

## CARD SAMPLE FOR LESSONS

### CANDIDATE A

Preparation time for both tasks: **4 minutes**

<b>TOPIC: WORK</b> <b>Work and technology balance</b>
<p>You read the following text in a news article:</p> <div style="border: 1px solid black; padding: 10px;"><p>Technology is rapidly changing the way we work. Automation and artificial intelligence are replacing some jobs, especially in manufacturing and customer service, leading to concerns about unemployment. However, technology also creates new opportunities in fields like data analysis, software development, and digital marketing. It can improve efficiency, allowing workers to focus on more creative and complex tasks. Remote working, made possible by technology, offers flexibility and a better work-life balance. While the future of work will involve more tech, it is essential to ensure that workers are trained to adapt and thrive in this changing landscape.</p></div>

During a conversation with the other candidate at a seminar about work and technology balance that you are both attending, you decide to inform them about the article you have read and explain your opinion about it.

**Speaking time for oral mediation task: 1-2 minutes**

<b>ORAL MEDIATION TASK</b>	<b>...../12,5 points</b>
<p>Talk about the following points:</p> <ul style="list-style-type: none"><li>• Explain in your own words what you have just read.</li><li>• Identify the main idea of the article.</li></ul>	

**Speaking time for task 1: 2-3 minutes**

<b>TASK 1: PRODUCTION</b>	<b>...../12,5 points</b>
<p>Talk about the following points:</p> <ul style="list-style-type: none"><li>• Discuss the challenges workers face when it comes to technology.</li><li>• Make predictions and speculate about what the situation may be like in the future.</li></ul> <p>Support your opinions with arguments.</p>	

## CARD SAMPLE FOR LESSONS

### CANDIDATE B

Preparation time for both tasks: **4 minutes**

#### **TOPIC: WORK** **The 4-day week**

You read the following text in a news article:

Several European countries have experimented with a four-day working week to improve work-life balance. The idea is to reduce working hours without sacrificing productivity. In countries like Spain and Iceland, trials have shown that employees are happier, less stressed, and more productive when they work fewer hours. However, not all sectors can adopt this model. Industries like healthcare or education may face challenges in reducing working hours without affecting services. Despite these challenges, many believe that the four-day week could be a step toward a more sustainable and fulfilling future for workers.

During a conversation with the other candidate at a seminar about work-life balance that you are both attending, you decide to inform them about the article you have read and explain your opinion about it.

**Speaking time for oral mediation task: 1-2 minutes**

#### **ORAL MEDIATION TASK**

...../12,5 points

Talk about the following points:

- Explain in your own words what you have just read.
- Identify the main idea of the article.

**Speaking time for task 1: 2-3 minutes**

#### **TASK 1: PRODUCTION**

...../12,5 points

Talk about the following points:

- Discuss the challenges workers face when trying to achieve work-life balance.
- Make predictions and speculate about what the situation may be like in the future.

Support your opinions with arguments.

## CARD SAMPLE FOR LESSONS

### CANDIDATE C

Preparation time for both tasks: **4 minutes**

<b>TOPIC: HEALTH</b> <b>Social prescribing</b>
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You read the following text in a news article:

<p>Social prescribing is a new approach to healthcare where doctors or healthcare professionals refer patients to non-medical services. These might include exercise programs, art classes, or community support groups. The goal is to improve mental health and well-being by encouraging patients to engage in social and physical activities. Social prescribing has been shown to reduce stress and anxiety, particularly for people with long-term conditions. It helps people build a support network, gain confidence, and improve their overall quality of life. As healthcare systems face increasing pressure, this approach offers a holistic alternative to traditional medical treatments.</p>
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During a conversation with the other candidate at a seminar health that you are both attending, you decide to inform them about the article you have read and explain your opinion about it.

**Speaking time for oral mediation task: 1-2 minutes**

<b>ORAL MEDIATION TASK</b>	<b>...../12,5 points</b>
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Talk about the following points:

- Explain in your own words what you have just read.
- Identify the main idea of the article.

**Speaking time for task 1: 2-3 minutes**

<b>TASK 1: PRODUCTION</b>	<b>...../12,5 points</b>
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Talk about the following points:

- Mention a social activity that you or someone you know like to partake in.
- Make predictions and speculate about what the situation may be like in the future.

Support your opinions with arguments.

## CARD SAMPLE FOR LESSONS

### TASK 2: INTERACTION

### CANDIDATE X

Preparation time: **2 minutes**

Speaking time: **4-5 minutes**

#### TOPIC: HEALTHIER HABITS

You and the other candidate are attending a conference on the topic of **HEALTHIER HABITS** in which you have heard the three statements in the box below.

- Talk to each other about how these statements represent different ways to engage in a healthier lifestyle.
- Then decide together which of the statements best reflects the most important lifestyle habit that society should adopt nowadays.

- Living minimally means focusing on what truly matters. By reducing clutter and unnecessary possessions, you can prioritize experiences over things, leading to a simpler, slower life. It helps you enjoy the present moment and reduce stress.
- Mindfulness involves being fully present in the moment, whether you're eating, walking, or working. By slowing down and paying attention to your surroundings, you can reduce anxiety, improve focus, and live with more intention.
- Spending time in nature encourages a slower pace of life. Whether hiking, gardening, or simply sitting in a park, connecting with the natural world can help you disconnect from technology, reduce stress, and foster a deeper sense of peace.

Remember you must talk about all three texts.

You needn't come to an agreement, but you should support your opinions with arguments.

## CARD SAMPLE FOR LESSONS

### TASK 2: INTERACTION

### CANDIDATE X

Preparation time: **2 minutes**

Speaking time: **4-5 minutes**

#### TOPIC: HEALTHIER HABITS

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## CARD SAMPLE FOR LESSONS

### TASK 2: INTERACTION

### CANDIDATE X

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Speaking time: **4-5 minutes**

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