

Name: Mark:

READING 20 points

1 Read the text. Then match A to B to make sentences. (10 points)

Running, jumping and throwing a ball are important activities for children and teenagers because they must do sport to be healthy. According to doctors, they should do sport for about an hour every day. But only 25% of school students do this. In some countries, students only do sport two or three times a week at school and they don't do any after-school sport.

In Australia, there is a special programme to help young students do sport. It's called the Active After-school Communities programme (AASC). Students can go to AASC centres around the country and do sport in the afternoons. About 190,000 students across Australia are in the programme. They can learn dancing, gymnastics, karate and other sports – and it's all free!

Students in some remote areas don't live near a football pitch or tennis courts and they can't get to the centres easily, but there is also a solution for them. They learn sport at home by satellite. With a satellite connection, the students see and hear the sports teachers and the teachers see and talk to them. These students usually travel to an AASC centre three times a year to meet the teachers and other students and learn new skills.

Thanks to the AASC, young Australians are learning to live a healthy life.

A

- 1 Only one out of four students
- 2 In some countries, students
- 3 About 190, 000 students
- 4 Students at AASC centres
- 5 Students in remote areas

B

- a go to AASC centres.
- b visit AASC centres three times a year.
- c exercises an hour a day.
- d have got two or three sports lessons a week.
- e don't pay for sports lessons.

2 Answer the questions. (10 points)

- 1 Why does the text mention running, jumping and throwing a ball?
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- 2 How much sport should children and teenagers do?
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- 3 Can students do sport all day at the AASC centres? Explain your answer.
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- 4 How do students in remote areas do sport with AASC?
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- 5 What is the result of the AASC programme?
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VOCABULARY 20 points

1 Complete the sentences. (12 points)

- 1 There are armchairs and a sofa in our
- 2 People sometimes wear over their eyes to swim under the water.
- 3 John always wears a red and white at football matches.
- 4 The opposite of *strong* is
- 5 A is similar to a hill, but it's big.
- 6 There's a blue on the floor of the living room.
- 7 I often on my iPod. I've got 200 songs!
- 8 Students usually keep pens and markers in a
- 9 is the day before Wednesday.
- 10 Jake isn't tall or short. He's
- 11 I love in the ocean and watching the fish.
- 12 The students after school. Then, they give it to the teacher the next day.