## **PERSONALITY TYPES**

Here are four animals that describe four different personality types.



If I call you a Lion, I'm not talking about your meaty breath. I mean you're a leader and you're brave.



Some of you are more like Otters, you like hanging out in big groups and are full of energy.



If you're hard-working and great at getting tasks done, you might be a Beaver.



Golden Retrievers are very caring and love helping people.



## Tick the boxes that you think describe your personality in the lists below. Keep in mind that:

- · You are unique so you might not fit neatly into one type.
- · All personality types can have fantastic lives, careers and relationships.
- · You are not stuck with your personality it's ultimately decided by your choices.

O takes charge	O passionate	oreads all instructions	o sensitive
O determined	O "no worries bro!"	O reliable	O loyal
onfident on the confident	O bright ideas	ocontrolled	O calm
strong	O gets people going	o serious	O relaxed
makes things happen	O talk talk talk	O practical	avoids arguments
ompetitive	O can sell an idea	makes lists	O generous
onjoys challenges	O friendly	neat and tidy	osticks up for people
productive	O people like you	O likes facts	O warm
○ bold	O fun loving	O "I'll do the best I can"	O tolerant
go for goals!	O spur-of-the-moment	○ "let's get it perfect"	O flexible
O decision-maker	O enjoys change	O "let me think about that"	O kind
O brave	O creative	O "I'll work it out"	O thoughtful
independent	O "where's the party?"	O "how does that work?"	O helper
stands up for yourself	O cheerful	o careful	O patient
O the leader	O the starter of things	O determined	O peacemaker
keeps at it	Ofunny	organised organised	O good listener
nard worker	O people person	O doesn't give up	oputs others first
○ "let's do it my way!"	O "let's do it the fun way!"	O "let's do it the right way!"	O "let's keep the peace!"
TOTAL	TOTAL	TOTAL	TOTAL
My personality type is  Write down one person you know (a friend or family member) who matches each personality type.		What do you think are the best parts of your personality?	
	. , , , ,		
on			
Otter		What's something that someone with your personality might need to work on?	
eaver			
olden Retriever			