMPETITION FOR SPORTS FANATICS

Monday, 29th December 2010

On 1st January, people all over the USA are going to compete in the annual Couch Potato Competition. *Couch potato* is an expression to describe a very lazy person. *Couch* means *sofa*. A couch potato's favorite activity is sitting on the sofa, watching TV. The competition takes place every year on New Year's Day to find the USA's Number One couch potato.

If you love watching sport but hate exercising, you will probably do well in this competition. The rules are simple. You must sit on a big comfortable chair and watch sport on TV. You can stand for five minutes every hour and you can leave the sofa three times a day to go to the toilet. You can also have as much food and drink as you want. For sports fanatics, this is a dream come true. They can escape from the cold, snowy weather outside and watch sport in a warm room with a lot of food. But the competition isn't easy. The competitors mustn't go to sleep and the competition usually continues for days. People often start to prepare for it the day before. They don't eat or drink a lot and they go to bed early.

Twenty-six-year-old Jeff Miller, from Chicago, is the present Couch Potato World Champion. He entered and won the competition three times and he broke the Guinness World Record for watching sport. In 2010, Miller sat in front of the TV for 72 hours and he didn't fall asleep once! It won't be easy to beat Miller's record next year. But, if you win the competition, you will get some great prizes. The prizes include an award, a TV, an armchair and free cable TV.

## 2. Complete the sentences with the affirmative or negative form of *will* or *be going to* according to the text.

1. The competition ..... (start) on 1st January.
2. The competitors ..... (do) sport.
3. The competition ..... probably ..... (continue) for more than one day.
4. The competitors probably ..... (drink) a lot before the competition.
5. The winner ..... (get) tickets for a football match.

## 3. Complete the sentences with the correct form of the verb in brackets. Use the First Conditional. Then tick (✓) the false sentences.

- .... 1. If the competitors ..... (be) hungry, they will receive food.
- .... 2. If a competitor ..... (go) to sleep, he or she will lose the competition.
- .... 3. If you watch sport for more than 29 hours, you ..... (break) the world record.
- .... 4. You ..... (not get) a TV if you win.