Daily Routine









- 1 He wakes up.
- 2 He gets up/He gets out of bed.
- 3 He goes downstairs.
- 4 He goes jogging.









- 5 He comes back.
- 6 He picks up the post (US mail).
- 7 He has a shower. (esp US He takes a shower.)
- 8 He gets dressed.









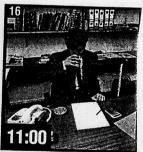
- 9 He has breakfast/He eats breakf
- 10 He leaves home.
- 11 He buys a newspaper.
- 12 He listens to music.

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- 13 He catches the train.
- 14 He reads the newspaper.
- 15 He starts work.
- 16 He has a cup of coffee. He drinks some coffee.









- 17 He has lunch/He eats lunch.
- 18 He finishes work.
- **19** He drives to the sports centre (*US* health club).
- 20 He meets his friends.









- 21 He plays squash.
- 22 He has dinner/He eats dinner.
- 23 He watches television/TV.
- 24 He goes to bed.