

PRESENT PERFECT CONTINUOUS

tense

WHEN TO USE?

We use the **Present Perfect Continuous** to talk about:

- * Actions that started in the past and are still continuing.
- * Actions that have recently stopped, but the effects are still relevant.
- * Actions that have been happening repeatedly over a period of time.

EXAMPLES

- * **ONGOING ACTION:** She has been studying for two hours.
- * **RECENT ACTION:** They have been painting the house recently.
- * **REPEATED ACTION:** He has been training every day this week.



HOW TO USE?

POSITIVE STRUCTURE:

The verb always takes **-ing**.

I
You
We + **have been** + **eat**ing****
They

He
She + **has been** + **eat**ing**** lunch.
It

HOW TO USE?

NEGATIVE STRUCTURE:

The verb always takes **-ing**.

I
You
We + **haven't been** + **eat**ing****
They

He
She + **hasn't been** + **eat**ing**** lunch.
It

HOW TO USE?

NEGATIVE STRUCTURE:

The verb always takes **-ing**.

Have +
I
You +
We
They + **been eating**

Has +
He
She +
It + **been eating lunch?**

ATTENTION!

There are several spelling rules while adding -ing!

* For most verbs, simply add -ing to the base form of the verb.

do → doing

play → playing

study → studying

* For verbs ending in **e**, drop the "e" and add **-ing**.

make → making

take → taking

write → writing

* For one-syllable verbs ending in a consonant + vowel + consonant, **double** the **final consonant** and add **-ing**.

sit → sitting

run → running

plan → planning



* For verbs ending in **ie**, change the "ie" to "y" and add **-ing**.

tie → **tying**

die → **dying**

lie → **lying**

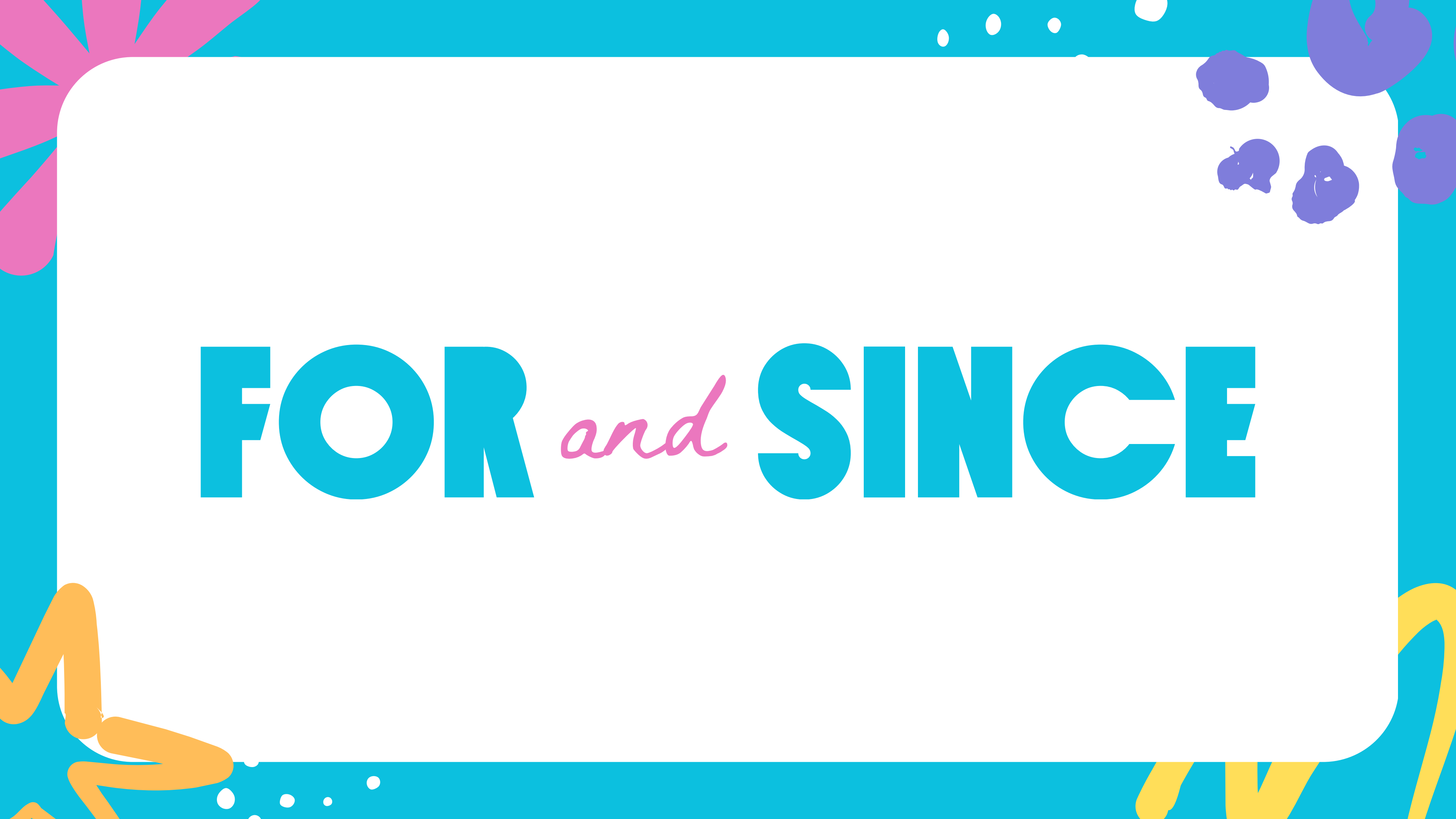
* For verbs ending in **c**, add "k" before adding **-ing**.

picnic → **picnicking**

panic → **panicking**

mimic → **mimicking**





FOR *and* **SINCE**

FOR

“For” indicates the **duration of time**.

Examples:

- * I have been waiting for you **for** an hour.
- * She has been playing the piano **for** two hours.
- * They have been learning French **for** six months.



SINCE

“Since” refers to the **starting point** of the action.

Examples:

- * I have been reading this book **since** yesterday.
- * He has been working at the company **since** 2010.
- * We have been waiting for the bus **since** 8 a.m.





THANK YOU

for listening!