

VOCABULARY Risks and dangers

1 Choose the correct answer.

- 1 We walked for hours, but we decided to **turn back** / **struggle** when it started to rain.
- 2 Everything started to **go wrong** / **give up** because they didn't plan the expedition well enough.
- 3 We've got a great team of people on this tour – everybody **regrets** / **supports** each other.
- 4 My dad **encouraged** / **amazed** me to start trekking when I was a teenager.
- 5 Have you got photos to **dare** / **prove** you were on a camel tour in the Sahara Desert?
- 6 You often have to **take** / **avoid** risks when you do extreme sports.

2 Complete the sentences with the correct form of the words below.

give up • amaze • regret • struggle • avoid • dare

- 1 I not going to Africa on an adventure holiday when I had the chance.
- 2 Extreme sports athletes me. They are so brave.
- 3 The weather was terrible and we for hours to get to the top of the mountain.
- 4 Do you to go parachuting or are you afraid?
- 5 I John right now because he wants me to look at hundreds of photos from his trip to Alaska, but I haven't got the time.
- 6 After climbing for hours, I realised I couldn't reach the top, so I and returned home.

3

Complete the sentences with the correct form of the words or phrases from Exercises 1 and 2. There may be more than one correct answer.

- 1 Things can when you trek in the rainy season. You must take precautions.
- 2 This isn't a dangerous sport. It isn't necessary to to have fun.
- 3 Some of the team wanted to , but we continued and we got there in the end.
- 4 You must eating sweets and chocolates if you want to be an athlete.
- 5 I didn't do it alone. My friends me.

4

Choose the correct answer to show you understand the meaning of the words in bold.

- 1 She **regrets** going on the trek because
 - a. she had a great time
 - b. she hurt her foot
- 2 I tried to **avoid** Daniel because
 - a. I didn't want to talk to him
 - b. I wanted to discuss the party with him
- 3 Sometimes I **struggle** to
 - a. understand my maths homework
 - b. watch TV
- 4 It **amazes** me when I see
 - a. people walking in the street
 - b. people doing dangerous tricks
- 5 I don't like **taking risks**, so I
 - a. won't go shopping
 - b. won't go skydiving



GRAMMAR Future tenses

1 Choose the correct answer.

- 1 He's bought tickets to Egypt. He **will go** / **is going to go** on a boat trip down the River Nile.
- 2 There's a tornado warning. I'm sure they **will cancel** / **are going to cancel** the marathon.
- 3 What time **does the bike show begin** / **is the bike show going to begin**?
- 4 There's a frightening noise outside. I think **I am going to open** / **will open** the door to check what it is.
- 5 My brother **is going to stay** / **stays** home this weekend because he's ill.
- 6 Don't worry. I promise I **won't take** / **am not going to take** any risks on my trip.

2 Complete the text with the verbs in brackets. Use *be going to*, *will* or the Present Simple.

Attention All Thrill Seekers!

Dangerous Travel is always looking for new and exciting adventures, and we think you ¹ (love) our latest discovery. It's called volcano boarding, and we promise you it's as dangerous as it sounds. If you think you have already experienced every thrill available, volcano boarding ² definitely (surprise) you. Our first group of boarders ³ (travel) to Nicaragua next month to visit the Cerro Negro volcano, one of nine volcanos in Nicaragua which are still active. That's right, we ⁴ (ride) a board down an active volcano!

The tour ⁵ (leave) early in the morning from your hotel in nearby Leon. Our driver ⁶ (take) you on a 45-minute jeep trip to the volcano. It takes about an hour to hike up the volcano, but it's worth it. Riding down the volcano ⁷ (give) you the thrill of a lifetime. So what do you say? Are you in?

Readers' comment:

Susan:

The minute I saw this I said, "I ⁸ (do) it!" Please send me more details right away!



★★★ 3

Jamie has packed his things for a weekend trip. Look at the picture and answer the questions about the trip. Use *be going to*, *will* or the Present Simple.



1 Why has he packed binoculars?

2 What has he promised Anna?

3 What's the weather forecast?

4 Why hasn't he booked a hotel room?

5 What time does his train leave?

SPEAKING Talking about plans

4 Write sentences about adventurous activities with the words in A. Use suitable future tenses. Then match the sentences to the reactions in B.

A

1 Jack and I / go / skydiving / next week

2 I / think / Jane / win / the marathon / next year

3 I / sail / a small boat / around the world

4 The stunt show / start / at 10 am

B

a I wouldn't dare. I'm afraid of flying.

b I'd like to try that, too, but I can't swim.

c Really? She must be very fit.

d I don't want to miss it.

GRAMMAR Future Continuous

- 1 Complete the sentences with the verbs in brackets. Use the Future Continuous. Then choose the correct answer.

- 1 Tomorrow morning, we (trek) in the jungle / sky.
- 2 This time next week, they (cycle) in the lake / New Zealand.
- 3 He is going to run in the race / watch the race, so he (practise) all month.
- 4 We need a passport / tent as we (camp) in the forest.
- 5 I'm thrilled / annoyed! We (do) all kinds of adventurous activities!

- 2 Use the words below to complete the sentences. Use the Future Continuous.

jump out of a plane • not do any sports • lie on a beach
wear protective clothing • not hike

- 1 Oliver is flying to Hawaii. This time tomorrow, he
- 2 Paul was injured in a skiing accident. He in the near future.
- 3 It's going to rain tomorrow, so we in the mountains.
- 4 The firefighters are going to go into the house, but they
- 5 He's a stuntman. Next week, he in front of a live audience.

- 3 Write mini-dialogues with the words below. Use the Future Continuous.

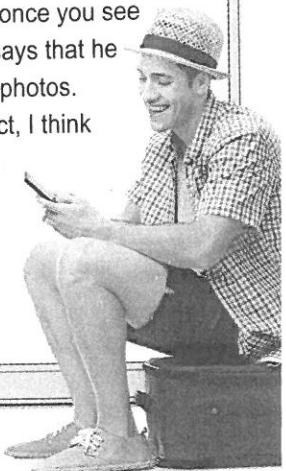
- 1 A: Laura / stay / at the Plaza Hotel / this summer / ?
B: no, she / not / stay / there / .
A:
B:
- 2 A: what / you / do / this evening / ?
B: I / watch / a football game / .
A:
B:
- 3 A: how long / Ben / travel / in South America / ?
B: he / travel / for six months / .
A:
B:

- 4 Complete the e-mail. Use future tenses.

Hi Wendy!

We're at the airport now. Our plane ¹ (leave) in two hours. This time tomorrow, I ² (enjoy) the sun in beautiful Hawaii! We ³ (stay) in a hotel near the beach. I hope it ⁴ (be) nice. My parents ⁵ (spend) the week deep-sea fishing, but I ⁶ (not go) with them. I've decided to learn how to body surf instead. It's like regular surfing, but you don't use a surfboard. That's right – I ⁷ simply (lie down) in the water and let the waves carry me. You probably think I'm mad, but I promise you, you ⁸ (be) jealous once you see the pictures. The body surfing teacher says that he ⁹ (take) lots of photos. I'm really excited about doing this. In fact, I think I ¹⁰ (go) to the airport gift shop right now and see if I can buy some equipment for this exciting sport!

Bye for now,
Harry



SPEAKING Comparing activities

- 5 Write a sentence about what each person will be doing. Then compare each future activity to your own. Use *so will I* or *not me*.

- 1 Mike: I / probably / sleep / at 11.30 pm
- 2 Susan: I / meet / my friends / at the shopping centre / later today
- 3 Dan: I / skydive / this time tomorrow
- 4 Paul: I / probably / prepare / dinner / at 7.00 pm
- 5 Kim: I / hike / in the mountains / this weekend

READING

- 1 Read about extreme sports and find the information below.

SPORTS CORNER

Teen Magazine's new sports corner is going to feature three sports every week. This week's focus is on extreme sports. They're exciting, they're different and you're going to love them!

WHITE-WATER RAFTING

Imagine the adrenalin of rafting down a river with waterfalls. In the past, only experts went white-water rafting. But many inexperienced rafters have recently enjoyed the thrill of this amazing outdoor activity in places like the Colorado River in the USA and the Zambezi River in Africa. However, white-water rafting can be dangerous, so you must go with an experienced professional guide and take proper safety equipment. If you dare to try this sport, you won't regret it.



SANDBOARDING

Does snowboarding sound fun to you, but you don't like cold weather? Then you'll really like sandboarding. Sandboarding is very similar to snowboarding, but instead of going down a mountain of snow, you go down a mountain of sand. People have enjoyed sandboarding for thousands of years. In fact, they did it in Ancient Egypt. Although it is considered an extreme sport, it is not as dangerous as most extreme sports and it is less expensive, too. Give it a try and you'll be sandboarding like a professional in no time!

ICE CLIMBING

The thrill of danger is what makes ice climbing so exciting. As an ice climber, you'll be climbing glaciers, rocks covered in ice and even frozen waterfalls. The tools for ice climbing have developed significantly since the early 1900s. Before then, climbers had to cut the ice in order to have a place to put their feet. Then, in 1908, Oscar Eckenstein invented crampons – metal pieces you can attach to climbing boots to avoid slipping on the ice. Today, with the proper equipment, your icy adventure will be safer than ever.



So which sport are you going to try? We're going to do an article about our readers' experiences, so write and let us know!

- 1 two popular rivers for white-water rafting
- 2 two safety precautions for white-water rafting
- 3 a sport similar to sandboarding
- 4 two geographical features for ice climbers to climb
- 5 a type of equipment for ice climbing

2 Answer the questions.

- 1 How has white-water rafting changed?
- 2 How long have people been sandboarding?
- 3 Which sport can you do even if you haven't got a lot of money?
- 4 How did ice climbers climb before the 1900s?
- 5 What does the magazine want readers to do?

LISTENING



- 3 Listen to a telephone conversation between Peter and his uncle. Number the things below in the order they mention them.

- a playing golf d doing exams
..... b Glasgow e taking risks
..... c Wales



- 4 Listen again and complete the sentences.

- 1 Peter's uncle hasn't seen him for
- 2 Peter is going mountain climbing in
- 3 There are going to be experienced climbers in Peter's group.
- 4 Peter has already bought himself
- 5 Peter has already done a course.
- 6 Peter didn't in the past.



VOCABULARY Adjectives

1 Match the sentences in A to the sentences in B.

A

- 1 Mother Teresa was passionate about helping poor people.
- 2 Winston Churchill was inspiring.
- 3 Martin Luther King was a fearless leader.
- 4 Richard Nixon was very ambitious.

B

- ... a When he spoke, everybody listened.
- ... b His courage gave others strength.
- ... c He was willing to do almost anything to be the President of the USA.
- ... d She dedicated her life to helping the sick and the hungry.

2 Write the adjectives below next to their definitions.

humble • daring • courageous • tough • sceptical
charming • influential • determined

- 1 pleasant, friendly and likeable
- 2 wanting to do something very much and not letting anyone stop you
- 3 loves taking risks
- 4 having the power to affect how someone thinks or acts
- 5 modest
- 6 strong, can tolerate pain
- 7 brave
- 8 thinking something isn't true

3 List the following:

- 1 two things you are passionate about

- 2 two people you think are inspiring

- 3 a daring thing you have done

- 4 something you are sceptical about

- 5 something you are determined to do

*** 4

Write sentences about the following people.
Use adjectives from Exercises 1 and 2.

- 1 a member of your family

- 2 one of your friends

- 3 a famous politician

- 4 a celebrity you admire

- 5 a character in a book

SPEAKING Interviewing

5 Complete the dialogue with the questions below.

What are you going to do after school?

What's the most exciting thing you've ever done?

What are you passionate about?

Are you a risk taker? • How would you describe yourself?

A: ¹

B: I think I'm quite a determined person.

A: ²

B: I've been rafting in Thailand. It was great!

A: ³

B: I love pop music and dancing.

A: ⁴

B: No, I'm not! I'm not a daring person at all.

A: ⁵

B: I'm going to do an Italian course in Rome.



WRITING A report about a person

1 Choose the correct answer.

- 1 I don't like extreme sports **because of / because** they involve taking risks.
- 2 Gandhi achieved his goals **as a result of / as a result** his determination.
- 3 There **have** been thousands of accidents in this sport. **Therefore / Due to**, it is illegal in some countries.
- 4 I don't take risks **because of / as** I'm not a daring person.
- 5 People liked Nelson Mandela **due to / as a result** his charming personality.
- 6 He was badly injured while skiing. **As a result of / As a result**, he doesn't ski any more.
- 7 He died in the accident **therefore / since** he wasn't wearing a helmet.
- 8 The weather was bad, **so / due to** they cancelled their trek.

2 Complete the report with suitable connectors of cause and effect from Exercise 1. There may be more than one correct answer.

An Inspiring Writer

J. K. Rowling is the author of the Harry Potter books. I've read all these books and I love them. I admire Rowling
1. she had a difficult life, but she worked hard to be an author.

J. K. Rowling has been successful 2. her determination. She was a single mother with no job and she struggled to support her daughter. But she had confidence in her idea, 3. she took the risk of writing a book instead of looking for a job. At first, many publishers were not interested in her book, but she didn't give up. Now, she is one of the richest women in the UK 4. the Harry Potter books became bestsellers all over the world. Rowling has already achieved more than many people achieve in a lifetime. But 5. her hard-working personality, she hasn't got any plans to retire and she will be writing books for a long time in the future.

In conclusion, I think that J. K. Rowling is a determined and talented woman. She has encouraged millions of children to read, and she has inspired thousands of writers to follow her example. 6. this, we will continue to feel her influence for many years.



3 Complete the chart about an influential person.

Paragraph 1

Name of person:
General information:

Paragraph 2

Details about the person's life and achievements:
.....

Hopes for the future:

Paragraph 3

Opinion of the person:

4 Write a report about the person. Use the information in Exercise 3 and the model in Exercise 2 to help you.

CHECK YOUR PROGRESS

VOCABULARY 20 points

- 1 Complete the sentences with the words below. (5 points)

encouraged • take risks • avoid • regret • turned back

1 I fear heights, so I high places.

2 We set off early but the weather was terrible, so we and returned home.

3 Tom me to surf with him.

4 BASE jumping is a dangerous sport – you have to when you participate.

5 I shouting at you. I'm sorry.

- 2 Match the adjectives below to the descriptions. (5 points)

ambitious • humble • passionate • daring • tough

1 She spends all her time playing football.

.....

2 She never talks about her achievements.

.....

3 She does parachuting and surfing.

.....

4 She's very strong.

.....

5 She's always looking for a better job.

.....

- 3 Add the words below to each group. (10 points)

railway station • crocodile • influential • salty • whiskers
salamander • sensitive • amusement park • mashed • fin

1 charming • cheerful •

2 nightclub • office •

3 fried • spicy •

4 tiger • butterfly •

5 wing • beak •

GRAMMAR 30 points

- 4 Complete the sentences with the verbs in brackets. Use *be going to*, *will* or the Present Simple. (10 points)

1 That road looks dangerous. I think I (avoid) it.

2 Hurry! His plane (leave) in 10 minutes.

3 I (not go) to the party without you.

4 Don't worry. I (help) you find the keys.

5 What you (do) tonight?

- 5 Complete the sentences with the verbs below. Use the Future Continuous. (10 points)

use • not go • spend • wait • ski

1 We for you at 5.00. Don't be late!

2 you your backpack this weekend? I'd like to borrow it.

3 I to basketball practice this afternoon as I have to study for an exam.

4 This time tomorrow, I down a mountain!

5 Where you your holiday?

- 6 Choose the correct answers. (10 points)

Intro 1 2 3 4 5 6 7 8 9

(10 points)

Dan: What ¹ are you doing / will you do / have you done this weekend?

Julie: I ² will spend / will be spending / spent the weekend in the mountains. I ³ go / have gone / am going ice climbing.

Dan: Ice climbing? Wow! When ⁴ do you start / are you starting / did you start doing that?

Julie: I ⁵ am going / went / will be going for lessons when I was eight years old.

Dan: Wow! That's young for ice climbing, isn't it?

Julie: Yes. Actually there were ⁶ a lot of / much / any kids in the group, but I was ⁷ young / younger than / the youngest.

Dan: Were you scared?

Julie: A bit, but adults ⁸ were guiding / are guiding / are going to guide us during the climb. I ⁹ will never forget / never forget / am never going to forget that day – I climbed really ¹⁰ good / well / better.

DICTIONARY 10 points

5 02

7

- 7 Listen and write the paragraph.

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.....
.....

My Scores

SPEAKING 10 points

8 Match the questions in A to the answers in B.

A

- 1 What do you think you'll be doing in ten years?
- 2 What are you passionate about?
- 3 How have you changed in the last few years?
- 4 Who do you admire and why?
- 5 How would you describe yourself?

B

- ... a I used to be very daring, but now I'm more careful.
- ... b I'll probably be climbing the highest mountains in the world.
- ... c My dad. Because he ran the London Marathon at age 50.
- ... d I think I'm quite ambitious, but I'm humble, too.
- ... e I'm mad about animals, especially dogs.

WRITING 10 points

9 Choose the correct answer.

- 1 He encouraged us. **As a result, / As a result of** we didn't give up.
- 2 The sport is dangerous. **Therefore, / Due to** I won't do it.
- 3 She avoids taking risks, **so / because of** she doesn't do extreme sports.
- 4 I love parachuting **due to / since** I find it exciting.
- 5 I went to see the Himalayas **as / therefore** I was in Nepal.

TRANSLATION 20 points

10 Translate the sentences into English.

1 Él es ambicioso, así que no se rendirá.

2 No te arrepentirás de tu decisión.

3 Estos hombres y mujeres atrevidos van a hacer algo inspirador.

4 Mañana a estas horas estaremos de camino al aeropuerto.

5 El tren sale dentro de una hora.

Vocabulary ___ / 20

Grammar ___ / 30

Dictation ___ / 10

Speaking ___ / 10

Writing ___ / 10

Translation ___ / 20

My total score: ___ / 100

Self-Evaluation

Do the following. Tick (✓) the box if you succeed.

1 Say ...

- 1 four verbs related to risks.

.....
.....
.....
.....

- 2 four adjectives to describe someone's personality.

.....
.....
.....
.....

- 3 something you are going to do next weekend and a prediction about it.

.....
.....
.....
.....

- 4 an activity you will be doing this time tomorrow.

.....
.....
.....

2 Complete the questions for the answers.

- 1 describe yourself?

I'm ambitious and I'm quite determined.

- 2 in the future?

I'll be studying medicine.

- 3 What are ?

I'm passionate about music – it's my life.

- 4 and why?

I admire Nelson Mandela because he freed his people.

3 Write two sentences about yourself.

Use **therefore** and **as a result of**.

1
2