

Present simple and present continuous

- we use the present simple to talk about permanent situations and habits or routines
*I often **go** to the skate park after school.*
- we use the present continuous to describe what is happening at the moment of speaking
*They're **having** lunch in the school canteen.*

Time expressions	
With present simple	With present continuous
usually, always, never, etc. on Sundays every day/week/month once/twice/three times a week/month, etc.	at the moment currently now today this week/month

Modal verbs: present and past

	Present	Past
Ability / permission	can/can't go	could/couldn't go
Obligation	have to/must go	had to go
No obligation	don't/doesn't have to go	didn't have to go
Prohibition	mustn't go	✗
Advice	should/shouldn't go	should/shouldn't have gone

- we use modal verbs to talk about ability, permission, obligation, no obligation, prohibition and advice
- the past of modal verbs is formed in two ways:
past modal + infinitive without *to*
or modal verb + *have* + past participle
*She **couldn't go** to the cinema – she had no money!*
*They **didn't have to buy** us a new TV!*
*We **should have bought** the tickets last week.*
- mustn't* doesn't have a past form

Past tense review

- we use the past simple to talk about completed actions in the past
*I **lived** in London for a year when I was 15.*
*They **didn't study** French until they were ten years old.*
- we use the past continuous to talk about an action that was in progress in the past or an action was in progress when another action interrupted it
*We **were studying** in the library at 7 pm last night.*
*I **was watching** TV when the telephone rang.*

used to

- we use *used to* + infinitive without *to* to talk about a past habit or state
*He **used to get** the bus to school, but now he walks.*

Present perfect and past simple

Affirmative	Negative
I/You/We/They've sung. He/She/It's sung.	I/You/We/They haven't sung. He/She/It hasn't sung.
Interrogative	Short answers
Have I/you/we/they sung? Has he/she/it sung?	Yes, I/you/we/they have. No, I/you / we / they haven't. Yes, he/she/it has. No, I he/she/it hasn't.

- we use the present perfect to talk about experiences or actions in the past when we don't mention (or we don't know) the exact time. We use the past simple to talk about completed actions in the past
*He's **been** to the gym.*
*He **went** to the gym last Thursday.*
- we can use specific time expressions such as *ago*, *yesterday*, *last week* and *at 9 o'clock* with the past simple. We use more general expressions with the present perfect, such as *always*, *never*, *since* and *recently*
*We've **always spoken** English at home, but **yesterday we spoke** French.*

Future tense review

- we use *will* or *won't* + infinitive without *to* to make predictions about the future, with offers and requests, and with spontaneous decisions
*I think that she'll **win** the competition.*
*I'll **lend** you this book if you like.*
*I'm very hungry – I think I'll **make** a sandwich.*
- we use *be going to* to talk about future plans and intentions
*I'm **going to stay** with my cousins in July.*
- we also use *be going to* when there is evidence in the present that something is likely to happen.
*It looks like it's **going to snow** later.*
- we use the present continuous for fixed plans and arrangements in the future
*I'm **playing** football on Saturday.*
- we use the present simple to talk about events that are part of a timetable or schedule in the future
*Our class **starts** at 9 o'clock tomorrow morning.*

Health, well-being and healthy habits

1 Draw a line to match the phrases with the correct definition.

- | | |
|-------------------------|--|
| 1 cut down on fast food | a make yourself feel happier or calmer |
| 2 keep fit | b relax |
| 3 chill out | c eat less fatty food |
| 4 work out | d go to a gym to train |
| 5 take care of yourself | e make sure your body stays strong and healthy |
| 6 cut out sugary snacks | f feel worried and anxious about something |
| 7 improve your mood | g stop eating unhealthy food |
| 8 feel stressed | h look after yourself |

Personal qualities

2 Fill in the missing vowels in the adjectives to describe personal qualities.

- | | |
|---------------------|-------------------|
| 1 c o n f i d e n t | 5 c _ r _ _ _ s |
| 2 p _ t _ _ n t | 6 s _ n s _ b l _ |
| 3 s _ c _ _ b l _ | 7 t _ l _ n t _ d |
| 4 p r _ c t _ c _ l | |

Extreme adjectives

3 Choose an extreme adjective in the box to describe each picture.

amazing exhausted freezing huge
terrifying unforgettable



amazing



Travelling

4 Complete the sentences with *journey*, *travel* or *trip*.

- My parents are going to travel to Scotland.
- I'm going on a _____ around the world when I leave school!
- The _____ from my house to my school takes ten minutes.

Learning techniques

5 Use the correct phrase in the box to complete the sentences.

achieve your goals keep practising
listen to podcasts revise for tests
studying with friends take notes in class
use apps watch video tutorials

- I use apps on my phone to help me study. I've just downloaded one.
- My parents say, 'If you want to _____ then you'll have to study hard!'
- My friends and I _____ on our tablets to help us learn.
- My piano teacher tells me to _____ a little every day.
- I like _____ more than on my own. We can share our ideas.
- I sometimes _____ on my laptop. It's quicker than writing them by hand.
- Do you _____ to help you learn? There are some really good ones!
- I usually make a timetable to help me _____.

Health, well-being and healthy habits

1 Replace the phrase in bold with the correct form of the phrase in the box.

chill out cut down on cut out
keep fit spend time outdoors
take care of ~~work out~~

- I love **lifting weights and running** at the gym. working out
- I find **walking in the woods** really relaxing. _____
- What do you do to **stay strong and healthy**? _____
- My friends and I usually just **relax** and watch a film on Sundays. _____
- The doctor told me to eat healthily by **reducing** how much fast food I eat. _____
- I think I should **stop eating** sugar completely. That's going to be hard! _____
- It's important to **look after** yourself, on the inside and outside. _____

Personal qualities

2 Find ten adjectives to describe personal qualities in the word square.

Q	B	R	A	V	E	F	I	S	W	B	M
I	O	H	C	O	N	F	I	D	E	N	T
C	V	O	P	A	T	I	E	N	T	Q	W
Z	G	Y	B	G	H	D	L	I	J	C	N
C	U	R	I	O	U	S	V	R	T	S	E
C	A	S	E	N	S	I	B	L	E	F	H
P	R	A	C	T	I	C	A	L	W	U	X
G	S	O	C	I	A	B	L	E	B	A	H
B	D	E	Y	J	S	K	M	U	J	P	D
T	A	L	E	N	T	E	D	O	D	G	K
J	M	T	A	D	I	V	M	I	K	E	P
O	W	G	F	N	C	A	L	M	Y	I	J

Extreme adjectives

3 Choose the correct option to complete the sentences.

- That was one of the best holidays ever! It was **unforgettable/terrifying!**
- Have you seen the new *Star Wars* film? It's **huge/amazing!**
- When my mum got home after working at the hospital, she was **amazing/exhausted.**
- I'm reading a book about ghosts. It's **freezing/terrifying!**
- The new sports centre in town is **huge/exhausted!**
- I wish I'd brought my gloves. My hands are **unforgettable/freezing!**

Travelling

4 Complete the postcard with the correct form of the travel words in the box.

journey tour travel trip

Hi Mum and Dad,
I thought I'd tell you about the start of my
1 trip around the world. The
2 _____ to the airport wasn't too bad
and we arrived in San Francisco on Tuesday
morning. We 3 _____ to our hotel by
tram - it was fun! We're going to take a
4 _____ of Alcatraz Island tomorrow.
That should be interesting. Speak soon!
Kate

Present simple and present continuous

1 Match 1–6 with a–f to make sentences/questions.

- 1 I don't usually b
 - 2 Are you ___
 - 3 Do you read a book ___
 - 4 Are you listening to music ___
 - 5 He isn't ___
 - 6 What do you ___
- a at the moment?
 - b go to school by bike.
 - c before you go to sleep?
 - d usually eat for breakfast?
 - e watching a film right now.
 - f studying English grammar?

Modal verbs: present and past

2 Complete the sentences with the modal verbs in the box.

couldn't don't have to ~~had to~~
mustn't should should have

- 1 I didn't go out last weekend because I had to look after my sister.
- 2 It's going to rain today. I think you _____ wear a rain jacket.
- 3 I missed the bus! I _____ left home earlier.
- 4 Tickets are free! You _____ pay anything.
- 5 We _____ hear the music, because the speakers weren't working.
- 6 You _____ talk during the lecture.

Past simple, past continuous, *used to*

3 Complete the sentences with the past simple, the past continuous or *used to* and the verbs in brackets.

- 1 She used to sing (sing) in a band, but she doesn't anymore.
- 2 We _____ (wait) at the bus stop when we saw a deer run across the road.

- 3 My dad _____ (take) me to school in the mornings, but now I go by myself.
- 4 Peter _____ (not break) the fence, it was the dog!
- 5 I _____ (not ride) a bike when I was younger, but now I do.
- 6 _____ (you, have) a shower when I phoned you?

Present perfect and past simple

4 Choose the correct option.

We 1 moved/have moved to Manchester three years ago, and we 2 lived/have lived in our current house for almost a year now. I 3 never lived/have never lived in a city before, and at first, I 4 missed/have missed the countryside and just 5 wanted/have wanted to go back. But since I 6 started/have started school here, I 7 made/have made lots of new friends. We 8 went/have gone to a really cool concert last weekend. I 9 didn't go/haven't gone to watch Manchester City yet, but Dad 10 has/have bought tickets for a match next month. I can't wait!

Future tense review

5 Choose the correct option.

- 1 Timetable: The plane leaves/will leave at 18:00.
- 2 Spontaneous decision: I'll have/I'm going to have a cheese sandwich.
- 3 Prediction: The shops will be/are very crowded this weekend.
- 4 Arrangement: I'm meeting/I will meet my aunt for lunch on Saturday.
- 5 Intention: I'm going to/I'll work hard and pass all my exams.

Present simple and present continuous

1 Complete the sentences with the present simple or the present continuous form of the verbs in brackets.

- 1 He usually gets (get) up at 6:00 am.
- 2 She _____ (chat) on the phone right now.
- 3 He _____ (go) to the swimming pool every Saturday.
- 4 I _____ (not buy) new clothes very often.
- 5 They _____ (watch) TV at the moment.
- 6 What time _____ (you, catch) the bus every day?

Modal verbs: present and past

2 Complete the sentences with modal verbs.

- 1 You should exercise every day to stay fit and healthy.
- 2 You _____ put your phone in airplane mode during the flight.
- 3 I spent all my money on sweets. I _____ saved some for the bus fare.
- 4 We had really good seats so we _____ see the whole stage.
- 5 You _____ help me with the computer. It's working now.
- 6 I left my phone at home, so I _____ go back and get it. That's why I was late.

Past simple, past continuous, *used to*

3 Write sentences using the past simple, the past continuous or *used to*.

- 1 My dad / work in a hospital / but now / work / in a school
My dad used to work in a hospital, but now he works in a school.
- 2 while / we / watch TV / a spider / crawl across the screen

3 when / I / wake up / the cat / sit / on my bed

4 I / not like / rap music / but now / I love it

Present perfect and past simple

4 Complete the text with the present perfect or past simple form of the verbs in brackets.

Sky Brown is a surfer, skateboarder and dancer. She 1 started (start) skateboarding at the age of three. At the age of eight, she 2 _____ (take part) in a big surfing competition. She 3 _____ (not win), but she 4 _____ (do) better than many of the adult surfers. In 2018, she 5 _____ (win) a TV dance competition, and the next year, she 6 _____ (get) a gold medal at a major skateboard tournament. Now she 7 _____ (decide) to help children around the world. She 8 _____ (design) a skateboard and 9 _____ (donate) all the profits to building schools for children. So far, she 10 _____ (raise) about \$17,000.

Future tense review

5 Complete the sentences with future form of the verbs in the box.

fly have not leave start study win

- 1 What time does the lesson start ?
- 2 I _____ an orange juice, please.
- 3 I _____ economics at university. I want to work in a bank.
- 4 _____ we _____ the match next week?
- 5 The train _____ until 5:00 pm. We've got plenty of time.
- 6 I _____ to Rome next week. I already have my plane ticket.

Present perfect simple

- we use the present perfect simple to talk about events in the past when the time isn't specified
I've visited the pyramid at Chichen Itza.
- we use it to talk about actions that started in the past and continue in the present
We've lived here since I was ten.
- we form the present perfect simple with *have/has* + past participle
He has sung that song before.
They haven't heard him sing live.

Present perfect continuous

Affirmative	Negative
I/You have been singing.	I/You have not (haven't) been singing.
He/She/It has been singing. We/You/They have been singing.	He/She/It have not (hasn't) been singing. We/You/They have not (haven't) been singing.
Questions	Short answers
Have I/you/we/you/they been singing?	Yes, I/you/we/you/they have. No, I/you/we/you/they haven't.
Has he/she/it been singing?	Yes, he/she/it has. No, he/she/it hasn't.

- we use the present perfect continuous to talk about actions that started in the past and continue in the present, to emphasise the duration or repetition of the action
I've been waiting half an hour for the bus.
- we use it to talk about repeated actions in the recent (unspecified) past, often with expressions such as *lately, recently*
We've been going to this café a lot recently.
- we also use it to talk about actions that have just finished or that have consequences
'You are sweating.' 'Yes, I've been cycling for the last hour.'
He hasn't been doing his homework so now he has detention.
- we form the present perfect continuous with *have/has* + *been* + the present participle (*-ing* form)
He has been reading that book since 9 am.
They haven't been talking to me much lately.
- stative verbs are not usually used in the present perfect continuous. These are verbs such as *know, understand, want, love, hate, hear*.
She's loved this singer since she was very young.

Question tags

Present simple	You like pizza, don't you?
Present continuous	He is going, isn't he?
Present simple of <i>be</i>	I'm a great singer, aren't I?
Past simple	You went to the party, didn't you?
Past continuous	You were working, weren't you?
Past simple of <i>be</i>	They were at work, weren't they?
Present perfect	We've seen this film, haven't we?

- question tags are a different way of asking questions
- we often use question tags to ask questions when we're just looking for confirmation
You didn't go to school today, did you?
- to form a question tag (except with *be*), we use an auxiliary verb in the correct tense. The auxiliary verb agrees with the subject
Your mum likes chocolate, doesn't she?
- when the verb in the main phrase is *be*, the tag is with the correct form of *be*. We also use *be* in the tag for questions in the present and past continuous
He is very tall, isn't he?
You were very angry earlier, weren't you?
They are dancing beautifully, aren't they?
We weren't looking in the right place, were we?
- when the verb in the main phrase is affirmative, the tag is negative. When the verb in the main phrase is negative, the tag is affirmative
You went to the book shop, didn't you?
She isn't crying, is she?

Questions with prepositions

- we use questions with prepositions at the end when the question word is the object of a preposition
Who is this present for?
- we use questions with prepositions at the end when the verb is a phrasal verb
Did you switch the computer off?
- we use questions with prepositions at the end when the verb has a dependent preposition, including: *agree with, come from, depend on, listen to, speak to, talk to, think about, worry about*
Who do you agree with?

Music and performance

1 Complete the words and phrases with the correct vowels.

1 d r u m s

2 j _ z z

3 k _ y b _ _ r d

4 g _ _ t _ r _ s t

5 c _ m p _ s _ r

6 h _ p h _ p

7 c l _ s s _ c _ l m _ s _ c

8 _ r c h _ s t r _

2 Follow the lines between the columns to make phrases connected with music. Write them down.

- | | | |
|-----------|-------|-------------|
| 1 lead | _____ | a album |
| 2 live | _____ | b out |
| 3 sell | _____ | c singer |
| 4 support | _____ | d tour |
| 5 go on | _____ | e playlist |
| 6 make a | _____ | f band |
| 7 record | _____ | g lyrics |
| 8 write | _____ | h new songs |

1 lead singer

2 _____

3 _____

4 _____

5 _____

6 _____

7 _____

8 _____

3 Complete the sentences with collocations from exercise 2.

- My favourite band have just released a new live album.
- My best friend is a _____ in a jazz band. She's got a great voice.
- She also _____ for their songs. She's really clever with words.
- She said they are going to _____ in a studio soon.

5 She's been invited to _____ with a really famous band. She's really excited to travel with her band.

6 They will be the _____ so they will come on stage first.

7 I must buy a ticket before they _____.

8 I'll _____ with all their hits on it.

Feelings and emotions

4 Circle the adjectives and underline the nouns.

1 anger/angry

2 bored/boredom

3 happy/happiness

4 embarrassment/embarassed

5 jealous/jealousy

6 sympathetic/sympathy

7 sad/sadness

8 satisfaction/satisfied

5 Choose the correct option to complete the sentences.

1 The musician looked really joyful/scared while he played. He had a huge smile!

2 Classical music usually makes me feel really calm/kind.

3 It was such a kindness/surprise to hear my song on the radio!

4 I feel really optimistic/pessimistic about passing my music exam. I practised a lot!

5 I decided to join the school orchestra because I felt a bit content/lonely. I've made lots of new friends.

6 It's natural to feel satisfied/scared before going on stage but then you'll feel great!

7 I felt a little joyful/jealous when my friend was chosen to sing the solo. I wanted to do it.

8 It was really calm/kind of my brother to help me practise for my violin exam.

Music and performance

1 Complete the sentences with the words in the box.

classical music DJ guitarist hip hop
jazz keyboard orchestra violin

- I'm learning to play the keyboard. I find playing different notes with both hands at the same time really confusing!
- My cousin is a famous _____. She makes her own playlist then plays the songs in nightclubs all over the world.
- We need a new _____ for our band. The one we've got at the moment has broken his arm so he can't play.
- My mum really enjoys listening to _____, especially composed by Beethoven. She finds it really calming.
- My brother is really into _____. He even writes his own raps.
- I've joined the school _____. I really enjoy playing with all the other musicians.
- Do you like _____ music? I find it hard to understand with all the different instruments playing over each other.
- Francesca used to play the _____ but decided to change to the drums. She found playing a stringed instrument really hard.

2 Find 10 words and phrases connected with music in the word square.

S	V	A	L	I	V	E	A	L	B	U	M
U	P	L	A	Y	L	I	S	T	R	M	T
P	C	Y	Y	I	A	B	R	J	E	S	L
P	E	R	F	O	R	M	A	N	C	E	T
O	Z	I	R	K	E	F	W	H	O	L	D
R	Q	C	G	S	O	K	G	U	R	L	J
T	V	S	A	I	Y	F	F	O	D	O	P
B	H	J	E	O	T	W	N	Z	D	U	I
A	U	D	I	E	N	C	E	L	P	T	B
N	B	L	E	A	D	S	I	N	G	E	R
D	R	E	L	E	A	S	E	D	B	O	J

Feelings and emotions

3 Complete the table with the missing word forms.

	Adjective	Noun
1	<u>loneliness</u>	lonely
2	calm	_____
3	_____	embarrassment
4	happy	_____
5	_____	satisfaction
6	pessimistic	_____
7	_____	sympathy
8	scared	_____

4 Use the words from exercise 3 to complete the blog.



Have you ever felt sad and 1 lonely, like when you haven't seen friends for so long? I have. The 2 _____ of growing up and every day being just about school work is common for people our age. School work is important, but there's more to life, right? So ... I decided to set up a band! I messaged some friends to see if they'd be interested. I was 3 _____ at first as I didn't get any replies for a while. Then I told myself to stay 4 _____. Just relax and wait. I was so 5 _____ when my friends started to reply. I couldn't stop smiling! We all felt a bit 6 _____ at first. None of us had played in front of each other before. But the more we played, the better we got. They told me they had all felt lonely at times, just like me. They were really 7 _____ when I told them my worries. We all felt really 8 _____ that we'd set up a great band with a fantastic future for having fun!

Present perfect simple and present perfect continuous

1 Underline the present perfect simple form.

- 1 We've seen this band three times.
- 2 To my knowledge, he's only bought one of their albums.
- 3 Have you ever tried to learn Arabic?
- 4 They haven't done their homework.
- 5 She's known me since I was 12.
- 6 I haven't joined the coding club.

2 Complete the present perfect continuous sentences with the words in the box.

been has haven't studying talking

- 1 They've been talking for hours.
- 2 She _____ been playing the guitar for two years.
- 3 What have you _____ reading recently?
- 4 I _____ been getting good marks recently. I need to study more.
- 5 How long have you been _____ in this class?

3 Underline the correct option.

- 1 They are still playing. They haven't **finished/been finishing** yet.
- 2 She's tired because she's **played/been playing** rugby.
- 3 He's a musician. He's already **recorded/been recording** three music videos.
- 4 I've **read/been reading** your book. I'll give it back to you when I finish it.
- 5 I've never **gone/been going** to a music festival.

Question tags

4 Match 1–5 with a–e to make sentences.

- 1 This pizza is delicious, b
 - 2 You like football, ___
 - 3 Sam and Jo went to the party, ___
 - 4 Julia didn't go to school yesterday, ___
 - 5 The tickets haven't sold out, ___
- a have they?
b isn't it?
c did she?
d don't you?
e didn't they?



Questions with prepositions

5 Choose the correct option.

- 1 Who are you talking **to/in**?
- 2 What activities are you interested **for/in**?
- 3 The TV is very loud. Can you turn it **down/over**?
- 4 Is that story true or did you make it **on/up**?
- 5 When you text your friends, what do you talk **about/on**?

Present perfect simple and present perfect continuous

1 Complete the sentences with the present perfect simple form of the verbs in brackets.

- 1 He has recorded (record) several songs.
- 2 I _____ (write) a poem for the competition.
- 3 They _____ (win) several awards.
- 4 _____ your brother _____ (find) a new job?
- 5 _____ Martina _____ (begin) her cooking lessons?
- 6 You _____ (not reply) to my email.

2 Write sentences using the present perfect continuous.



- 1 Jo / play / his new computer game for an hour

Jo has been playing his new computer game for an hour.

- 2 We / not go out / recently
- _____

- 3 Helen / write / a blog about her summer holiday
- _____

- 4 How long / you / learn / Russian ?
- _____

- 5 Johannes / take / horse-riding lessons after school
- _____

- 6 they / practise / for a long time ?
- _____

3 Choose the correct present simple or continuous form to complete the text.

Sigrid is a singer from Norway. She has **1 sung/been singing** since she was 16. Thousands of people have **2 watched/ been watching** her first ever music video, and they love it. Since then, she has **3 got/been getting** more and more popular and has **4 made/been making** two EPs and an album. Sigrid has **5 appeared/been appearing** at Glastonbury Festival in the UK, and she has **6 won/been winning** the BBC Sound award. She hasn't **7 announced/been announcing** her new tour dates yet, but her fans have **8 waited/been waiting** excitedly for her new songs.

Question tags

4 Complete the question tags with the correct verbs.

- 1 Your father is from Poland, isn't he?
- 2 This announcement sounds serious, _____ it?
- 3 She didn't come to school yesterday, _____ she?
- 4 We've seen this film before, _____ we?
- 5 You haven't met my cousin, _____ you?

Questions with prepositions

5 Complete the questions with the prepositions in the box.

about for in to up

- 1 What are you listening to ?
- 2 Who are you waiting _____ ?
- 3 What videos are you interested _____ ?
- 4 I can't hear the music. Can you please turn it _____ ?
- 5 What do you often worry _____ ?

Present perfect simple and present perfect continuous

- 1** Complete each sentence with one verb in the present perfect simple form and one verb in the present perfect continuous form.

arrive look meet not decide
not find see spend stop think
wait watch write

- 1 My brother has stopped making computer games. He's been spending more time on robots.
- 2 We _____ of buying a new laptop, but we _____ which brand to buy.
- 3 I _____ old films this weekend. I _____ two of them so far.
- 4 _____ you _____ at the station yet? I _____ for half an hour!
- 5 I _____ for my glasses for half an hour and I _____ them yet.
- 6 I _____ emails to my friend Emi for over a year, but we _____ yet.

Question tags

- 2** Complete the questions with the correct question tag.
- 1 Your sister is in the drama club, isn't she ?
- 2 The lesson starts at 9:30 am, _____ ?
- 3 Your aunt and uncle went to Canada, _____ ?
- 4 Michelle didn't go to school today, _____ ?
- 5 You haven't bought any tickets, _____ ?
- 6 Marco's been playing in the garden all afternoon, _____ ?

Questions with prepositions

- 3** Write a question for each answer.

- 1 A: Who is the convention for ?
B: This convention is for fans of sci-fi films and comics.
- 2 A: Where _____ ?
B: The fans come from lots of different countries.
- 3 A: Who _____ ?
B: I went there with my sister and a friend.
- 4 A: Who _____ ?
B: I talked to some fans from Bulgaria.
- 5 A: What _____ ?
B: I was interested in new sci-fi comics from the USA.

Grammar round-up

- 4** Complete the dialogue. Use one word in each gap.

- A: Hey, Oli, what have you 1 been doing recently?
- B: I'm learning to play the guitar. You play the trumpet, 2 _____ you?
- A: I 3 _____ to play the trumpet, but I don't play anymore. How often 4 _____ you practise?
- B: About one hour a day. I 5 _____ learning a new song at the moment.
- A: That sounds cool! What music do you like listening 6 _____ ?
- B: Oh, everything really, I've been 7 _____ to Maroon 5 a lot recently.
- A: Oh yes, they're great, 8 _____ they?
- B: Yes, I 9 _____ downloaded their new album. Do you want to listen to it?
- A: Sure! Can you turn the volume up? I 10 _____ hear it very well!

Defining relative clauses

Relative pronoun	Use
who/that	people
which/that	things
whose	possessions
where	places
when	times

- we use defining relative clauses to give essential information about the noun in the sentence
*We met someone **who** looks exactly like you.*
- we use *who* for people
*There is the boy **who** sang at the school concert.*
- we use *which* for things
*I don't know **which** photo to choose.*
- we use *whose* for possession
*This is the girl **whose** voice is amazing.*
- we use *where* for places
*I think this is the street **where** Jason lives.*
- we use *when* for times
*Last summer was **when** we first met.*
- who* and *which* can be replaced by *that*
*I think you're the person **who** chose this costume.*
*I think you're the person **that** chose this costume.*

Non-defining relative clauses

- we use non-defining relative clauses to give extra, non-essential information about the noun
*John, **who is my cousin**, is studying medicine at university in Madrid.*
- we use the relative pronouns *who*, *which*, *whose*, *where* and *when* in the same way as in defining relative clauses
we always use commas with non-defining relative clauses
*Last weekend, **when it was my birthday**, my parents bought me a car.*
- we cannot replace *who* or *which* with *that* in non-defining relative clauses
*This restaurant, **which is my favourite**, has a great choice of pasta dishes.*

Reflexive pronouns and *each other*

Subject pronouns	Reflexive pronouns
I	myself
you	yourself
he	himself
she	herself
it	itself
we	ourselves
you	yourselves
they	themselves

- we use reflexive pronouns when the same person is the subject and object of an action
*I promised **myself** that I would learn to speak Chinese fluently.*
***They** call **themselves** musicians but I'm not sure that I agree.*
- we use *each other* when two people do the same action but for the other person
*Joe and Tim are good friends. They help **each other** with their homework. (Tim helps Joe and Joe helps Tim.)*
*Gina and I gave **each other** a Christmas present. She gave me a scarf and I gave her some gloves.*

Describing personal qualities

1 Choose the correct adjective.

- 1 A good friend never tells lies and is always honest/dishonest.
- 2 I hate it when people I know don't say hello. It's so **friendly/unfriendly**.
- 3 My little brother is always being silly. He's so **mature/immature**.
- 4 My mum is terrible at waiting in a queue. She's really **patient/impatient**.
- 5 My grandmother is so **kind/unkind**. She always gives me some chocolate when I see her.
- 6 Sometimes I feel **sociable/unsociable** and I don't want to hang out with my friends.
- 7 I think it's **responsible/irresponsible** to throw your rubbish on the floor. You should put it in a bin.
- 8 David is a **loyal/disloyal** friend. He always supports me.

Friends and acquaintances

2 Complete the table with the words in the box.

classmate colleague
flatmate/roommate opponent relative
sibling stranger travel buddy

1	someone that you share a house with (not family)	<u>flatmate/roommate</u>
2	your brother or sister	
3	a person you don't know at all	
4	a friend you go on holiday with	
5	a person you work with	
6	someone in the same lesson as you	
7	a person who competes against you in sport	
8	your aunt/uncle/grandparents, etc.	

3 Write the missing letters in the words to complete the sentences.

- 1 I'm lucky because I live with my best friend, so we're flatmates too!
- 2 It must be awful to have an e____y. I try to get on with everyone.
- 3 Mike has just moved in next door, so I have a new nei____ur.
- 4 Luisa is my main r____l at tennis. She often beats me, but that makes me play better.
- 5 Emily is my b____t f____d. We message each other all the time!
- 6 I don't know my new classmate very well yet. He's just an acq____ce.
- 7 Sebastien is a c____e f____d of mine. We often hang out together.
- 8 My football t____tes and I always practise every Wednesday after school.

Things that friends do

4 Order the words to make sentences.

- 1 out / fall / someone / with

fall out with someone

- 2 laugh / make / someone

- 3 with / someone / out / hang

- 4 touch / keep / in

- 5 up / someone / cheer

- 6 on / with / get / someone

- 7 someone / forgive

- 8 someone / down / let

Describing personal qualities

1 Complete the table with the words in the box.

friendly honest kind loyal mature
patient reliable responsible
sociable tolerant

dis-	im-/in-/ir-	un-
honest		

Friends and acquaintances

2 Complete the definitions with the correct words.

- Someone who you know, but not well is an acquaintance.
- A person who you compete against at sport is an o_____.
- A person who you really dislike and disagree with is your e_____.
- Someone who you work with is a c_____.
- People who are members of your family are your r_____.
- A person you share a house with who isn't in your family is a f_____.
- The people who study with you in the same class are your c_____.

3 Use the correct form of the words in the box to complete the sentences.

classmate close friend
next-door neighbour rival sibling
stranger teammate travel buddy

- Our teacher wished me and all my classmates good luck for our history exam.
- My cousin doesn't have any brothers or sisters, but he says he doesn't miss having a _____.

- Danielle has become a really _____ since she moved to my school. We get on so well.
- Roger Federer and Rafael Nadal have been _____ in tennis for almost all of their careers.
- My _____ has a beautiful garden. You can see it from my bedroom.
- I don't like it when a _____ talks to me. I'm shy and prefer to know the people I talk to.
- Me and my hockey _____ have been given new kit to wear for our next match.
- I went to Paris with Jenny last year. She was a great _____.

Things that friends do

4 Use the correct form of verbs about friendship to complete the interview. The first letter has been given to help you.

The secret to being best friends

Kate: 'I think it's important to 1 c heer _____ each other u p _____ as if you can smile when life is hard, everything feels better.'

Sophie: 'Yes, Kate tries to 2 m _____ me l _____ by doing funny dances!'

Kate: 'I think it's a really important part of being a friend – to 3 s _____ each other when we need help.'

Sophie: 'We hardly ever argue. We've only 4 f _____ o _____ w _____ each other once. It really upset me, but we 5 f _____ each other quickly.'

Kate: 'Yeah – I know Sophie would never 6 l _____ to me. I trust her completely. She's never 7 l _____ me d _____ in all these years.'

Sophie: 'We don't agree on everything, but we listen to each other's ideas and try not to 8 j _____ each other. That's the secret to our great friendship.'

Defining and non-defining relative clauses

- 1 Circle the relative pronoun in each sentence. Underline the relative clause.



- The library is where I like to study and do my homework.
- Geography is the subject that I like best.
- Our teacher is someone who encourages us to work hard.
- Last summer was when our team won all their matches.
- That is the boy whose sister went to Egypt.
- Here's the book which has all the instructions for your camera.

- 2 Choose the correct option.

- This is the classroom _____ we studied last year.
a where b which
- What's the name of the writer _____ book you read recently?
a whose b who
- My mum is the person _____ always gives me the best advice.
a which b who
- Music is something _____ helps me to relax.
a what b that
- Do you remember the time _____ we got lost in the mountains?
a when b where

- 3 Write D for defining clauses and ND for non-defining clauses.

- The village where my father grew up is in the mountains. D
- Canberra, which is the capital city, is in south-eastern Australia. ___
- My mum, who used to be a ballet dancer, taught us to dance. ___
- Winter is when most tourists visit our town. ___
- The student whose essay won a prize was in the local newspaper. ___
- The park, which is open every day, is a good place for picnics. ___

- 4 Cross out the words in bold and write a relative pronoun.

- Our teacher, ~~he~~ lived in Italy for three years, speaks fluent Italian. who
- Their car, ~~it~~ needs a lot of repairs, isn't worth a lot of money. _____
- The passengers, ~~their~~ flight was late, got a free meal at the airport. _____
- Our friends, ~~they~~ have just returned from France, showed us photos of their trip. _____
- The book, ~~it~~ was in the library, had a photo of my grandfather. _____

Reflexive pronouns and *each other*

- 5 Choose the correct option to complete the sentences.

- I taught myself/~~yourself~~ to play the guitar.
- Please help ~~yourselves/ourselves~~ to some cake!
- Sam hurt ~~himself/themselves~~ playing football.
- How often do you and your brother argue with ~~each other/yourselves~~?
- I bought ~~myself/yourself~~ a new phone cover for my birthday.
- My sister and I sometimes help ~~ourselves/each other~~ with our homework.

Defining and non-defining relative clauses

1 Match 1–6 with a–f to make sentences.

- 1 A friend is someone e
 - 2 That's the teacher ___
 - 3 2019 was the year ___
 - 4 New York is the place ___
 - 5 That's the painting ___
 - 6 Is that the boy ___
- a when we got our pet snake.
 - b where my sister met her boyfriend.
 - c which won first prize.
 - d who bought your bicycle?
 - e who you can rely on.
 - f whose daughter is in our class.

2 Complete the sentences with the relative pronouns in the box.

when where which who whose

- 1 This is the house where we lived for two years.
- 2 Spring is the season _____ I love to go climbing.
- 3 I like talking to people _____ opinions are different from mine.
- 4 Public speaking is something _____ many people find difficult.
- 5 That is the girl _____ is captain of the basketball team.



3 Write sentences using non-defining clauses. Remember to use commas.

- 1 My sister / is studying medicine / wants to be a doctor
My sister, who is studying medicine, wants to be a doctor.
- 2 My cousin / band had a big hit / is on a tour of Japan

- 3 The film / got very good reviews / is available to stream now

- 4 The gallery / they often have interesting exhibitions / is near our home

- 5 My mum's friend / sings in a choir / is going to appear on TV

- 6 Friday at 6:00 pm / most people go home from work / is the busiest time on the train

Reflexive pronouns and *each other*

4 Complete the sentences with the words in the box.

each other (x2) herself myself
themselves yourselves

- 1 Martina looked at herself in the mirror and was surprised at how pale her face was.
- 2 I sometimes talk to _____ in the shower.
- 3 Did you and Maria enjoy _____ at the concert?
- 4 How many times do you see _____ every week?
- 5 They covered _____ with blankets because of the cold.
- 6 Suzanna and Elise live near _____ .

Defining and non-defining relative clauses

1 Join the sentences with a defining or a non-defining relative clause.

1 That's the girl. She is in my class.

That's the girl who is in my class.

2 The woman spoke to us at the bus stop. She is my mum's friend.

3 The swimming pool is closing. We went there for many years.

4 The laptop doesn't work anymore. I bought it last year.

5 Adnan is very sociable. He has lots of friends.

6 My best friend speaks Portuguese. His father is from Brazil.

2 Correct the mistake in each sentence.

1 People who they get up early in the morning usually go to bed early, too.

People who get up early in the morning usually go to bed early, too.

2 The coat which I wear last winter is too small for me now.

3 Teresa, who her mother is a teacher, got the best marks in the test.

4 Amsterdam, we visited last year, is my favourite city in the world.

5 Summer is the season which we love to go swimming and surfing.

6 My dad he who loves golf is going to enter a competition.

Reflexive pronouns and *each other*

3 Complete the sentences with a reflexive pronoun or *each other* and the correct form of the verb in the box.

cheer enjoy help injure
keep in touch with turn

1 The party was great! We really enjoyed ourselves.

2 My primary school friends and I _____ through social media.

3 My brother fell off his bike, but he didn't _____.

4 I switched my laptop on but then it _____ off.

5 We're both doing the same project, so we're going to _____.

6 When I'm sad, I buy some chocolate to _____ up.

Grammar round-up

4 Complete the text. Use one word in each gap.

Have you 1 ever thought about starting a blog? Lifestyle blogs 2 _____ become really popular recently. They're a way 3 _____ share ideas about fashion, books and travel. Post photos and videos of 4 _____ wearing your favourite clothes or photos of things 5 _____ you like or have bought. You 6 _____ tell people your ideas about style and personality. Teens 7 _____ write blogs sometimes 8 _____ thousands of followers. Bloggers can take turns writing in 9 _____ others' blogs, too. You 10 _____ have to write in it every day, but once you start, you'll find lots of things to write about. It 11 _____ starting to sound interesting, 12 _____ it!