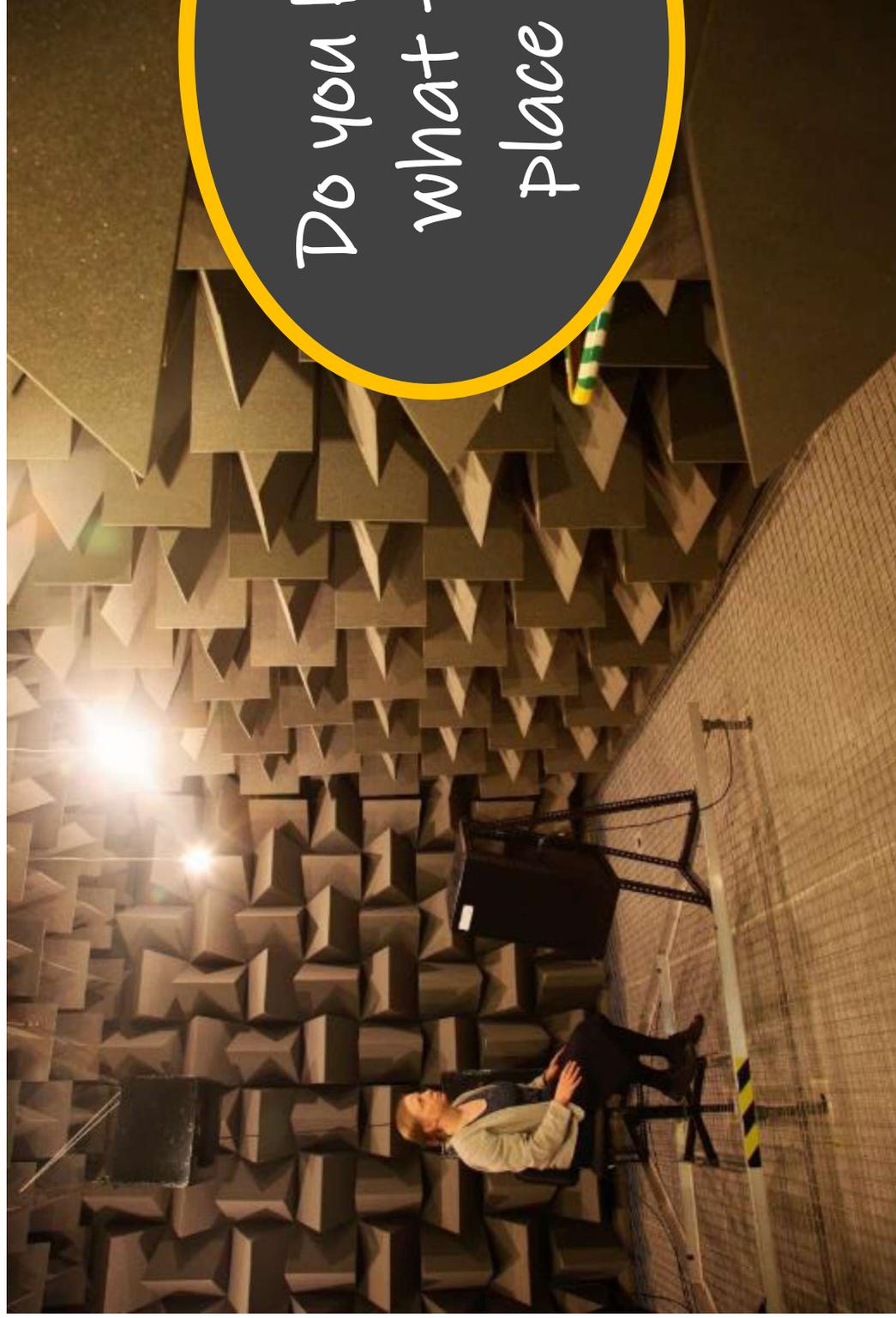


Silence

Unit 2B

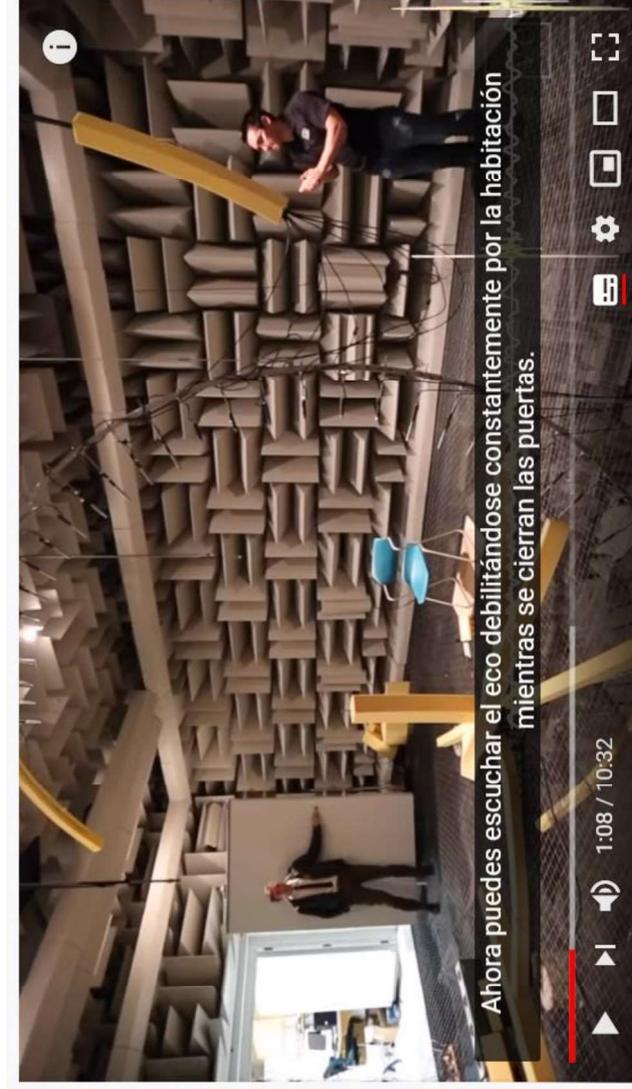


Do you know
what this
place is?

Mediation: note-taking - summary

Can silence actually make you crazy? 10'

<https://www.youtube.com/watch?v=mXVGlb3bzHI>



Can Silence Actually Drive You Crazy?

1. LISTEN TO THE VIDEO
 2. IDENTIFY THE MAIN IDEAS
 3. CHECK WITH A PARTNER
-
1. CORRECT WITH A TEACHER
-
1. WRITE A SUMMARY OF THE VIDEO
 1. Am I including the most relevant details?
 2. Is this idea unnecessary to understand the video?
 3. If I hadn't seen it, would I understand it by reading this summary?

Mediation: note-taking - summary

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Personal thoughts?
Personal experiences?
Opinions?
Interpretations?



OBJECTIVE
CONCISE
NEUTRAL DESCRIPTIVE
ADJECTIVES



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Personal thoughts?
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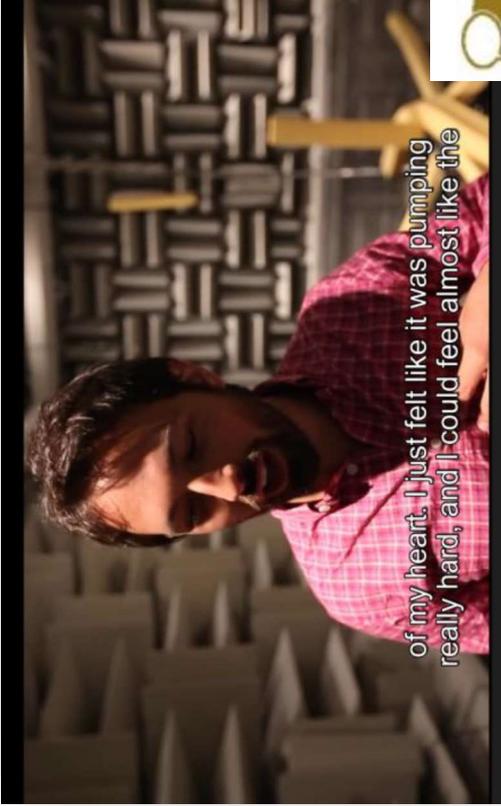


SUMMARY SUGGESTION

Researchers have been studying how sound behaves in specially designed foam-wedged rooms, called anechoic chambers, and have discovered that the absence of noise can alter people's perception of their environment and of themselves.

OBJECTIVE
CONCISE
NEUTRAL DESCRIPTIVE
ADJECTIVES





of my heart. I just felt like it was pumping really hard, and I could feel almost like the

💬 Think of a place or an event that you had a strong physical or mental reaction to. Tell your partner.

- 1 Was this place different from your expectations? Why / Why not?
- 2 How did you feel? Did your feelings change the longer you stayed there?
- 3 Would you like to go back to this place? Why / Why not?

The first time I had a sauna, it was considerably hotter than I'd expected it to be ...