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**fifth** edition



# English File

**EOI Exam Practice Pack**

**A2**

**ALL REGIONS**

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# Introduction

Welcome to the English File 5th edition EOI Exam Practice Pack A2 level – a complete and flexible teacher resource for practising and testing for the official EOI exams at A2.

## The EOI Exam Practice Pack exams

The exams in this pack are designed to provide you with a bank of testing materials based on the task types included in the EOI exams from the different autonomous communities. Each exam is cross-referenced with English File 5th edition so you can tie in your testing with the EOI topic areas covered in the A1/A2 and A2/B1 Student Books. In order to make this material as flexible as possible, the exams are divided into the EOI skills areas of Reading, Writing, Speaking, Listening, Written Mediation, and Spoken Mediation. Each skills exam is then divided into parts which cover a specific exam task type. Therefore, you can choose to do all the parts of a single skills exam or select the part most appropriate to the EOI exam in your autonomous community. The audio recordings included with this pack can be used as specific EOI exam practice, or as a means of adding extra varied and motivating listening practice to your classes.

## Exam Overviews

An Overview document has been included for each of the different skills exams (Reading, Writing, Speaking, Listening, Written Mediation, and Spoken Mediation), giving information about the task type practised in each exam (gap-fill, matching, multiple choice, etc.) or in the case of Spoken and Written Mediation, the strategies practised in each exam. These Overview documents list the EOI topics covered in each part of the ten Reading, Writing, Speaking,

Listening, Written Mediation, and Spoken Mediation exams. By referring to this summary, you can select the part of a particular exam which best matches the topic you have just covered in English File 5th edition A1/A2 and A2/B1 Student Books. Alternatively, you may choose to use several parts of several different exams, each covering a specific EOI topic, or provide students with an exam which includes a variety of EOI topics.

## Practice Material

Practice Material is included in this pack – one for each of the EOI exam skills areas. Each Practice Material document focuses on one exam task type and gives students a step-by-step guide on how to approach that exam task. The material is also cross-referenced with the exams in the pack so you can practise a specific exam task prior to giving your students a similar EOI Exam Practice Pack exam. Alternatively, you may choose to use the Practice Material as remedial work following the completion of the linked EOI Exam Practice Pack exam.

For Written and Spoken Mediation, the Mediation Strategies Practice materials train students in the specific strategies required to complete these types of tasks. The material is cross-referenced with the Mediation Exams in the pack which require students to apply these strategies. There is also a *Getting your students ready for mediation* section, with information on what mediation is and how to approach mediation activities with your students.

# Reading Exams Overview

Reading Exam		Task Type	EOI Topic
Reading Practice		Matching sentences to correct texts	Food and catering (Reading Exam 8 – Part 1)
1	Part 1	Multiple choice	Free time and leisure activities
	Part 2	Gapfill with wordpool	Weather and the environment
	Part 3	True / False	Housing, home and environment
2	Part 1	Matching	Shopping and commercial activities
	Part 2	Gapfill with wordpool	Human and social relationships
	Part 3	True / False	Weather and the environment
3	Part 1	Matching	Human and social relationships
	Part 2	Gapfill with wordpool	Travel and vacations
	Part 3	Gapfill	Free time and leisure activities
4	Part 1	Multiple choice	Travel and vacations
	Part 2	Gapfill with wordpool	Free time and leisure activities
	Part 3	True / False	Transport, goods and services
5	Part 1	Matching	Jobs and occupations
	Part 2	Gapfill with multiple-choice options	Health and physical care
	Part 3	True / False	Travel and vacations
6	Part 1	True / False	Free time and leisure activities
	Part 2	Gapfill with wordpool	Human and social relationships
	Part 3	Gapfill	Health and physical care
7	Part 1	Matching	Jobs and occupations
	Part 2	Gapfill with multiple-choice options	Travel and vacations
	Part 3	True / False	Family and friends
8	Part 1	Matching	Free time and leisure activities
	Part 2	Gapfill with wordpool	Jobs and occupations
	Part 3	Gapfill with multiple choice	Free time and leisure activities
9	Part 1	Matching	Science and technology
	Part 2	Gapfill with multiple-choice options	Housing, home and environment
	Part 3	True / False	Weather and the environment
10	Part 1	Multiple choice	Travel and vacations
	Part 2	Gapfill with wordpool	Science and technology
	Part 3	Gapfill	Free time and leisure activities

# Reading Practice

**Exam Tip:** matching sentences to correct texts

Reading Exam 8 – Part 1

- Read the exam instructions carefully and make sure you know what to do.
- Read the different texts and underline the key words. Think about what is important to each person.
- Write down any words or phrases you can think of which are connected with the words you have underlined. Consider words which have the same or similar meanings and words which mean the opposite.
- Focus on the first sentence in 0–6. Read the texts A–F one by one and look for anything that matches.
- Remember the text must include ALL of the information for it to be correct.
- Remember that some of the words you wrote down could be connected with more than one text.
- Check your answers. Make sure the words you did not use do not match any of the texts.

## EXAM TASK

# Reading Exam

## Part 1

Read the short texts about British food festivals. Match the texts A–F to the sentences 1–6. There is one sentence you do not need. 0 is the example.

Which festival would you recommend for someone who...?

- 0 wants a cheap, family-friendly event with entertainment as well as food B
- 1 wants to get cooking tips and is happy to pay more \_\_\_\_
- 2 wants to eat great-quality food and do some sightseeing, too \_\_\_\_
- 3 wants to learn about where food comes from and to explore the countryside \_\_\_\_
- 4 wants to sell their own food at an event \_\_\_\_
- 5 wants to try a particular food and buy food from other places \_\_\_\_
- 6 wants to try one type of food, but from different countries \_\_\_\_

# Reading Practice

## A **Taste of London**

This festival takes place in the heart of London, close to all the major sights, at one of London's most famous parks, Regent's Park. For five days, around 55,000 hungry people come to the festival to try food from the best restaurants in the country. Come and go as you like. You're certain to find something you enjoy.

## B **VegfestUK**

Enjoy plant-based food? Tickets for this vegan festival in Bristol cost just £5. Food is the star of the show, but you can also enjoy some fantastic live music and art exhibitions. There are various children's activities throughout the day. If you're vegan already, or thinking about becoming vegan, this is the festival for you.

## C **Meatopia**

As the name suggests, this London festival is for meat lovers, with a focus on sustainability and quality. Tickets cost more than some of the other festivals – see their website for details – and there is probably more here for adults than children. Spend the weekend trying top-quality dishes, learning from some of the best chefs in the country, and enjoying live music as well.

## D **Le Salon du Chocolat**

This festival takes place in different countries. In London, it is at the Olympia National Hall in Hammersmith. At the festival, chocolate makers from around the world including Italy, Germany, Japan, and Canada present their products on more than 400 stands. There is an entrance fee, so please check their website for details.

## E **The Great British Cheese Festival**

If you are in Cardiff, Wales, in late September, why not visit a cheese festival? The event celebrates around 100 British cheese makers. There is cheese tasting, cheese-making demonstrations, and talks. It's also worth going into Cardiff during your visit to buy meat and fish from the market.

## F **Scottish Wild Food Festival**

The Scottish Wild Food Festival takes place in the beautiful Cardross Estate near Glasgow and is a celebration of wild food. If you're interested in finding your own wild food in the local area, you can go on an organised walk and an expert will tell you what to look for. There are also cooking demonstrations and chances to try the food.

# Reading Practice

## Tips

1 Read the instructions in the exam task and answer the questions below.

- What is the topic of the reading text?
- How many texts will you read?
- How many sentences are there to choose from?
- Does every sentence match a text?
- Which text is the example in the task?

2 Look at the example option from the exam task. This person wants to have food at the festival. What key words tell us their other three requirements?

This person...

wants a cheap, family-friendly event with entertainment as well as food.

3 The words and phrases in the box are from the example in the exam task. Underline those that show that the correct answer is 'B'.

art exhibitions children's activities in Bristol just £5 live music plant-based food

4 Match three words in the box to each of the key words and phrases 1–5 from the sentences in the exam task.

abroad advice city cost courses Europe forest hike lessons money monuments  
purchase tour trees world

- |                      |                             |
|----------------------|-----------------------------|
| 1 cooking tips _____ | 4 buy food _____            |
| 2 sightseeing _____  | 5 different countries _____ |
| 3 countryside _____  |                             |

5 Read this option from an extract from an exam task. Underline the key words. Then read the two texts. Which event is best for this person?

This person...

wants a low-cost food event where they can learn new skills, experience other forms of entertainment, and relax beside the sea.

### A East Devon Festival

Enjoy delicious food as well as the beautiful coast and countryside of East Devon at the East Devon Festival. From top-quality meat to fresh seafood and vegan dishes, there is something for everyone to try. Some events require tickets, other are free. Check website for details.

### B St Ives Food and Drink Festival

This event takes place on one weekend every year on Porthminster beach. One of the best events is the chef demonstrations when you can watch experts create amazing dishes. Eat, sit on the beach, listen to live music. What more could you ask for? Entrance free.

6 Now complete READING EXAM 8 – Part 1.

# Reading Exam 1

## Part 1

Read the paragraphs about the Wimbledon Lawn Tennis Museum. For questions 1–5, choose the correct answer (a, b, or c). 0 is the example.

### EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A

### Wimbledon Lawn Tennis Museum

0 This state-of-the-art museum was opened by the Duke of Kent and includes a new, updated exhibition, as well as audio guides in eight different languages. It has become a popular tourist attraction. Some of the new highlights are as follows:

- 1 The cinema has a 200° screen which shows audiences a film about the science of tennis. It features a match between Maria Sharapova and Nuria Llagostera Vives, and uses five cameras at the same time to give a fantastic panoramic view.
- 2 Using old and new projection techniques, the museum has created an exciting way to see a scene from Wimbledon's history. In a re-creation of the men's dressing room from the 1980s, a ghost-like image of John McEnroe appears and takes you on a tour of this area.
- 3 Wimbledon fashions continue to be the focus of attention and the new museum has an exhibit of a selection of players' clothes, including Rafael Nadal's dry-fit 'pirate' trousers. There is also an interactive exhibit where you can feel the weight of different players' famous white outfits.
- 4 The museum is open all year from 10.00 a.m. to 5.00 p.m., but only for members during The Championships. Adult tickets are £11.00 and children's tickets cost £6.75. The museum and tour tickets are £20.00 for adults and £12.50 for children. Group rates are also available.
- 5 To get to the museum, you have three options – the Tube, train or bus. If you want to travel by the Tube, take the District Line to Southfields and you then have a 15-minute walk. Overground trains go from London Waterloo to Wimbledon station every 15 minutes, and bus route 493 takes you to the Wimbledon Lawn Tennis club.





# Reading Exam 1

## Part 2

Read the text about tiger conservation. For questions 6–10, write one word in each gap, using words from the box. There are three words you do not need. 0 is the example.

**EOI Topic: Weather and the environment**

See: English File 5th edition A1/A2

Files 5C, 10A, 11A

English File 5th edition A2/B1

Files 2A, 5B

bad every help parts positive result still use where

The world's tiger population is getting smaller and smaller <sup>0</sup> every day and experts say they could become almost extinct in the next decade. Fortunately, the species may have a better chance of survival as a <sup>6</sup> \_\_\_\_\_ of a new initiative backed by the World Bank in partnership with the Smithsonian Institute.

Since June 2009, the aim of this international conservation programme has been to protect the tiger by offering <sup>7</sup> \_\_\_\_\_ to a network of reserves across 13 different countries. These include India, Thailand, China, Russia, and Indonesia, which are the major areas where the few remaining tigers <sup>8</sup> \_\_\_\_\_ live. Experts believe that a century ago there were approximately 100,000 tigers, but by 2009 this number had reduced dramatically to no more than 3,500. The main reasons for this change have been the illegal trade in animal parts and the pressure to <sup>9</sup> \_\_\_\_\_ the land the tigers live on for farming and housing.

The World Bank Smithsonian project expected to spend about \$1 million on this work. A lot of that money has been used to train hundreds of new forest rangers in how to stop the illegal hunting of tigers. The programme has also tried to develop stronger connections between countries where tigers live. World Bank President Robert Zoellick said he hoped there would be other <sup>10</sup> \_\_\_\_\_ effects on the local economy of the countries involved.



Question	0	6	7	8	9	10
Answer	every					
	✓					
Total						5

# Reading Exam 1

## Part 3

Read the text about a haunted castle. For questions 11–20, decide if the statements are T (true) or F (false). 0 is the example.

**EOI Topic: Housing, home and the environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

English File 5th edition A2/B1

Files 4A, 5B

### The Hauntings of Castle Stuart

Scotland has many haunted castles, but perhaps the most chilling stories come from Castle Stuart in the Highlands. The castle was built between 1561 and 1625 by the Stewarts and has a frightening and bloody history. Here are two of its ghost stories.

#### The East Tower

In 1798, there was a terrible storm which blew the roof off the castle's East Tower. The Earl who lived there at the time didn't have enough money to repair the damage, so the tower was closed. Finally, in the 1930s, repairs began. However, when one of the workmen started to knock a hole through the wall into the East Tower, something very strange happened. At that exact moment, he heard a voice cry, 'No!' Had he heard correctly? His heart started to beat faster, but he didn't give up and continued his work. Suddenly, something pushed him and he fell backwards. Terrified, he ran out of the building, but cold hands tried to pull him back. The man carried on running, and eventually got away, but he never returned to the tower.

#### The 'Three Turret' room

On another occasion, an Earl who came to live in the castle was terrified by ghostly noises and screaming. He decided to investigate and offered £20 to any man who would agree to stay in the 'Three Turret' room. Four men accepted the challenge: a minister, a shoemaker, a member of the church, and a local man or 'Highlander', called Rob Angus. The plan was that each man would spend a night in the room alone and then compare their experiences to see if the ghosts really existed.

The minister, the shoemaker and the church elder all tried to stay in the room alone, but each one of them gave up when they saw the large, angry, and terrifying ghost of a Highland man. Rob Angus, the fourth man in the group, was very strong and never afraid of anything. He decided he would stay in the room whatever happened. However, the servant who locked the room behind him that night was the last person to see him alive. The next morning, Rob's body was found on the ground outside the castle. What had happened? The room was a mess – all the furniture was turned over and the window was broken. No one has ever understood what really happened that night.





# Reading Exam 2

## Part 1

Read the texts about shopping and match sentences A–G to paragraphs 1–5. There is one sentence you do not need. 0 is the example.

**EOI Topic: Shopping and commercial activities**

See: English File 5th edition A1/A2

Files 6A, 11A

English File 5th edition A2/B1

File 4B

This person...

- A avoids online shopping. \_\_\_\_
- B prefers cheaper items. 0
- C complains when necessary. \_\_\_\_
- D spends more than they earn. \_\_\_\_
- E buys a few, good quality items. \_\_\_\_
- F only buys things they need. \_\_\_\_
- G is saving for a big event. \_\_\_\_

0 I love shopping for clothes but I try not to spend too much. I look for half-price deals in the sale or use second-hand shops. These are very popular these days and they're great. You can get some really interesting things. I also sell the clothes I don't wear anymore and use that money to buy new things – often on the same website.

1 For me it's all about style, so I look for items that may be a bit more expensive but that are good value for money and last a long time. For example, if you buy designer jeans, they last ages. It's the same with shoes and bags and other things, too. I never actually buy anything I can't afford though.

2 If I'm buying clothes, I want to try them on. If I'm buying a chair, I need to sit on it to see if it's comfortable. I like to see the things I buy and spend time choosing. I don't want to spend money on an item when I can't even touch it. And then if I don't like something or it doesn't fit, I have to send it back. I hate that.

3 I'm trying to spend money more sensibly because I don't want to have problems again. A few years ago, I bought a house and then I lost my job! I had to sell the house and move back in with my parents. I don't want to get back into that position so I never buy anything unless it's completely necessary. I hardly buy clothes and don't go out. It's a bit boring, but I hope things will change.

4 Sometimes I go out for a meal or I order clothes and books online, but in general I'm trying not to spend my cash! It's because I'm planning to go travelling around South America next year, and I need money for my travel costs. I'll probably get a job too, but I still need a lot to begin with.

5 I bought a phone on the internet and it turned out to be broken. I called the helpline and told them very politely that I was unhappy. They offered me my money back, or a good deal on another phone. I took the deal! I always call customer service when I have a problem. It's important to know your rights.



Question	0	1	2	3	4	5
Option	B					
	✓					
<b>Total</b>						<b>5</b>

# Reading Exam 2

## Part 2

Read the text. For questions 6–10, write one word in each gap, using words from the box. There are three words you do not need. 0 is the example.

### EOI Topic: Human and social relationships

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C

always bad eats from loves meeting never nice **was**

### Krzysztof

I met Krzysztof when I <sup>0</sup> **was** a student in Edinburgh. My flatmate was at home in Ireland for the summer, so Krzysztof rented his room for a few weeks. My first impression of Krzysztof was that he was very young, but confident about travelling and <sup>6</sup> \_\_\_\_\_ new people. He was a guitarist in a band that was going to play at the Edinburgh Festival of music and arts. Before Krzysztof, I had never met anyone who was Polish. He taught me a lot about Poland and Polish culture and he <sup>7</sup> \_\_\_\_\_ had a funny story to tell! Now he's very different – he runs his own successful media company. But he still tells great stories, plays great music, and <sup>8</sup> \_\_\_\_\_ a good party!

### Hiromi

Hiromi and I met in a lift. I worked on the seventh floor of a large office building and one day we got into the lift at the same time. I was on my lunch break, and the lift always took a long time, so I asked her where she was <sup>9</sup> \_\_\_\_\_. She replied that she was from Japan, but that she was studying at the language school in my building. She said she was quite shy and she found it difficult to meet people and practise her English. I invited her to have lunch with me in the coffee shop downstairs and we had such a <sup>10</sup> \_\_\_\_\_ time chatting that we decided to meet again. Six years later, she lives here in Australia and she is my best friend.



Question	0	6	7	8	9	10
Option	was					
	✓					
Total						5

# Reading Exam 2

## Part 3

Read the text about gorillas. For questions 11–20, decide if the statements are T (true) or F (false). 0 is the example.

**EOI Topic: Weather and the environment**

See: English File 5th edition A1/A2

Files 5C, 10A, 11A

English File 5th edition A2/B1

Files 2A, 5B

### Mountain gorillas

What would you do if you saw a mountain gorilla? Most people would probably be very afraid and run away! That's because gorillas have a very frightening appearance because they are huge. Male gorillas weigh twice as much as female gorillas. They can grow up to two metres tall and can weigh more than 200 kilogrammes. Gorillas can also make a lot of noise. They can roar, bang their chests and bare their teeth. In fact, these aggressive displays are very rare and male gorillas only do it when they are protecting their families.

The truth is that gorillas are incredibly intelligent, gentle and social animals that stay together in small family groups. The leader is the largest male, called the 'silverback'. That's because of the beautiful silver fur on their backs. In general, mountain gorillas have thicker fur than other great apes. The fur keeps them warm in very low temperatures.

Mountain gorillas live in east-central Africa in two groups. One of these is in the Virunga Volcanoes region which crosses three national parks in Uganda, Rwanda and Democratic Republic of Congo. The other is in Bwindi Impenetrable National Park in Uganda. They live in forests high in the mountains at heights of 8,000 to 13,000 feet. Since humans have taken most of their habitat, they have moved higher and higher into more and more dangerous territory.

Gorillas spend almost all their time on the forest floor, eating and sleeping. They are mainly vegetarian, although they eat some insects. Young gorillas often play together. They run about and climb trees. At night, the animals make a nest to sleep in. The lighter gorillas nest in trees. The heavier gorillas make nests on the ground, and the babies sleep with their mothers.

Gorillas rarely attack humans. They only fight when something or someone attacks them or their young. In that situation, they will fight to the death. Hunters looking for baby gorillas may have to kill a whole family to get what they want.

Mountain gorillas have been an endangered species for many years thanks to loss of habitat and hunting. They have also had a problem with disease. Gorillas share around 98% of human DNA which means when they are close to humans, they can catch a human illness. Even a cold can be dangerous for them. Recently, however, their situation has improved thanks to the conservation work of wildlife organisations.



# Reading Exam 2

- 0 Female gorillas are a lot heavier than male gorillas. F
- 11 Male gorillas can be nearly two metres tall. \_\_\_\_\_
- 12 Gorillas are noisy when their families are in danger. \_\_\_\_\_
- 13 Gorillas generally live alone. \_\_\_\_\_
- 14 The silverback is the largest male in a group of gorillas. \_\_\_\_\_
- 15 Gorillas live in three different countries. \_\_\_\_\_
- 16 They usually climb trees to find their food. \_\_\_\_\_
- 17 They only eat vegetarian food. \_\_\_\_\_
- 18 They sleep in trees or on the ground. \_\_\_\_\_
- 19 They attack humans when they are hungry. \_\_\_\_\_
- 20 Humans and gorillas can catch the same illnesses. \_\_\_\_\_

Question	0	11	12	13	14	15	16	17	18	19	20
Answer	F										
	✓										
<b>Total</b>											<b>10</b>

	<b>PART 1</b>	<b>PART 2</b>	<b>PART 3</b>
<b>Points</b>			
<b>Total score</b>			<b>/20</b>



# Reading Exam 3

## Part 2

Read the text about visiting friends in New Zealand. For questions 6–13, write one word in each gap, using words from the box. There are three words you do not need. 0 is the example.

### EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C

beach behind cool decided **ever** few hotel next old then visiting warm

One of the best evenings I've <sup>0</sup> ever had was with friends in New Zealand. We spent the day swimming and surfing at an incredible <sup>6</sup> \_\_\_\_\_ and were really hungry at the end of it. Our hostel had a small kitchen, but we didn't feel like cooking, so we <sup>7</sup> \_\_\_\_\_ to go to the nearby town to find a restaurant. As we walked back along the beach, we smelled kumara (sweet potato) frying, and followed our noses to a(n) <sup>8</sup> \_\_\_\_\_ wooden beach hut. We liked it immediately. The owner was very friendly. He asked where we were from, and we told him that we were <sup>9</sup> \_\_\_\_\_ from the UK. He told us that grilled fish and kumara chips were real 'Kiwi' (New Zealand) foods that we must try. The atmosphere at the hut was really relaxing, and it was cheap – with fish and chips for just a <sup>10</sup> \_\_\_\_\_ dollars. It was a(n) <sup>11</sup> \_\_\_\_\_ evening, so we sat outside on the sand and ate. The wind blew softly through the trees in the forest <sup>12</sup> \_\_\_\_\_ us, the sea breeze was fresh and salty, and the sand felt rough between our toes. We all agreed that food always tastes better in the fresh air and all of the restaurants in town had such a fantastic view! We stayed and watched the sun go down and <sup>13</sup> \_\_\_\_\_ we walked back to our hostel by the light of the moon. It was fantastic!



Question	0	6	7	8	9	10	11	12	13
Answer	ever								
	✓								
Total									8

# Reading Exam 3

## Part 3

Read the text about Sherlock Holmes. For gaps 14–20, choose the correct sentence from options A–I. There is one sentence you do not need. 0 is the example.

### EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A

### Sherlock Holmes

Arthur Conan Doyle was a British writer who was born in 1859 and died in 1930. <sup>0</sup> C

Doyle first created the character for his novel *A Study in Scarlet*. This was the first of four novels and fifty-six short stories about Sherlock Holmes and his helpful friend, Dr Watson.

When Arthur Conan Doyle wrote his Sherlock Holmes stories, he probably didn't imagine they would still be popular today. He probably never imagined there would be so many TV dramas either. <sup>14</sup> \_\_\_\_\_ However, Doyle's incredible stories have stood the test of time and have continued to be popular for over 140 years.

Today, there have been many films and television series featuring Sherlock Holmes. <sup>15</sup> \_\_\_\_\_ However, when British writers Mark Gatiss and Steven Moffat wrote a new TV series for the BBC based on Sherlock Holmes, they did something very different. <sup>16</sup> \_\_\_\_\_ Now the famous detective has a 21st-century life which includes all the latest technology. The characters communicate by mobile phone and email and use the internet for research.

Overall, the series works brilliantly! It is fast, modern, and exciting to watch and the acting is excellent. <sup>17</sup> \_\_\_\_\_ They are both great in their roles.

The writers haven't changed everything from the books. <sup>18</sup> \_\_\_\_\_ They also work together to solve the same well-known mysteries and crimes such as *The Hound of the Baskervilles* and *The Final Problem*. Sherlock is still famous for wearing the old deerstalker hat like he did back in the 1860s. <sup>19</sup> \_\_\_\_\_ He also has the same fight with his enemy Professor Moriarty, but this happens on the roof of a tall office building instead of a waterfall in Switzerland.

<sup>20</sup> \_\_\_\_\_ To find out what they are, you will need to watch the series.



# Reading Exam 3

- A Most of them are similar to the original stories.
- B Benedict Cumberbatch plays Sherlock Holmes and Martin Freeman plays Doctor Watson.
- C He is famous for creating Sherlock Holmes, the brilliant fictional detective.
- D Sadly, the reviews haven't been good.
- E However, now we learn he has chosen this because he wants to hide his face from the journalists.
- F This is because the television was invented only three years before he died.
- G They changed the setting to the modern day.
- H Holmes and Watson still live together as flatmates at their famous address: 221b Baker Street.
- I There are plenty of other examples of these kinds of changes.

Question	0	14	15	16	17	18	19	20
Answer	C							
	✓							
Total								7

	PART 1	PART 2	PART 3
Points			
Total score			/20

# Reading Exam 4

## Part 1

Read the text about national parks in the USA. For questions 1–5, choose the correct answer (a, b, or c). 0 is the example.

### EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C

### National parks in the USA

#### 0 Shasta-Trinity National Forest, California

US President Teddy Roosevelt set up this beautiful two-million-acre national park in 1907 to protect the countryside. The Volcanic Mount Shasta is the dominant feature of the park and it's the second highest volcano in the USA. If you want to stay in a cheap place, then the Hirz Mountain Lookout is perfect at \$35 a night, but there's no running water or electricity!

#### 1 Canyonlands, Utah

This is the best place for mountain bikers and cyclists in general. It's the largest and wildest national park in Utah and you can explore the mountains, red-rock canyons, and deserts. If you like adventure, join the six-day, 138-mile biking trip and stay at hostels and campsites along the way. This tour is organized by Escape Adventures.

#### 2 Boundary Waters Canoe Area, Minnesota

This wonderful park is one of the best places in the world to go canoeing, with 1,500 miles of canoe routes and hundreds of crystal clear lakes. The wildlife is interesting too, with moose, bears, and beavers all living close by. You can camp in the park but you need to get a permit first. A seven-day trip costs about \$530 per person with equipment and food.



#### 3 Grand Canyon, Arizona

Get a new perspective on one of the most famous national parks in the world by doing an eight-day rafting trip along the Colorado River. You'll be amazed by the multi-coloured canyon walls and may even see a golden eagle. This trip isn't cheap and costs \$1,350, but that includes a transfer from Las Vegas, a rafting guide, all camping equipment, and meals. Camp along the river and escape from everything!

#### 4 Great Smoky Mountains, North Carolina

This is the most visited park in the USA, but you can easily get away from the crowds of tourists in the back country where there are 850 miles of walking routes. There is an incredible variety of flora and fauna, with over 125 different species of trees and approximately 1,500 bears. You can do an all-day hike with the Smoky Mountain Field School and find out more about the natural environment of this magnificent area.

#### 5 Yellowstone National Park, Montana

This famous park is home to the fictional cartoon character Yogi Bear. The best time to visit is July and tourists can stay in several different locations in the park, which have comfortable accommodation. Some of the famous sights include a lake, geysers and hot springs, a waterfall and a canyon.





# Reading Exam 4

## Part 3

Read the text about transport in Hong Kong. For questions 11–20, decide if the statements are T (true) or F (false). 0 is the example.

**EOI Topic: Transport, goods and services**

See: English File 5th edition A1/A2

Files 7B, 10B, 10C

English File 5th edition A2/B1

File 4B

### Transport in Hong Kong

In recent years, a lot of people have decided to give up their cars and use public transport instead. This is because people are trying to save money, but also because people are worried about the environment and want to reduce their carbon footprint. Travelling on good public transport is also less stressful. There's no need to worry about traffic jams or finding a parking space, and you can let someone else do the work. The problem is for many people in many cities, the public transport system isn't very good. It may be too expensive, old, or badly run. The result is that it can be cheaper and easier to use your car.



One place where public transport isn't a problem is Hong Kong. In fact, Hong Kong has recently been voted number one in the world for the best public transport system. This is incredible considering how many people use the public transport system. Every day, there are over seven million passenger journeys across Hong Kong. The most popular form of transport for these journeys is Hong Kong's Mass Transit Railway.

This railway takes you to over 160 stations and is very well run. The trains are comfortable because they are modern, clean, and air-conditioned, which is welcome in the heat. The platforms are wide so there is plenty of room for the crowds to stand back from the tracks. Trains run on time and there are few problems. The stations connect well and trains stop at places people want to go. You don't have to walk far when you get off your train. And of course, they are cheap to use, which is very important. It's no surprise then that more people use public transport in Hong Kong than in any other city in the world.

As well as the train system, there are trams. Hong Kong has the only double-decker trams in the world. Like the trains, they are cheap. They are also a great way for tourists to see the city.

If you are in Hong Kong, it's probably a good idea to leave your car at home. The transport system is great, but there are also car-free zones in the city.

# Reading Exam 4

- 0 Many people are trying to save money by using public transport. T
- 11 Hong Kong has the best public transport in the world. \_\_\_\_\_
- 12 At least nine million people use public transport in Hong Kong every day. \_\_\_\_\_
- 13 Most journeys in Hong Kong take place on the railway. \_\_\_\_\_
- 14 The trains stop at over 150 places. \_\_\_\_\_
- 15 It gets very hot inside the trains. \_\_\_\_\_
- 16 There is plenty of space on the platforms. \_\_\_\_\_
- 17 There are many delays on the railway. \_\_\_\_\_
- 18 The trains aren't expensive in Hong Kong. \_\_\_\_\_
- 19 The tram system is popular with visitors. \_\_\_\_\_
- 20 People can still drive their cars in any part of the city. \_\_\_\_\_

Question	0	11	12	13	14	15	16	17	18	19	20
Answer	T										
	✓										
<b>Total</b>											<b>10</b>

	<b>PART 1</b>	<b>PART 2</b>	<b>PART 3</b>
Points			
<b>Total score</b>			<b>/20</b>



# Reading Exam 5

## Part 2

Read the text about salt. For questions 6–10, choose the correct word for each gap (a, b, or c). 0 is the example.

**EOI Topic: Health and physical care**

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B

### Salt

Salt is a very important nutrient. It contains minerals that <sup>0</sup> a us to digest our food and are essential for the health of our blood and hearts. Now it is cheap to buy and is part of our everyday diets. But it wasn't always so easy to get – salt has a very rich and interesting history. In the <sup>6</sup> \_\_\_\_\_, it was so valuable that wars were fought over it and in some ancient civilizations it was even made into coins and used as money.

In places where salt was difficult to get, it became as <sup>7</sup> \_\_\_\_\_ as gold. Rulers across the world knew how important salt was to people, whether they were rich or poor. Many of them placed taxes on salt, so people had to pay a lot of money to buy and sell it. These 'salt taxes' helped to build powerful empires <sup>8</sup> \_\_\_\_\_ Asia and Europe.

In Roman times, soldiers were paid a *salarium*, <sup>9</sup> \_\_\_\_\_ means 'money to buy salt'. The modern English word 'salary' (the money we are paid for doing a job) comes from this word. The word 'salad' also comes from the Latin *salata* (salted) because the Romans liked to eat their vegetables with salt.

In many cultures, salt <sup>10</sup> \_\_\_\_\_ has special powers against evil. In Scotland, if you spill salt, you must throw some behind you over your left shoulder 'to get in the Devil's eyes'. And in Japan, sumo wrestlers (traditional fighters) throw salt to drive away evil spirits.





# Reading Exam 5

## Part 3

Read the text about places to visit. For questions 11–20, decide if the statements are T (true) or F (false). 0 is the example.

### EOI Topic: Travel and vacations

See: English File 5th edition A1/A2  
Files 7B, 10A, 10B, 11A  
English File 5th edition A2/B1  
Files 2A, 2B, 3A, 5B, 7C

### Fascinating places

#### Prague

There is still one capital that remains a top destination for tourists to central Europe – Prague. The majority of tourists are attracted by the fantastic Romanesque, Gothic, Renaissance and Baroque architecture. The city centre is now pedestrianized so you can enjoy looking at the buildings without being disturbed by the traffic. However, the city isn't just for architecture enthusiasts. You can also experience the romance of the Charles Bridge and its view of the castle which looks wonderful at night. You can also spend your time in some of the many theatres and museums. Prague is a very cultural city with a long tradition of writers, musicians, and artists.

So, what's the best time of the year to visit? Every season has something special to offer. In winter, the city is often covered in snow, making a walk through the Mala Strana (the Little Quarter) particularly romantic. In summer, you can hire a boat on the majestic Vltava and get away from the crowds and just relax. Perfect!

#### Cairo

This busy but fascinating city is in Egypt. Originally, about 1.5 million people lived there. Today it has a population of around 15 million. The city is a mix of ancient history (the Egyptian museum has more than 100,000 exhibits) and modern city life (there is a lot of traffic in the city).

For tourists, a ride on a felucca (an old-style sailing boat) allows you to escape the noise and heat for an hour or two. Cairo in summer is particularly hot and dusty, though the humidity is always low. In the evening, the amazing Khan al-Khalili is an area where you can buy almost anything, but

look out for the spice market, where you can buy some wonderfully aromatic spices at very reasonable prices.

When you are tired of walking, you can relax in one of Cairo's coffee houses. As well as coffee, perhaps you could try a cup of karkadé, a special red tea.

Perhaps the best time to visit Cairo is in winter. It is wonderful to escape the cold, wet weather in Europe and come to the land of the Pharaohs, see the pyramids, and enjoy the experience that is Cairo.





# Reading Exam 6

## Part 1

Read the short paragraphs about things to do in Brighton. For questions 1–5, decide if the statements are T (true) or F (false). 0 is the example.

### EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A

### Brighton Break

0 Brighton is one of the most vibrant, colourful and creative cities in England. It's situated on the south coast and has something for everyone. It's cosmopolitan and easy to get around, with some great attractions and a lively nightlife. Here are the top six places to visit.

#### 1 Brighton Museum and Art Gallery.

This building was reopened in 2002 and houses historic art collections, as well as extensive historical information about the city. Entrance is free. Open Tuesday to Saturday 10.00 a.m. to 5.00 p.m. and Sunday 2.00 p.m. to 5.00 p.m.



2 **Brighton Pier.** The arcades, fairground rides, ice-cream stands, and snack bars are perfect for a day out with the kids. Don't miss the rollercoaster at the end of the pier – that is, if you don't mind looking straight down at the sea! Open from 10.00 a.m.

3 **Montpellier Hall.** This beautiful old hotel behind the station was constructed in 1846 for Henry Smithers, the sixth Mayor of Brighton. It has 22 comfortable rooms and a lovely garden. Only five minutes' walk from the main shopping area and the Pier, it's ideally situated for afternoon tea or a weekend stay.

4 **Brighton Rock Beach House.** Many local people come here to relax and enjoy the delicious food and excellent cocktails in this café-bar. It's open Monday to Saturday 11.00 a.m. to 11.00 p.m. Call 8673456 to reserve a table as it can get busy on Saturday evenings.

5 **Brighton Race Course.** Enjoy some first-class horse racing with panoramic views of the sea. There are 18 race meetings between April and October.

- 0 Brighton is a town next to the sea.   T
- 1 The Brighton Museum and Art Gallery is closed on Mondays. \_\_\_\_\_
- 2 On Brighton Pier, you can enjoy visiting shops and galleries. \_\_\_\_\_
- 3 The Montpellier Hall hotel was originally built as a train station. \_\_\_\_\_
- 4 The busiest time to visit the Brighton Rock Beach House is on a Saturday. \_\_\_\_\_
- 5 Brighton Race Course is open in the summer. \_\_\_\_\_

Question	0	1	2	3	4	5
Answer	T					
	✓					
Total						5

# Reading Exam 6

## Part 2

Read the text. For questions 6–15, write one word in each gap, using words from the box. There are three words you do not need. 0 is the example.

**EOI Topic: Human and social relationships**

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C

because but for has new not nothing think ~~to~~ too type want will with

### Humans vs Artificial Intelligence

People worry about Artificial Intelligence (AI) taking their jobs, but what about human relationships? Does AI stop people from talking <sup>0</sup> to each other?

An example to think about is supermarkets. Most supermarkets today have replaced staff with self-service checkouts. In fact, the same thing is happening in other shops, too. Why do companies do this? They do it <sup>6</sup> \_\_\_\_\_. AI saves them money. Machines don't need wages, they don't get sick, and they don't take holidays.



Many customers are happy with self-service checkouts. They want to spend less time queuing and shopping. However, some people enjoy going into shops and chatting <sup>7</sup> \_\_\_\_\_ the staff there. Perhaps they are lonely and have no one else to talk to. Sadly, it's now possible to go into a supermarket and <sup>8</sup> \_\_\_\_\_ speak to anyone.

The same thing has happened to many customer service and call centres. Often, it's not possible to call a number and speak to a human on the phone. Instead, we must <sup>9</sup> \_\_\_\_\_ our problem into our computers and the computer replies. This can be a lot quicker than waiting to talk to a human. However, computers can't answer every question. Some problems are <sup>10</sup> \_\_\_\_\_ complicated. Others involve difficult or sensitive issues such as illness.

There are many other jobs and situations when humans are better than computers. For example, AI can help authors, artists, and musicians, <sup>11</sup> \_\_\_\_\_ it can't replace them completely. It doesn't have the imagination. It can't completely replace scientific jobs either, especially when these involve research and experimenting with <sup>12</sup> \_\_\_\_\_ ideas. And what about health and medicine? Yes, technology <sup>13</sup> \_\_\_\_\_ helped a lot in this field. It is responsible for all kinds of incredible machines that doctors and nurses use. However, when people are sick, they still <sup>14</sup> \_\_\_\_\_ to speak to a human. Humans have emotions. Machines do not. That's why it's unlikely that AI <sup>15</sup> \_\_\_\_\_ replace all of our jobs any time soon.

Question	0	6	7	8	9	10	11	12	13	14	15
Answer	to										
	✓										
<b>Total</b>											<b>10</b>

# Reading Exam 6

## Part 3

Read the blog post about sleep. For gaps 16–20, choose the correct sentence from options A–G. There is one sentence you do not need. 0 is the example.

**EOI Topic: Health and physical care**

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B

### Sleep well

Are you getting enough sleep? On this week's blog, I'm talking to one of our readers about her experience. This is her story.

Six months ago, Amira felt moody and irritable. She couldn't concentrate at work and the quality of her work was beginning to suffer. <sup>0</sup>  A   
Here's what she told me.

'I work in the travel industry and have a very stressful job. Six months ago, I had terrible habits. I often worked until midnight, drove home, had something unhealthy to eat, usually fast food, and went to bed. <sup>16</sup> \_\_\_\_\_ I decided things had to change, so I went to see a sleep therapist.

The therapist told me that I needed to have at least seven or eight hours' sleep every night and I needed to establish a regular sleeping pattern. <sup>17</sup> \_\_\_\_\_ I even had to follow this routine at weekends. In the end, I decided to go to bed at eleven every night and get up at seven.

At first I had trouble getting to sleep, so my sleep therapist gave me a few ideas. I often used to go to the gym late in the evening. <sup>18</sup> \_\_\_\_\_ So I started running in the early morning instead, or going for a walk or swimming at lunchtime.

My therapist also suggested that I should create the right atmosphere in my room for sleeping. <sup>19</sup> \_\_\_\_\_ I had very thin curtains so I decided to change them. I bought some new heavy curtains and made sure my room was nice and dark. My therapist also told me not to fill my brain with too many thoughts last thing at night. I like reading thrillers and ghost stories, but I put them away and listened to relaxing music instead!

I noticed a change after about a week. I was less stressed during the day and I could concentrate for longer. <sup>20</sup> \_\_\_\_\_ These days, I try to stick to my sleeping schedule. However, it doesn't always work. I sometimes go to bed after midnight at the weekend and I occasionally watch a scary movie!



# Reading Exam 6

- A She knew she wasn't getting enough sleep so she decided to see a sleep therapist.
- B I decided it was a good idea to change my diet.
- C Then the next day, I usually got up at five or six in the morning.
- D She told me that this was a bad idea because exercise raises your body temperature and gives you energy.
- E The result was that I did more work and it was better quality, too.
- F This meant I had to go to bed at the same time every night and get up at the same time, too.
- G She said bright light tells the brain it's time to wake up.

Question	0	16	17	18	19	20
Answer	A					
	✓					
Total						5

	PART 1	PART 2	PART 3
Points			
Total score			/20

# Reading Exam 7

## Part 1

Read the text about people who work at an airport and match sentences A–G to paragraphs 1–5. There is one sentence you do not need. 0 is the example.

### EOI Topic: Jobs and occupations

See: English File 5th edition A1/A2

Files 4A, 4B

English File 5th edition A2/B1

Files 7A, 9C



- A This person's job is made easier by the advances in technology. \_\_\_\_\_
- B This person did their first job at the airport for two years. \_\_\_\_\_
- C This person enjoys the variety in their job. 0
- D This person is the manager of a big team. \_\_\_\_\_
- E This person finds their job very boring. \_\_\_\_\_
- F This person enjoys working with their colleagues. \_\_\_\_\_
- G This person has worked in their job for less than a year. \_\_\_\_\_



# Reading Exam 7

## Part 2

Read the text about a famous art gallery. For questions 6–10, choose the correct word for each gap (a, b, or c). 0 is the example.

### EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C

### The gallery

The Uffizi, in the heart of Florence, is one of the world's most famous art galleries. It contains <sup>0</sup> a and sculptures by some of Italy's greatest artists including Michelangelo, Botticelli, Caravaggio, and Leonardo da Vinci. This incredible building <sup>6</sup> designed by architect Giorgio Vasari in 1560. It has more than 45 halls and a secret corridor <sup>7</sup> runs across the famous Ponte Vecchio bridge to the gardens of the Pitti Palace. It became a public art gallery in 1769.



### Guided tours

With so many amazing artworks to see, a visit to the Uffizi could take several days. However, if you want to see 20–25 of the world's most famous paintings in a shorter time, guided tours are available. Tours with <sup>8</sup> experienced guide last one and a half hours, and you are free to explore the gallery alone afterwards. The tours are available on Tuesdays, Thursdays, and Saturdays and start at 12.30 p.m. and 1.00 p.m.

### Opening times

The Uffizi is open Tuesday to Sunday between 8.15 a.m. and 6.50 p.m. It is closed on Mondays and holidays including 1st January, 1st May and 25th December.

### Buying tickets

In the summertime, the gallery is very popular, and you may have to queue to <sup>9</sup> tickets. A faster and more convenient way to get tickets is online at [www.florence-tickets.com](http://www.florence-tickets.com). Check the website for ticket prices. Discount tickets are available for young people and EU teachers.

### Facilities

The gallery has <sup>10</sup> facilities including a library, two gallery shops, a specialist art book shop, a post office, and a café.



# Reading Exam 7

## Part 3

Read the text. For questions 11–20, decide if the statements are T (true) or F (false). 0 is the example.

### EOI Topic: Family and friends

See: English File 5th edition A1/A2

Files 4A, 8B, 9A

English File 5th edition A2/B1

File 7B

### A talented family

The Kanneh-Masons are a family of seven talented brothers and sisters who are famous across the world. Why are they famous? They are all amazing musicians who play the violin, the piano, or the cello. They have won many prizes and awards and appeared on many TV shows. When they performed on the music show, *Britain's Got Talent*, they didn't win, but they were very popular and reached the semi-finals. In the show, they played a mixture of classical and modern music: Tchaikovsky, Prokofiev, and Clean Bandit, in an incredible performance.

So, who are the Kanneh-Masons? The family grew up in Nottingham, England. Their father, Stuart Mason, is a business manager. His parents are from Antigua, but he was born in London. Their mother, Dr Kadiatu Kanneh, was born in Sierra Leone, but her family moved to Wales when she was young. She later worked as a lecturer in English literature at Birmingham University. Both parents played musical instruments to a very high standard, which is probably why their children do, too. They encouraged them all to study music and all of them went to the London Royal Academy of Music.

After *Britain's Got Talent*, the family continued to have incredible success. The five eldest children performed at the British Academy of Film and Television (BAFTA) awards ceremony, which recognises the best British and international contributions to film. They also performed at the annual Royal Variety Show in front of members of the British royal family. After that, the talented brothers and sisters released their first album, which was called *Carnival*. They have also received the Global Award for Best Classical Artist.

One of the other high points in the family's career was when Sheku Kanneh-Mason, who is the third of the seven children, played the cello at the royal wedding of Prince Harry and Meghan Markle. Millions of people around the world watched the wedding and Sheku gave an incredible performance. He was also the first Black musician to win the BBC Young Musician of the Year Award.

All the children have done brilliant things. Isata, the eldest of the seven, has released her own best-selling album and has performed with Elton John. The whole family presented a six-week radio series on the station Classic FM. They shared their favourite musical memories along with the classical music that has inspired them.





# Reading Exam 8

## Part 1

Read the short texts about British food festivals.  
Match the festivals (A–F) to the requirements (1–5).  
0 is the example.

### EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C

### A Taste of London

This festival takes place in the heart of London, close to all the major sights, at one of London's most famous parks, Regent's Park. For five days, around 55,000 hungry people come to the festival to try food from the best restaurants in the country. Come and go as you like. You're certain to find something you enjoy.

### B VegfestUK

Enjoy plant-based food? Tickets for this vegan festival in Bristol cost just £5. Food is the star of the show, but you can also enjoy some fantastic live music and art exhibitions. There are various children's activities throughout the day. If you're vegan already, or thinking about becoming vegan, this is the festival for you.

### C Meatopia

As the name suggests, this London festival is for meat lovers, with a focus on sustainability and quality. Tickets cost more than some of the other festivals – see their website for details – and there is probably more here for adults than children. Spend the weekend trying top-quality dishes, learning from some of the best chefs in the country and enjoying live music as well.

### D Le Salon du Chocolat

This festival takes place in different countries. In London, it is at the Olympia National Hall in Hammersmith. At the festival, chocolate makers from around the world including Italy, Germany, Japan, and Canada present their products on more than 400 stands. There is an entrance fee, so please check their website for details.



### E The Great British Cheese Festival

If you are in Cardiff, Wales, in late September, why not visit a cheese festival? The event celebrates around 100 British cheese makers. There is cheese tasting, cheese-making demonstrations and talks. It's also worth going into Cardiff during your visit to buy meat and fish from the market.

### F Scottish Wild Food Festival

The Scottish Wild Food Festival takes place in the beautiful Cardross Estate near Glasgow and is a celebration of wild food. If you're interested in finding your own wild food in the local area, you can go on an organised walk and an expert will tell you what to look for. There are also cooking demonstrations and chances to try the food.

# Reading Exam 8

Which festival would you recommend for someone who... ?

- 0 wants a cheap, family-friendly event with entertainment as well as food   B
- 1 wants to get cooking tips and is happy to pay more \_\_\_\_\_
- 2 wants to eat great-quality food and do some sightseeing, too \_\_\_\_\_
- 3 wants to learn about where food comes from and to explore the countryside \_\_\_\_\_
- 4 wants to try a particular food and buy food from other places \_\_\_\_\_
- 5 wants to try one type of food, but from different countries \_\_\_\_\_

Question	0	1	2	3	4	5
Answer	B					
	✓					
					Total	5



# Reading Exam 8

## Part 3

Read the text about two famous opera houses. For questions 16–20, choose the correct word for each gap (a, b, or c). 0 is the example.

### EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A

### La Scala

If you like classical music and opera, you should visit La Scala in Milan. It is the world's most famous opera house and is where Verdi, Puccini, and other great composers first became known. Most of the greatest singers in the world have <sup>0</sup> b there.

The building has an interesting history. On the night of 25 February 1776, a fire destroyed another building in Milan, the Teatro Regio Ducale. The Empress Maria Theresa of Austria, <sup>16</sup> \_\_\_\_\_ country ruled Milan at the time, decided to build a new theatre in the same place. An architect called Giuseppe Piermarini was employed for the project. Work began in 1776 and finished two years later in 1778. They named the building after a church and called it the Teatro Grande alla Scala.

One of the most famous parts of the building is the seating at the top. They built this originally for poorer people which meant more people <sup>17</sup> \_\_\_\_\_ visit the opera. Light is very important to the theatre, too. In the past, they lit thousands of candles for each performance. When electric light was invented and came to Milan, La Scala was the first public building to receive it.

Today, the theatre is big <sup>18</sup> \_\_\_\_\_ for more than 2,000 people. People come to watch ballet as well as opera, and in 2018/2019 the Best FIFA Football Awards took place there.

### The Lincoln Center

The Lincoln Center in New York is another famous centre for the performing arts including opera, ballet, dance, concerts, and more.

It was built in the 1950s and 1960s, so it is of course much <sup>19</sup> \_\_\_\_\_ than La Scala in Milan. The centre covers a huge area. There are three main buildings including the Metropolitan Opera House, the David H. Koch Theater and David Geffen Hall. There are other smaller areas for performances including many that are outdoor. In fact, artists can perform in a total of 22 places at the Lincoln Center. As a result, every year, thousands of performances take place. Performers come from across the world and around five million people visit.

The Lincoln Center is home to <sup>20</sup> \_\_\_\_\_ very famous performing companies including the New York Philharmonic orchestra. It is also a top-class dance and music training academy.



# Reading Exam 8

- 0 a played  
 (b) appeared  
 c known
- 16 a who's  
 b who  
 c whose
- 17 a could  
 b did  
 c had
- 18 a too  
 b enough  
 c much
- 19 a new  
 b newer  
 c newest
- 20 a few  
 b little  
 c some

Question	0	16	17	18	19	20
Answer	b					
	✓					
Total						5

	PART 1	PART 2	PART 3
Points			
Total score			/20

# Reading Exam 9

## Part 1

Read the posts about technology and match the sentences A–G to the posts 1–5. There is one sentence you do not need. 0 is the example.

### EOI Topic: Science and technology

See: English File 5th edition A1/A2

File 3A

English File 5th edition A2/B1

Files 10C, 11C

This person...

- A dislikes the way people behave. \_\_\_\_\_
- B wants the best devices. \_\_\_\_\_
- C has changed their habits. 0
- D feels unlucky. \_\_\_\_\_
- E has a positive view of technology. \_\_\_\_\_
- F advises people to look after themselves. \_\_\_\_\_
- G worries about young people. \_\_\_\_\_



Search

- 0 I used to always buy the latest phone the moment it came out, but now I know how much phone companies make from consumers, I don't do that anymore. I don't spend much on expensive phone contracts and handsets either. I prefer to spend my money on other things like travelling.
- 1 I dislike social media because all I seem to do is get involved in arguments with strangers. It's a complete waste of time! People are so rude and get so angry with each other online. I'm sure they would never speak to each other like that if they met in real life.
- 2 I don't understand what's happening to my devices recently. First my laptop crashed and I had to spend a lot of money repairing it. Then I dropped my new phone and cracked the screen. Finally, I left my tablet on the train and had to buy a new one for work.
- 3 I have a teenage daughter and I hate the way social media affects her and her friends. Firstly, there's the idea that everyone is having a better time than them, which makes them feel bad about themselves. Then there's the problem of celebrities and the photos they put online, which are all ridiculously fake. I really dislike social media for those reasons.
- 4 I'm fascinated by artificial intelligence because if we didn't have it, we wouldn't have many of the health benefits we take for granted today. I understand that some aspects of technology are bad for the planet, but instead of blaming AI itself, we should be blaming the humans who use it in negative ways.
- 5 In my opinion, the internet is a positive thing. Unfortunately, there are dangers online such as identity theft, the use of malware, the invasion of privacy, and of course fake news. I suppose the best thing to do is make sure that you have good antivirus software and that you are generally careful about what you say about yourself online.

Question	0	1	2	3	4	5
Answer	C					
	✓					
Total						5

# Reading Exam 9

## Part 2

Read the text about living a simple life. For questions 6–15, choose the correct word for each gap (a, b, or c). 0 is the example.

**EOI Topic: Housing, home and environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

English File 5th edition A2/B1

Files 4A, 5B

### The simple life

In recent times, many young people in the UK have decided to give up life in the city and follow a simple life. There are different reasons for this. One <sup>0</sup> **a** these is that living in cities is expensive. The cost of renting a flat or a house is getting higher and there is <sup>6</sup> \_\_\_\_\_ much competition for rooms. Many young people in the UK are also realising they will never own their own homes like their parents did, or at least it will take them years to <sup>7</sup> \_\_\_\_\_ money to buy anything.

In most cities, transport is expensive too and young people find that having a good job isn't enough anymore. They have very <sup>8</sup> \_\_\_\_\_ money left after they've paid all their bills.

Another reason for moving away <sup>9</sup> \_\_\_\_\_ cities and living a simple life in the countryside is to reduce stress. In the countryside, young people <sup>10</sup> \_\_\_\_\_ get away from busy streets, traffic jams, and crowded shops and feel closer to nature. They often find a sense of community that doesn't exist in large towns and cities.

One young person, Mariam James, told us that last year, she gave up her job in publishing in London <sup>11</sup> \_\_\_\_\_ her small but expensive flat. She then moved home to live with her parents in a village in Scotland. Now, she works mornings in a café, designs jewellery and sells it online. She has far <sup>12</sup> \_\_\_\_\_ money than she had before, but she is much happier. She says many of her friends have done the same. It seems the idea of working hard your whole life to own a house, a car, or other expensive things <sup>13</sup> \_\_\_\_\_ gone out of fashion.

Yet this is nothing new. Many people in the past have decided to leave the city, move to the countryside and live 'off grid'. What does this <sup>14</sup> \_\_\_\_\_? The 'grid' refers to modern living and includes such things as electricity, gas, food, and water supplies. Some people do this <sup>15</sup> \_\_\_\_\_ they want to protect the environment. They generate their own power, collect rainwater and grow their own food. Others just want to live a quiet life.





# Reading Exam 9

## Part 3

Read the text about weather stations. For questions 16–20, decide if the statements are T (true) or F (false). 0 is the example.

**EOI Topic: Weather and environment**

See: English File 5th edition A1/A2

Files 5C, 10A, 11A

English File 5th edition A2/B1

Files 2A, 5B

Weather stations are an important way for scientists to research and measure our weather systems. Many of them are in very interesting places such as the weather station on Marion Island, which is actually the top of an underwater volcano. The island is in the Indian Ocean and belongs to South Africa. The only people who live there are the scientists at the station. Other stations have interesting stories, such as the weather station on a small island called Kolyuchin in the Arctic Ocean, which closed in 1922. Recently, explorers have seen polar bears living in the old buildings! Polar bears often try to get into buildings. Experts think it is because they are looking for safe spaces.



Another interesting weather station is on Mount Everest – the highest weather station in the world. In 2019, climate scientists built a total of five weather stations there. The team included Baker Perry, Tom Matthews, and a number of local guides. In 2020, however, one of these stations – The Balcony Station – was damaged by strong winds. Eventually, scientists replaced it, but not in the same place. They built it on a higher location at Bishop Rock. This area is less than 50 metres from the top of Everest on the Nepalese side of the mountain. According to the Guinness World Records, the new station has an altitude of 8,810 metres.

The weather stations on Everest provide information for climbers and their guides. They are also necessary for rescue teams when climbers have problems on the mountain. As well as this, the stations collect information about climate change. So far, scientists have learned that snow and ice are disappearing more quickly than they thought. Some studies suggest that glaciers could lose up to three quarters of their volume by 2100 even if global warming slows down.

One of the reasons why global warming on Everest is so important is because around two billion people use fresh water from the region. There is also danger for people who live in the areas close to Everest because there are more and more avalanches, floods, and landslides. Scientists believe that over the last 30 years, the average temperature on Everest has risen by 0.2–0.3°C every ten years. It may not sound much, but over time this can be catastrophic.

# Reading Exam 9

- 0 The weather station on Kolyuchin is still working. F
- 16 There is more than one weather station on Everest. \_\_\_\_\_
- 17 The Balcony Station on Everest was destroyed by falling snow. \_\_\_\_\_
- 18 The newest weather station on Everest stands on a higher place. \_\_\_\_\_
- 19 Billions of people use water from around Everest. \_\_\_\_\_
- 20 Scientists predict the situation will improve. \_\_\_\_\_

Question	0	16	17	18	19	20
Answer	F					
	✓					
	Total					5

	PART 1	PART 2	PART 3
Points			
	Total score		/20

# Reading Exam 10

## Part 1

Read the adverts for holidays. For questions 1–5, choose the correct answer (a, b, or c). 0 is the example.

### EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C

- 0 Learn to scuba dive in Tenerife. Price includes travel, accommodation, the cost of the course, and equipment hire. Other courses include sailing, surfing, and windsurfing. You can also hire a boat for a trip around the island. No experience necessary for the water sports.
- 1 Enjoy the sun on our two-week Mediterranean cruise around Spain, Italy, and Greece. All food is included and you can eat as much as you like. Stay on board or go on land when we stop. Trips include visiting a vineyard in Italy, going on a sightseeing tour in Athens, and learning how to cook tapas in Spain.
- 2 If you're interested in wildlife, try our seven-day trip to the Hebrides where you'll have the chance to study birds as well as whales and dolphins. This is a working holiday and includes recording information and helping our experts identify birds.
- 3 We have a number of special offers on our two-day and three-day city breaks this winter including reduced prices on top hotels in Paris, London, and Prague. Offers are available from now until the end of November, so why not book now?
- 4 Visit Crete this year and stay in one of our luxury resorts next to the Mediterranean. Take time to relax on the beach, eat in one of our many fine restaurants, or why not go on a late-night turtle watch? And don't forget the entertainment. There's music and dancing every night.



- 5 Not sure what you want to do when you leave school or university? Why not volunteer in a different part of the world? We organise trips across the world. Work includes teaching English to young children, helping to build schools and hospitals, and helping rainforest conservation. See our website for details.



# Reading Exam 10

## Part 2

Read the text. For questions 6–15, write one word in each gap, using words from the box. There are three words you do not need. 0 is the example.

### EOI Topic: Science and technology

See: English File 5th edition A1/A2  
File 3A  
English File 5th edition A2/B1  
Files 10C, 11C

about because but do everybody ~~look~~ our spend than too when which while who

### Fake photos

We've all done it, changed photos so that they <sup>0</sup> look better on social media. Maybe we've removed a stranger from a holiday picture, or reduced the amount of sky. Maybe we've changed the background, or the colour of <sup>6</sup> \_\_\_\_\_ clothes, or even added an object or a person from another photo. All of this is easy to <sup>7</sup> \_\_\_\_\_ with today's computer software. Yet many people think correcting or editing photos is a bad thing, especially when it is done by the media.



In fact, editing photos is nothing new. In the days <sup>8</sup> \_\_\_\_\_ there were no computers, people edited photos by hand. Photographers used ink and paint or different equipment to make parts of a photo lighter or darker. They made photos bigger or smaller, or put more <sup>9</sup> \_\_\_\_\_ one image from different photos together. Then came digital cameras. The earliest was created by Kodak in 1975. Soon <sup>10</sup> \_\_\_\_\_ bought them and things became a lot easier.

Today, the market for photo-editing software is huge. Ordinary people love it and editors and artists see it as progress. So is it really a problem when we all know that editors <sup>11</sup> \_\_\_\_\_ time changing images online and in print? Celebrities always look great. They have incredible hair and perfect make-up. They wear amazing clothes. If we know this, does it matter? The argument is that there are some people <sup>12</sup> \_\_\_\_\_ don't understand. They look at perfect images and think they are real. Then they feel bad about themselves.

There is another negative side to changing photos. Sometimes people use these images to present false or fake ideas about celebrities and politicians. And what <sup>13</sup> \_\_\_\_\_ videos which show people saying things they have never said? These kinds of videos are often used for entertainment in films and music videos, <sup>14</sup> \_\_\_\_\_ sometimes they are used in negative ways. In some videos, for example, politicians appear to say things they didn't actually say.

If you understand what to look for, it's usually possible to know when something is fake. The person's teeth or hair may look wrong, or they may be blinking <sup>15</sup> \_\_\_\_\_ much. But not everyone realises this. The question is ... Has editing photos and videos gone too far?

Question	0	6	7	8	9	10	11	12	13	14	15
Answer	look										
	✓										
Total											10

# Reading Exam 10

## Part 3

Read the text about a film festival. For gaps 16–20, choose the correct sentence from options A–G. There is one sentence you do not need. 0 is the example.

### EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A

### The Sundance Film Festival

The Sundance Film Festival is one of the most exciting film festivals in the world today. It was originally set up in the USA in 1978 by Sterling Van Wagenen, John Earle, and Hollywood star Robert Redford. First they called the festival the Utah Film Festival. <sup>0</sup> C They called it Sundance, which is part of the title of one of Robert Redford's films.

Today the festival is one of the five biggest film events in the world along with Cannes, Venice, Berlin, and Toronto. <sup>16</sup> \_\_\_\_\_ Thousands of people go every year to watch some really incredible films.

When the festival began, the aim was to get more people to come to Utah to talk about American films. At first, the organisers held the festival in September, in Salt Lake City. <sup>17</sup> \_\_\_\_\_ They also changed the location to Park City, which is a ski resort. They wanted to create something completely different from Hollywood and they were successful. Sundance became the only festival that took place in winter at a ski resort.

Since it began, the festival has shown hundreds of films. Many of these films have been hits and many film directors have become famous, including Quentin Tarantino. <sup>18</sup> \_\_\_\_\_ These are presented to directors and film makers for documentaries, full length films, and short films.

If you love watching films and want to go to the festival but don't live near Utah, there are now Sundance Festivals in other parts of the world. <sup>19</sup> \_\_\_\_\_ You can also buy tickets and watch many of the films online.

So if you dream of being a film maker, why not send in your work? One of the great things about the festival is that anyone can do this. <sup>20</sup> \_\_\_\_\_ In fact, thousands and thousands of film makers send in their films every year which means of course that the competition is very high. Still, if you want to be the next Greta Gerwig or Christopher Nolan, you have to try!



- A The festival is less popular than it was before.
- B The festival also holds competitions and gives out many awards and prizes.
- C Then the organisers decided to change its name.
- D These places include London and Hong Kong.
- E It is also the largest independent film festival in the USA.
- F Then, in 1981, they decided to move the date to January.
- G You don't have to be a well-known film maker already.

Question	0	16	17	18	19	20
Answer	C					
	✓					
Total						5

	PART 1	PART 2	PART 3
Points			
Total score			/20

# Writing Exams Overview

Writing Exam		Task Type	EOI Topic
Writing Practice		Replying to an email	Health and physical care (Writing Exam 3 – Part 2)
1	Part 1	Writing a story about a picture	Human and social relationships
	Part 2	Replying to an email	Travel and vacations
2	Part 1	Replying to an email	Science and technology
	Part 2	Writing a blog post	Language and communication
3	Part 1	Describing a picture	Housing, home and environment
	Part 2	Replying to an email	Health and physical care
4	Part 1	Completing an email	Travel and vacations
	Part 2	Writing a blog post	Jobs and occupations
5	Part 1	Writing a story about a picture	Transport, goods and services
	Part 2	Replying to a text message	Food and catering
6	Part 1	Completing an application form	Personal identification
	Part 2	Writing a blog post	Education and studying
7	Part 1	Describing a picture	Weather and the environment
	Part 2	Replying to an email	Daily life activities
8	Part 1	Writing an informal message	Housing, home and environment
	Part 2	Writing a film review	Free time and leisure activities
9	Part 1	Writing a story about a picture	Shopping and commercial activities
	Part 2	Replying to an email	Free time and leisure activities
10	Part 1	Replying to an email	Food and catering
	Part 2	Writing a short article	Family and friends

# Writing Practice

## Exam Tip: replying to an email

### Writing Exam 3 – Part 2

- Read the exam instructions and the email carefully. Who are you going to write to? Why?
- Decide if your email will be formal or informal.
- Check how many words you are allowed to use.
- Plan your email. Write notes for each paragraph.
- Think about grammar: which structures can you use to give advice or make suggestions?
- Think about how you will start and finish the email.

## EXAM TASK

# Writing Exam

## Part 2

You receive the following email from a friend. Reply to the email, giving Chris some advice about activities he can do that are good for his health. Write 80–100 words.

**New message** ● ● ●

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To \_\_\_\_\_

Subject \_\_\_\_\_

Hi Sophie,  
I'm looking forward to seeing you on Friday. I need you to give me some advice. I've just joined a health club and want to get fit. I know you're in good shape, so can you give me some ideas about what I can do to improve my fitness? I'm sure you can help.

Thanks,  
Chris

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SEND

# Writing Practice

## Tips

1 Read the exam task and the statements below. Decide if the statements are T (true) or F (false).

- 1 You don't know the person you are writing to well. \_\_\_\_\_
- 2 The person you are writing to wants some advice. \_\_\_\_\_
- 3 The topic of the email is holiday plans. \_\_\_\_\_
- 4 You should write about exercise. \_\_\_\_\_
- 5 You should write more than 60 words. \_\_\_\_\_

2 Write notes in the table for the paragraphs in your email.

Paragraph 1	Paragraph 2	Paragraph 3
good he has joined a health club		

3 Read the sentences and phrases. Decide where you can put them in your email: at the beginning, in the middle, or at the end.

- 1 See you soon, \_\_\_\_\_
- 2 Here's some advice about getting fit. \_\_\_\_\_
- 3 Thanks for your email. \_\_\_\_\_
- 4 First, you could take up... \_\_\_\_\_
- 5 Hi Chris, \_\_\_\_\_
- 6 I hope that's helpful. \_\_\_\_\_

4 The phrases below relate to advice and suggestions. Match the beginnings of the sentences in column A with the endings in column B.

A	B
1 You could...	a you come swimming with me some time?
2 My advice is...	b to do different types of exercise.
3 I think...	c do some yoga or Pilates classes.
4 How about...	d you should try running or cycling.
5 Why don't...	e taking up a new sport?

5 Decide if the sentences below are formal or informal.

- 1 Don't try to do too much at first. \_\_\_\_\_
- 2 It is important to have some specific goals. \_\_\_\_\_
- 3 Have a good combination of exercises in your workout. \_\_\_\_\_
- 4 You've got to be patient! \_\_\_\_\_
- 5 I would strongly advise you to make a plan. \_\_\_\_\_
- 6 Running's brilliant! Try it! \_\_\_\_\_

6 Now complete WRITING EXAM 3 – Part 2.

# Writing Exam 1

## Part 1

Look at the picture below which shows a children's party. Write a story about the picture, using the words in the 'Words to use' box. You **MUST** use all four words. Write 80–100 words.

**EOI Topic: Human and social relationships**

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C

### Words to use

Lucy birthday friends cake




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---



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# Writing Exam 4

## Part 1

You and your friend are visiting London next month and you have booked two rooms in a hotel. Complete your email below to the hotel manager. Write only ONE word in each gap. 0 is the example.

### EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C



### New message

To \_\_\_\_\_

Subject \_\_\_\_\_

0 Dear Mr Mann,

I booked two single rooms on your website this morning for myself and my friend Juan Martí for <sup>1</sup> \_\_\_\_\_ nights. We arrive on 18th August and leave on 22nd.

We <sup>2</sup> \_\_\_\_\_ arriving at Heathrow Airport <sup>3</sup> \_\_\_\_\_ around 11 a.m.

Can you tell us the quickest way to get <sup>4</sup> \_\_\_\_\_ the airport to your hotel, please?

We <sup>5</sup> \_\_\_\_\_ like to have lunch at the hotel on the <sup>6</sup> \_\_\_\_\_ we arrive. I am a vegetarian; can you <sup>7</sup> \_\_\_\_\_ any suitable dishes?

We look forward to <sup>8</sup> \_\_\_\_\_ you.

Best wishes,

Soledad Alvarez



SEND





# Writing Exam 5

## Part 2

You have received this message from your American friend.

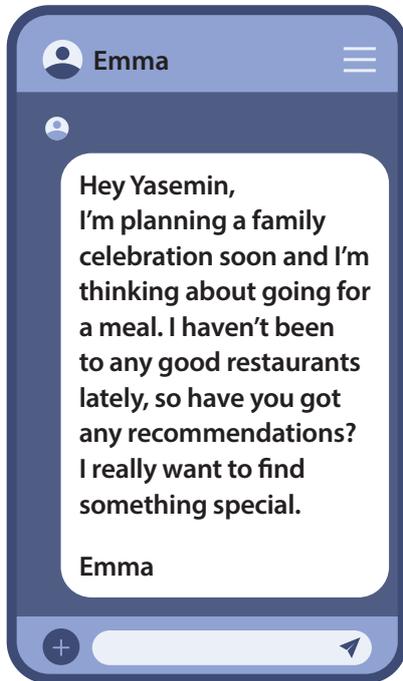
### EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

Files 5C



Reply to Emma's message, including the following points:

- describe a restaurant you know
- talk about your experience
- say why you recommend it

Write 80–100 words.

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		12
Total		20

# Writing Exam 6

## Part 1

You receive the following email from a sports camp you have applied for a job with.

### EOI Topic: Personal identification

See: English File 5th edition A1/A2

Files 1B, 2B, 5B, 6A, 8B

English File 5th edition A2/B1

Files 1B, 9B

New message
● ● ●

To \_\_\_\_\_

Subject \_\_\_\_\_

**Thank you for your application for sports assistant at our summer camp. Please could you complete the form describing your qualities, skills, and interests.**

Kind regards,

**Peter Smith**

🗑️ 🖼️ 📄 📎
SEND



Complete the form they have sent you. Write 80–100 words.

#### APPLICATION FOR SPORTS ASSISTANT

Name: \_\_\_\_\_

Qualities: \_\_\_\_\_

Skills: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Interests: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_







# Writing Exam 8

## Part 1

You see the following advert for a flat to rent in your area.

**EOI Topic: Housing, home and environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

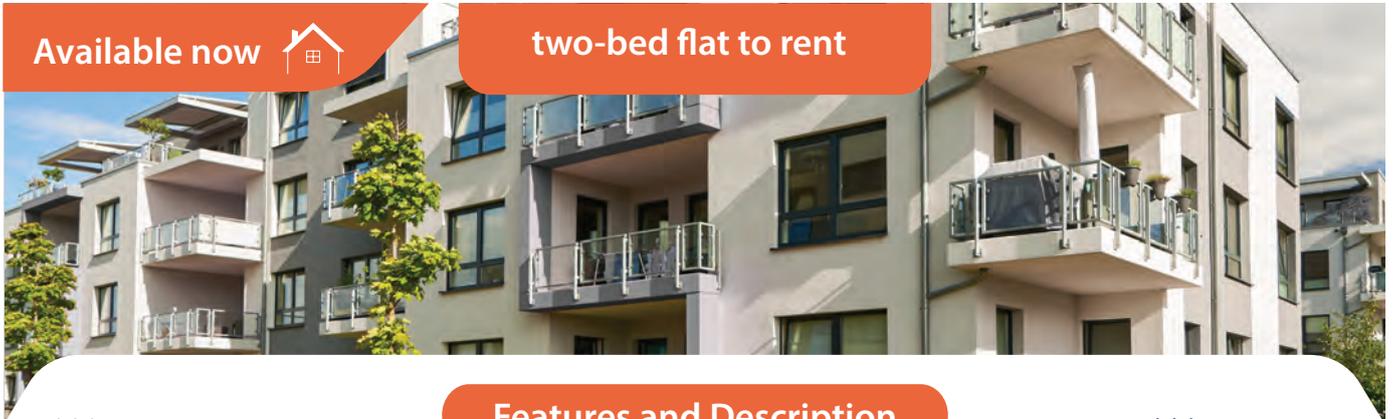
English File 5th edition A2/B1

Files 4A, 5B

Available now



two-bed flat to rent



### Features and Description

- Two double bedrooms
- Open plan living room / kitchen with wood flooring
- Main family bathroom and en-suite shower room
- Parking for one car



Call agent for further information and a viewing



Write a message to a friend who is looking for somewhere to live, including the following points:

- say where you saw the advert
- describe the flat
- say why you think it's a good choice

Write 80–100 words.

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# Writing Exam 10

## Part 2

Your local school would like parents, teachers, and children to write articles for their website describing modern family life.

### EOI Topic: Family and friends

See: English File 5th edition A1/A2

Files 4A, 8B, 9A

English File 5th edition A2/B1

Files 7B

Write your article, including the following:

- the role of marriage
- the roles of men / women
- single parents / blended families

Write 100–120 words.

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Total		20

# Speaking Exams Overview

Speaking Exam		Task Type	EOI topic
Speaking Practice		Short description and answering questions	Shopping and commercial activities; Transport, goods and services (Speaking Exam 3)
1	Part 1 – A	Short description and answering questions	Daily life activities
	Part 1 – B	Short description and answering questions	Travel and vacations
	Part 2	Asking and answering questions	Science and technology
2	Part 1 – A	Short presentation	Free time and leisure activities
	Part 1 – B	Short presentation	Housing, home and environment
	Part 2	Discussion	Human and social relationships
3	Part 1 – A	Short description and answering questions	Shopping and commercial activities
	Part 1 – B	Short description and answering questions	Food and catering
	Part 2	Discussion	Transport, goods and services
4	Part 1 – A	Short presentation	Weather and the environment
	Part 1 – B	Short presentation	Jobs and occupations
	Part 2	Discussion	Travel and vacations
5	Part 1 – A	Short description and answering questions	Education and studying
	Part 1 – B	Short description and answering questions	Language and communication
	Part 2	Asking and answering questions	Human and social relationships
6	Part 1 – A	Short presentation	Science and technology
	Part 1 – B	Short presentation	Family and friends
	Part 2	Discussion	Free time and leisure activities
7	Part 1 – A	Short description and answering questions	Health and physical care
	Part 1 – B	Short description and answering questions	Transport, goods and services
	Part 2	Discussion	Family and friends
8	Part 1 – A	Short presentation	Food and catering
	Part 1 – B	Short presentation	Housing, home and environment
	Part 2	Discussion	Shopping and commercial activities
9	Part 1 – A	Short description and answering questions	Jobs and occupations
	Part 1 – B	Short description and answering questions	Daily life activities
	Part 2	Discussion	Health and physical care
10	Part 1 – A	Short presentation	Shopping and commercial activities
	Part 1 – B	Short presentation	Weather and the environment
	Part 2	Discussion	Food and catering



# Speaking Exams Examiner Instructions

Introduce yourself and ask the students their names.

Give the Speaking Exam paper to Students A and B and give them a minute to look at the tasks.

## Part 1 (about 4 minutes)

Begin with Student A. Ask them to look at the photo and describe what they can see.

When Student A is finished, ask the three questions.

Then repeat Part 1 with Student B.

## Part 2 (about 5 minutes)

Tell Students A and B that in this part they will talk to each other. Ask them to read the task and then to begin.

In the exams where Students A and B ask each other questions, ask Student A to ask Student B their first question, and then after responding, Student B asks Student A their first question. They continue in the same sequence for questions 2 and 3.

When they have finished (or when they have used all their time), tell them the exam is over.

# Speaking Practice

**Exam Tip:** talking about a photo and answering questions

Speaking Exam 3 – Part 1

- Read the exam instructions and look at the photograph carefully.
- Think of key words and expressions to help you describe or give an opinion about the photograph.
- Identify the topic and think of ideas to answer the questions.
- Talk to the examiner.

## EXAM TASK

# Speaking Exam 3

## Part 1

1 Would you like to shop at a market like this? Why (not)?



2 Answer the exam questions below.

- 1 Have your shopping habits changed in recent years? How?
- 2 Do you ever buy or sell items online? Why (not)?
- 3 What are your favourite kinds of shops? Why?
- 4 Describe a recent shopping trip.

# Speaking Practice

## Tips

### 1 Look at the photo in the exam task and answer the questions.

- 1 What kind of market do you think this is?
- 2 What are the two young women looking at?
- 3 What else do you think this market sells?

### 2 Read the statements. Do you agree with them? Write Yes or No.

- 1 I often go shopping in markets because I think they're interesting. \_\_\_\_\_
- 2 I prefer buying second-hand clothes to buying new clothes. \_\_\_\_\_
- 3 In my opinion, people buy too many new clothes. \_\_\_\_\_
- 4 I don't like the idea of buying second-hand clothes. \_\_\_\_\_
- 5 I think shopping centres are better than markets. \_\_\_\_\_

### 3 Complete these statements about shopping in markets to make them true for you.

- 1 I think shopping in markets is ...
- 2 I don't think ...
- 3 In my opinion ...
- 4 I prefer ...

### 4 Match the exam questions 1–4 which follow the photo with the example answers a–h below. There are TWO answers for each question.

- a My favourite day out is a trip to a shopping centre with my friends. \_\_\_\_\_
- b These days I buy fewer, better-quality items because that's better for the environment. \_\_\_\_\_
- c I think it's a good idea to make a little money from selling your old clothes. \_\_\_\_\_
- d I visited a department store and bought a bottle of perfume for my mum. \_\_\_\_\_
- e Last weekend, I went to a second-hand market, but I didn't buy anything. \_\_\_\_\_
- f I used to buy a lot of clothes because I was very interested in fashion. \_\_\_\_\_
- g I prefer buying my clothes in shops, but I'm happy to get other things from websites. \_\_\_\_\_
- h I love visiting small boutiques because the clothes are more unusual. \_\_\_\_\_

### 5 Remember to try to expand your answers. One way of doing this is to give a reason for your answer. Complete the sentences, giving a reason for each statement.

- 1 I don't spend a lot of money on clothes because...
- 2 My friends sell items online because...
- 3 We go to food markets because...
- 4 I avoid shopping centres because...

# Speaking Practice

**Exam Tip:** discussion

Speaking Exam 3 – Part 2

- Read the exam instructions carefully and make sure you understand what you have to do.
- Look at your partner when you're talking to them, and not at the examiner.
- Don't just say what you think; try to explain why you think that way, too.
- Take it in turns with your partner to speak.
- Discuss ALL the options before you decide what to do.

## EXAM TASK

# Speaking Exam 3

## Part 2



What do you think of the transport in your city or town? Discuss with your partner the best kind of transport to take from the city for a day out.

You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

# Speaking Practice

## Tips

**6 Read the instructions to part 2 of the exam task and answer the questions quickly.**

- 1 What is the topic of the discussion?
- 2 What is the purpose of the discussion?
- 3 Which transport options can you think of to make a choice from?

**7 Put these useful expressions under the appropriate headings.**

	Starting and finishing	Asking for and giving opinions	Agreeing and disagreeing
What do you think about...?			
What's your opinion of...?			
I disagree.			
How about...?			
I think...because...			
In my opinion...			
Do you agree?			
First, what are the options...?			
Let's begin with...			
Let's decide which...			
I don't think so.			
Neither do I.			
Me too.			
I don't like...because...			

**8 Complete the sentences below with your own ideas.**

- 1 I think we should travel by...because...
- 2 I don't think we should travel by...because...
- 3 I think...is a good idea because...
- 4 I don't want to...because...
- 5 Do you think...is a good idea?

**9 Now complete SPEAKING EXAM 3.**

# Speaking Exam 1

## Student A

### Task 1: Monologue

#### 1 What can you see in this photo?

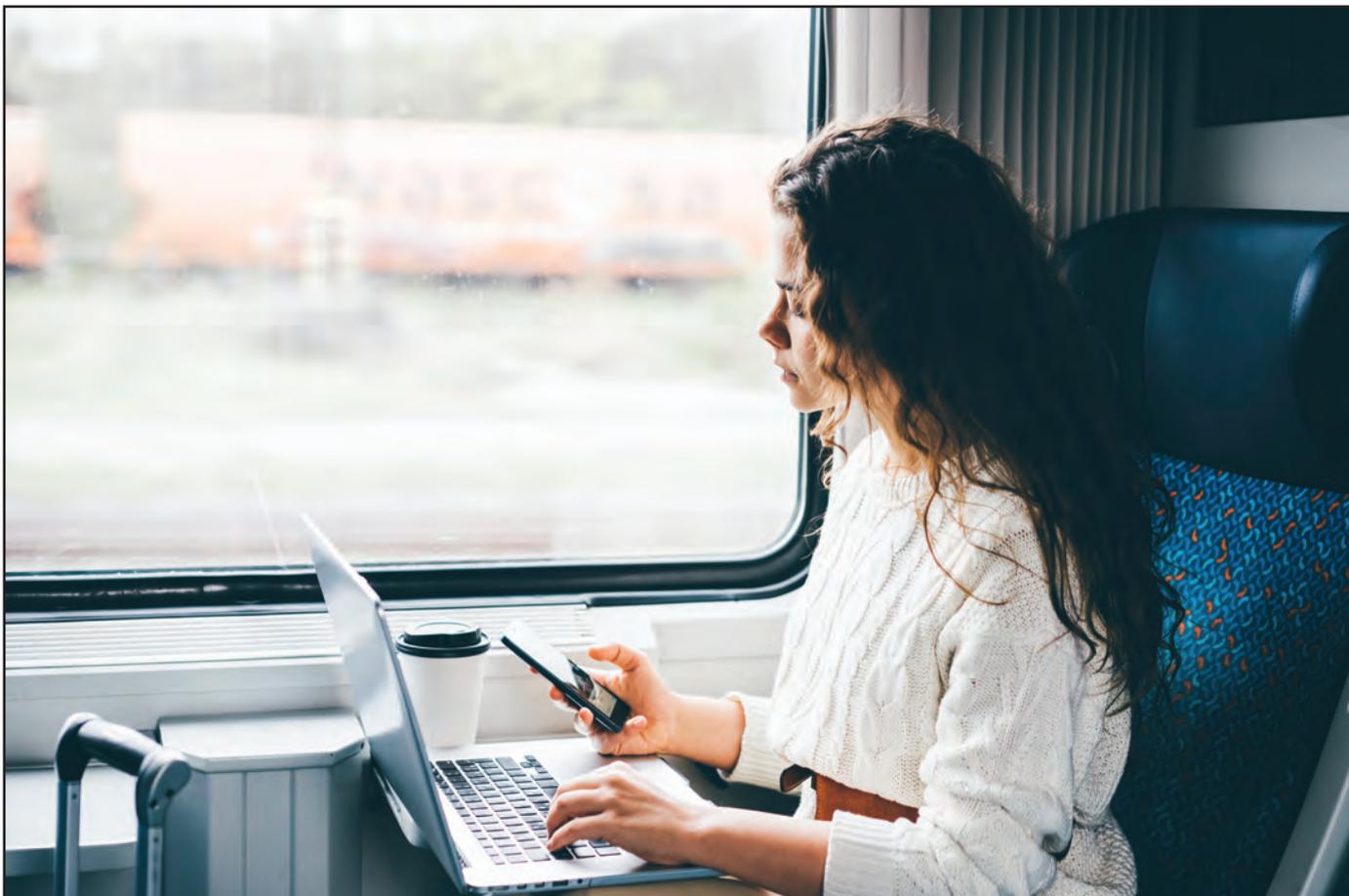
#### EOI Topic: Daily life activities

See: English File 5th edition A1/A2

Files 1A, 2B, 5A, 6B, 7A, 8B, 11B

English File 5th edition A2/B1

Files 4A, 4B



	4
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#### 2 Answer the questions below.

- What is your usual morning routine?
- How is your routine different on Saturdays and Sundays?
- What was your routine like five years ago? How has it changed?
- Describe a day you really enjoyed recently.

	6
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# Speaking Exam 1

## Task 2: Interaction

Ask Student B the questions below and answer the questions Student B asks you.

- How often do you change your phone? Give details.
- Which technological device could you NOT live without? Why?
- Do you prefer making phone calls or sending messages? Why?

### EOI Topic: Science and technology

See: English File 5th edition A1/A2

File 3A

English File 5th edition A2/B1

Files 10C, 11C



	10
Total	20

# Speaking Exam 1

## Student B

### Task 1: Monologue

#### EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C

#### 1 What can you see in this photo?



	4
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#### 2 Answer the questions below.

- What is your favourite place to go on holiday? Why?
- Which holiday activities do you like best? Why?
- Describe a holiday you really enjoyed recently.
- Where would you like to visit next? Why?

	6
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# Speaking Exam 1

## Task 2: Interaction

Ask Student A the questions below and answer the questions Student A asks you.

- Which device could you easily live without? Why?
- How much time do you spend on social media?
- Do you prefer playing games or watching films on your phone or tablet? Why?

### EOI Topic: Science and technology

See: English File 5th edition A1/A2

File 3A

English File 5th edition A2/B1

Files 10C, 11C



	10
Total	20

# Speaking Exam 2

## Student A

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

#### EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A



You are going to talk about an activity you enjoy. Think about:

- type of activity
- when / how often
- where
- who with
- reason for enjoyment

You have one minute to prepare.

# Speaking Exam 2

## Task 2: Interaction

You and your friends are planning a night out to celebrate finishing your English exams. Talk to your partner about the different possibilities for a night out.

### EOI Topic: Human and social relationships

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 2

## Student B

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

**EOI Topic: Housing, home and environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

English File 5th edition A2/B1

Files 4A, 5B



**You are going to talk about where you live. Think about:**

- type of home
- size / number of rooms / other features
- neighbourhood
- what you like / don't like about it
- your ideal home and neighbourhood

**You have one minute to prepare.**

# Speaking Exam 2

## Task 2: Interaction

You and your friends are planning a night out to celebrate finishing your English exams. Talk to your partner about the different possibilities for a night out.

### EOI Topic: Human and social relationships

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 3

## Student A

### Task 1: Monologue

- 1 Would you like to shop at a market like this?  
Why (not)?

**EOI Topic: Shopping and commercial activities**

See: English File 5th edition A1/A2  
Files 6A, 11A  
English File 5th edition A2/B1  
File 4B



	4
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2 Answer the questions below.

- Have your shopping habits changed in recent years? How?
- Do you ever buy or sell items online? Why (not)?
- What are your favourite kinds of shops? Why?
- Describe a recent shopping trip.

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# Speaking Exam 3

## Task 2: Interaction

What do you think of the transport in your city or town?  
Discuss with your partner the best kind of transport to take from the city for a day out.

### EOI Topic: Transport, goods and services

See: English File 5th edition A1/A2

Files 7B, 10B, 10C

English File 5th edition A2/B1

File 4B



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 3

## Student B

### Task 1: Monologue

#### 1 Would you like to work in a restaurant? Why (not)?

**EOI Topic: Food and catering**

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C



	4
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#### 2 Answer the questions below.

- Would you like to work as a chef? Why (not)?
- What kind of restaurants do you like best? Why?
- What food would you cook for a friend? Why?
- Describe your favourite meal.

	6
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# Speaking Exam 3

## Task 2: Interaction

What do you think of the transport in your city or town?  
Discuss with your partner the best kind of transport to take from the city for a day out.

**EOI Topic: Transport, goods and services**

See: English File 5th edition A1/A2

Files 7B, 10B, 10C

English File 5th edition A2/B1

File 4B



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 4

## Student A

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

#### EOI Topic: Weather and the environment

See: English File 5th edition A1/A2

Files 5C, 10A, 11A

English File 5th edition A2/B1

Files 2A, 5B



**You are going to talk about climate. Think about:**

- weather today
- climate in your country
- favourite / least favourite weather
- ideal climate
- climate change

**You have one minute to prepare.**

# Speaking Exam 4

## Task 2: Interaction

You would like to go on holiday with your friend. Talk to your partner about the type of holidays in the photos and decide where you want to go.

### EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 4

## Student B

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

**EOI Topic: Jobs and occupations**

See: English File 5th edition A1/A2

Files 4A, 4B

English File 5th edition A2/B1

Files 7A, 9C



**You are going to talk about your ideal job. Think about:**

- job title
- location
- benefits
- hours
- pay

**You have one minute to prepare.**

# Speaking Exam 4

## Task 2: Interaction

You would like to go on holiday with your friend. Talk to your partner about the type of holidays in the photos and decide where you want to go.

### EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 5

## Student A

### Task 1: Monologue

- 1 What do you like or dislike about the classroom in the photo? Is it similar to yours?

#### EOI Topic: Education and studying

See: English File 5th edition A1/A2

Files 2B, 6A

English File 5th edition A2/B1

Files 7A, 7C, 9C, 11A



4

2 Answer the questions below.

- What are your favourite subjects?
- Would you like to work in a school or university? Why (not)?
- How do you feel about exams?
- What is your best / worst memory of school?

6

# Speaking Exam 5

## Task 2: Interaction

Ask Student B the questions below and answer the questions Student B asks you.

- Describe the people in your family.
- How much time do you spend with your family?
- Talk about a recent family celebration.

### EOI Topic: Human and social relationships

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C



	10
Total	20

# Speaking Exam 5

## Student B

### Task 1: Monologue

**EOI Topic: Language and communication**

See: English File 5th edition A1/A2

Files 2B, 5B, 6A

English File 5th edition A2/B1

Files 7C, 9C, 12B

#### 1 What can you see in this photo?



	4
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#### 2 Answer the questions below.

- Why do you think it's a good idea to learn a foreign language?
- Would you like to live in a foreign country? Why (not)?
- Would you like to learn a new language? Which one?
- Do you think people should learn sign language? Why (not)?

	6
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# Speaking Exam 5

## Task 2: Interaction

Ask Student A the questions below and answer the questions Student A asks you.

- What are the advantages / disadvantages of having a large family?
- Who in your family do you spend most time with?
- Describe a recent family meal.

### EOI Topic: Human and social relations

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C



	10
Total	20

# Speaking Exam 6

## Student A

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

#### EOI Topic: Science and technology

See: English File 5th edition A1/A2

File 3A

English File 5th edition A2/B1

Files 10C, 11C



You are going to talk about your social media habits. Think about:

- which platforms
- how often
- type of activity
- likes and dislikes
- reason for opinion

You have one minute to prepare.

# Speaking Exam 6

## Task 2: Interaction

You and Student B want to watch a film tonight. Talk to your partner to decide what you want to see.

### EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A

### *Oppenheimer*

Genre: Serious thriller about J. Robert Oppenheimer who helped develop nuclear weapons

Location: Home via TV streaming service

When: Saturday afternoon

Time: Three hours

Cost: Free as part of your subscription

### *Deadpool & Wolverine*

Genre: Superhero film based on Marvel comics

Location: Cinema

When: Friday evening 7 p.m.

Time: Three hours

Cost: 15 euros

### *Frida*

Genre: biographical film about the artist Frida Kahlo

Location: Film Festival

When: Sunday evening

Time: One hour thirty minutes

Cost: 18 euros



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 6

## Student B

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

#### EOI Topic: Family and friends

See: English File 5th edition A1/A2

Files 4A, 8B, 9A

English File 5th edition A2/B1

File 7B



**You are going to talk about a good friend. Think about:**

- personal details
- physical description
- personality
- interests
- why they are a good friend

**You have one minute to prepare.**

# Speaking Exam 6

## Task 2: Interaction

You and Student A want to watch a film tonight. Talk to your partner to decide what you want to see.

### EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A

### *Oppenheimer*

Genre: Serious thriller about J. Robert Oppenheimer who helped develop nuclear weapons

Location: Home via TV streaming service

When: Saturday afternoon

Time: Three hours

Cost: Free as part of your subscription

### *Deadpool & Wolverine*

Genre: Superhero film based on Marvel comics

Location: Cinema

When: Friday evening 7 p.m.

Time: Three hours

Cost: 15 euros

### *Frida*

Genre: biographical film about the artist Frida Kahlo

Location: Film Festival

When: Sunday evening

Time: One hour thirty minutes

Cost: 18 euros



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 7

## Student A

### Task 1: Monologue

- 1 Would you like to go to a place like the one in the photo? Why (not)?

EOI Topic: Health and physical care

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B



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- 2 Answer the questions below.

- What kind of exercise do you do?
- Do you have a healthy diet? What do you eat?
- How can you improve your health?
- Describe a sport you enjoy.

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# Speaking Exam 7

## Task 2: Interaction

You are planning to go out for the evening with your friends. Talk to your partner about the two possibilities in the photos. Which do you decide to do?

### EOI Topic: Family and friends

See: English File 5th edition A1/A2

Files 4A, 8B, 9A

English File 5th edition A2/B1

File 7B



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 7

## Student B

### Task 1: Monologue

- 1 Would you like to go to a place like the one in the photo? Why (not)?

EOI Topic: Transport, goods, and services

See: English File 5th edition A1/A2

Files 7B, 10B, 10C

English File 5th edition A2/B1

File 4B



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2 Answer the questions below.

- Do you enjoy travelling by boat? Why (not)?
- Which is better: planes or trains? Why?
- Do you own a car? Why (not)?
- What form of transport is best for the environment? Why?

	6
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# Speaking Exam 7

## Task 2: Interaction

You are planning to go out for the evening with your friends. Talk to your partner about the two possibilities in the photos. Which do you decide to do?

### EOI Topic: Family and friends

See: English File 5th edition A1/A2

Files 4A, 8B, 9A

English File 5th edition A2/B1

File 7B



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 8

## Student A

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

**EOI Topic: Food and catering**

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C



You are going to talk about the food you eat. Think about:

- your favourite dish
- food from around the world
- food festivals
- cooking
- fast food versus healthy food

You have one minute to prepare.

# Speaking Exam 8

## Task 2: Interaction

Your friend is moving to South America and you would like to buy them a goodbye present. Talk to your partner about the different possibilities for a present.

**EOI Topic: Shopping and commercial activities**

See: English File 5th edition A1/A2

Files 6A, 11A

English File 5th edition A2/B1

File 4B



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 8

## Student B

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

**EOI Topic: Housing, home and environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

English File 5th edition A2/B1

Files 4A, 5B



**You are going to talk about your ideal place to live. Think about:**

- type of place
- location
- weather
- work
- leisure activities

**You have one minute to prepare.**

# Speaking Exam 8

## Task 2: Interaction

Your friend is moving to South America and you would like to buy them a goodbye present. Talk to your partner about the different possibilities for a present.

**EOI Topic: Shopping and commercial activities**

See: English File 5th edition A1/A2

Files 6A, 11A

English File 5th edition A2/B1

File 4B



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 9

## Student A

### Task 1: Monologue

#### 1 What do you think it would be like to be a farmer?

**EOI Topic: Jobs and occupations**

See: English File 5th edition A1/A2

Files 4A, 4B

English File 5th edition A2/B1

Files 7A, 9C



	4
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#### 2 Answer the questions below.

- Would you like to have a physical job?
- What is the most important thing in a job?
- Which jobs are paid too much / little?
- Describe your ideal job.

	6
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# Speaking Exam 9

## Task 2: Interaction

You are taking a healthy packed lunch to your friend who doesn't feel well. Look at the photos. Discuss with your partner which one to take.

### EOI Topic: Health and physical care

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 9

## Student B

### Task 1: Monologue

- 1 Where do you think these people are? How do they feel?

#### EOI Topic: Daily life activities

See: English File 5th edition A1/A2

Files 1A, 2B, 5A, 6B, 7A, 8B, 11B

English File 5th edition A2/B1

Files 4A, 4B



4

- 2 Answer the questions below.

- What do you usually do at lunchtime?
- How often do you go out in the evening?
- Do you prefer to do activities or to relax at the weekend? Why?
- How much sleep do you try to get? Why?

6

# Speaking Exam 9

## Task 2: Interaction

You are taking a healthy packed lunch to your friend who doesn't feel well. Look at the photos. Discuss with your partner which one to take.

### EOI Topic: Health and physical care

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B



You have one minute to think about what you want to say. Talk to your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 10

## Student A

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

**EOI Topic: Shopping and commercial activities**

See: English File 5th edition A1/A2

Files 6A, 11A

English File 5th edition A2/B1

File 4B



**You are going to talk about food shopping habits. Think about:**

- your favourite food shops
- shopping for food online
- fast food shops in your neighbourhood
- eating out
- likes / dislikes

**You have one minute to prepare.**

# Speaking Exam 10

## Task 2: Interaction

You and Student B want to eat together tonight. Talk to your partner to decide where to go.

### EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C




**A Taste of Mexico**

  
 Famous for fine Mexican dining


 Centre of town
 

Cost per person **€40**

**Chicken Express**

  
 Spicy chicken and chips

Five-minute walk from home


 Cost per person **€15**

**A Touch of Spice**

  
 Food from Asia


 20-minute drive away

Cost per person **€25**

You have one minute to think about what you want to say. Talk with your partner for 3–4 minutes.

	10
Total	20

# Speaking Exam 10

## Student B

### Task 1: Monologue

Preparation time: 1 minute

Speaking time: 2 minutes

#### EOI Topic: Weather and the environment

See: English File 5th edition A1/A2

Files 5C, 10A, 11A

English File 5th edition A2/B1

Files 2A, 5B



You are going to talk about a visit to the countryside. Think about:

- name of place
- the environment
- the weather
- things to do
- likes / dislikes

You have one minute to prepare.

# Speaking Exam 10

## Task 2: Interaction

You and Student A want to eat together tonight. Talk to your partner to decide where to go.

### EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C



 A Taste of **Mexico**   
Famous for fine Mexican dining  
 Centre of town   
Cost per person **€40**

**Chicken Express**   
Spicy chicken and chips  
Five-minute walk from home  
Cost per person **€15**

**A Touch of Spice**   
Food from Asia  
 20-minute drive away  
Cost per person **€25**

You have one minute to think about what you want to say. Talk with your partner for 3–4 minutes.

	10
Total	20

# Listening Exams Overview

Listening Exam		Task Type	EOI Topic
Listening Practice		Multiple choice	Free time and leisure activities (Listening Exam 1 – Part 1)
1	Part 1	Multiple choice	Free time and leisure activities
	Part 2	True or False	Travel and vacations
	Part 3	Sentence completion	Shopping and commercial activities
2	Part 1	Matching	Travel and vacations
	Part 2	Multiple choice	Free time and leisure activities
	Part 3	Notes completion	Food and catering
3	Part 1	Matching	Daily life activities
	Part 2	True or False	Free time and leisure activities
	Part 3	Sentence completion	Transport, goods and services
4	Part 1	Multiple choice	Housing, home and environment
	Part 2	Matching	Travel and vacations
	Part 3	Sentence completion	Weather and the environment
5	Part 1	Multiple choice	Food and catering
	Part 2	Multiple choice	Jobs and occupations
	Part 3	Matching	Health and physical care
6	Part 1	Multiple choice	Language and communication
	Part 2	Multiple choice	Language and communication
	Part 3	Notes completion	Education and studying
7	Part 1	Multiple choice	Daily life activities
	Part 2	Matching	Housing, home and environment
	Part 3	Sentence completion	Shopping and commercial activities
8	Part 1	Multiple choice	Free time and leisure activities
	Part 2	Matching	Education and studying
	Part 3	Sentence completion	Travel and vacations
9	Part 1	Multiple choice	Education and studying
	Part 2	Matching	Daily life activities
	Part 3	Matching	Science and technology
10	Part 1	Multiple choice	Free time and leisure activities
	Part 2	Matching	Daily life activities
	Part 3	Sentence completion	Jobs and occupations

# Listening Practice

**Exam Tip:** answering multiple-choice questions

## Listening Exam 1 – Part 1

- Read the exam instructions and questions carefully to make sure you understand what the recording is about.
- Read the multiple-choice questions again. Predict words and expressions which you might hear for each option. Make notes.
- Listen carefully. You may hear synonyms or similar phrases that will help you match information with one of the options.
- The questions will be in the same order as the recording.

## EXAM TASK

# Listening Exam

## Part 1

**1.1** You will hear some extracts from a radio show giving recommendations for what's on this summer. For questions 1–5, choose the correct answer (a, b, or c). 0 is the example.

- 0 What kind of food is this a recommendation for?  
a home-cooked food      b fast food       c restaurant food
- 1 What kind of entertainment is this a recommendation for?  
a theatre                      b art                      c music
- 2 What is this a recommendation for?  
a a photography competition  
b a painting competition  
c a travel competition
- 3 What kind of market is this a recommendation for?  
a a second-hand market  
b a food market  
c a flower market
- 4 What is the speaker recommending about this café?  
a the food  
b the service  
c the design
- 5 What type of service is this a recommendation for?  
a tickets for live events  
b cheap flights abroad  
c banking options

# Listening Practice

## Tips

**1 Read the instructions in the exam task and answer the questions below.**

- a What is the main topic of the recording?
- b What is the topic of each option?

**2 The words and phrases in the box are from the example audio in the exam task. Answer the questions.**

book yourself a table   don't just consider grabbing a sandwich or a takeaway  
eating out   sit down and enjoy our food properly

1 Which phrases tell us the answer is c?

---



---



---

2 Which phrase tells us the answer is not a or b?

---

**3 Match the words and phrases in the boxes to the options in the questions 1–3 in the exam task.**

actors and plays   concerts and gigs   painting and drawing

- 1
- a theatre
  - b art
  - c music

art and craft   cameras and pictures   flights and accommodation

- 2
- d a photography competition
  - e a painting competition
  - f a travel competition

clothes and the environment   local produce   roses and perfume

- 3
- g second-hand market
  - h a food market
  - i a flower market

**4 Predict words that you might hear for the options in questions 4–5 in the exam task. Write one word or phrase for each option.**



# Listening Practice

**5** Read the extracts from radio advertisements. Underline the key words that show you what each advertisement is for. What do you think they are for?

- 1 Are you interested in getting fit and meeting new people? If the answer is yes, join one of our classes. Choose from aerobics to swimming to tae kwon do. Or you can work out alone in the gym.  
\_\_\_\_\_
- 2 Healthy meals at reasonable prices, we offer discounts to students and senior citizens. Enjoy fresh and local produce. Sit in or take-away.  
\_\_\_\_\_
- 3 Send us your pictures for a chance to win a weekend trip to Paris. The theme of this year's competition is nature. So get outside and see what you can paint or draw.  
\_\_\_\_\_
- 4 This event takes place close to Brighton. Sample seafood delights, learn about local cheese, and then head off to the beach. You may also meet your favourite TV chef.  
\_\_\_\_\_

**6** Now complete LISTENING EXAM 1 – PART 1.





# Listening Exam 1

## Part 3

**1.3** You will hear part of a radio interview. Read through the sentences 13–20 below and complete them according to what you hear (one word or number). Sentence 0 is the example. Now read the sentences.

### EOI Topic: Shopping and commercial activities

See: English File 5th edition A1/A2  
Files 6A, 11A  
English File 5th edition A2/B1  
File 4B

### Shopping in London

Henry Charles Harrod opened Harrods in <sup>0</sup> 1849.

Today, Harrods contains about 300 departments and <sup>13</sup> \_\_\_\_\_ restaurants.

Shops in Bond Street sell expensive <sup>14</sup> \_\_\_\_\_ and clothes.

Oxford Street is the busiest shopping street in <sup>15</sup> \_\_\_\_\_.

About <sup>16</sup> \_\_\_\_\_ million people visit Oxford Street every year.

It is quiet in Carnaby Street because there is no <sup>17</sup> \_\_\_\_\_.

Camden is popular with musicians, <sup>18</sup> \_\_\_\_\_, and writers.

You can't buy fish at Billingsgate Market after <sup>19</sup> \_\_\_\_\_ in the morning.

You can buy <sup>20</sup> \_\_\_\_\_ at Smithfield Market, or you can go on a tour.



Question	0	13	14	15	16	17	18	19	20
Answer	1849								
	✓								
Total									8

	PART 1	PART 2	PART 3
POINTS			
TOTAL SCORE:			/20



# Listening Exam 2

## Part 2

**2.2** You will hear part of a conversation. For questions 6–10, choose the correct answer (a, b, or c). 0 is the

### EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A

example.

0 Emma does exercise to

- a have fun.
- b get fit.
- c meet new people.

6 Emma likes to exercise

- a alone.
- b before work.
- c for long periods of time.

7 The last time Emma enjoyed a sport was when she

- a was a child.
- b started swimming.
- c went abroad.

8 Max didn't enjoy basketball because he

- a felt nervous.
- b knew nobody.
- c was injured.

9 Some advice Max gives is to

- a try an unusual exercise.
- b exercise once a week.
- c do something challenging.

10 Emma concludes that

- a Max has given her good advice.
- b exercise is too difficult to do.
- c a good diet is better than exercise.



Question	0	6	7	8	9	10
Option	a					
	✓					
Total						5

# Listening Exam 2

## Part 3

**2.3** You will hear part of a radio programme about a food market. For questions 11–20, complete the notes below according to what you hear (one word or number). Sentence 0 is the example. Now read the notes.

### EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C

### Borough Market

Borough Market opened about <sup>0</sup> 1,000 years ago. The market grew and by the <sup>11</sup> \_\_\_\_\_ century, it was a very important food market in London. However, in the <sup>12</sup> \_\_\_\_\_ the market began to fail because <sup>13</sup> \_\_\_\_\_ became popular. In the mid-1990s, organisers opened the market to the <sup>14</sup> \_\_\_\_\_. Today <sup>15</sup> \_\_\_\_\_ of visitors from around the world go to the market. The market has high values around quality, sustainability and <sup>16</sup> \_\_\_\_\_ welfare. Producers have stalls in the areas of <sup>17</sup> \_\_\_\_\_ Square and Green Market. Traders sell <sup>18</sup> \_\_\_\_\_ food in Borough Market Kitchen. The market is open for business <sup>19</sup> \_\_\_\_\_ days a week and the closest train station is London Bridge. The market also organises public and private <sup>20</sup> \_\_\_\_\_ for food tasting.



Question	0	11	12	13	14	15	16	17	18	19	20	
Answer	1,000											
	✓											
											Total	10

	PART 1	PART 2	PART 3
POINTS			
	TOTAL SCORE:		/20





# Listening Exam 3

## Part 3

**3.3** You will hear part of a radio programme about train travel. Read through the sentences 13–20 below and complete them according to what you hear (one word or number). Sentence 0 is the example. Now read the sentences.

**EOI Topic: Transport, goods and services**

See: English File 5th edition A1/A2

Files 7B, 10B, 10C

English File 5th edition A2/B1

File 4B



- 0 Scientists say that flying is responsible for 5% of global warming.
- 13 We can reduce the damage by cycling, walking, or using \_\_\_\_\_ for short journeys.
- 14 Australia is around \_\_\_\_\_ times larger than the United Kingdom.
- 15 The Ghan travels across the red \_\_\_\_\_ of Australia, from Darwin to Adelaide.
- 16 The journey covered about \_\_\_\_\_ kilometres of the country.
- 17 In Alice Springs, you can visit an Aboriginal art centre and learn about \_\_\_\_\_ painting.
- 18 You can also admire the rocky landscape and the red sands of the \_\_\_\_\_.
- 19 There are opportunities to go hiking and canoeing, or to take a \_\_\_\_\_ ride.
- 20 If you have little experience of train travel it's better to go on a(n) \_\_\_\_\_ trip.

Question	0	13	14	15	16	17	18	19	20
Answer	5%								
	✓								
Total									8

	PART 1	PART 2	PART 3
POINTS			
TOTAL SCORE:			/20

# Listening Exam 4

## Part 1

**4.1** You will hear some people talking about what home means to them. For questions 1–5, choose the correct answer (a, b, or c). 0 is the example.

- 0 What does this speaker enjoy doing in the holidays?
- taking part in water sports
  - relaxing on the beach
  - visiting different cities
- 1 What does 'home' mean to this speaker?
- visiting friends and family
  - having a comfortable house or flat
  - spending time with people they love
- 2 Why does this speaker feel she doesn't belong to a particular place?
- She lives in a mobile home.
  - She doesn't have any family.
  - She doesn't have a house of her own.
- 3 What country does this speaker feel he belongs to?
- Australia
  - Scotland
  - New Zealand
- 4 How does this speaker feel about the country he now lives in?
- He loves it.
  - He doesn't like it.
  - He is starting to like it.
- 5 What makes this speaker feel a sense of tradition?
- talking with her grandmother
  - studying her family history
  - cooking with her mother and grandmother

**EOI Topic: Housing, home and environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

English File 5th edition A2/B1

Files 4A, 5B



Question	0	1	2	3	4	5
Answer	a					
	✓					
<b>Total</b>						<b>5</b>



# Listening Exam 4

## Part 3

**4.3** You will hear part of a radio programme. Read the sentences 11–20 below and complete them according to what you hear (one word or number). Sentence 0 is the example. Now read the sentences.

### EOI Topic: Weather and the environment

See: English File 5th edition A1/A2

Files 5C, 10A, 11A

English File 5th edition A2/B1

Files 2A, 5B

### Rubbish in the oceans

The Great Pacific Garbage Patch is an area in the <sup>0</sup> ocean between Hawaii and California.

It is around 1.6 <sup>11</sup> \_\_\_\_\_ square kilometres.

It contains nearly two trillion pieces of <sup>12</sup> \_\_\_\_\_.

Microplastics are around <sup>13</sup> \_\_\_\_\_ millimetres long.

Scientists have found microplastics in fish, <sup>14</sup> \_\_\_\_\_, shellfish, and processed foods.

One study suggests most rubbish travels from a total of <sup>15</sup> \_\_\_\_\_ rivers into the ocean.

The Mariana Trench is the <sup>16</sup> \_\_\_\_\_ part of the Pacific Ocean.

Scientists have discovered a plastic <sup>17</sup> \_\_\_\_\_ in the Mariana Trench.

Other rubbish in the Mariana Trench includes rubber, wood, cloth, and <sup>18</sup> \_\_\_\_\_.

There is coral, jellyfish, and <sup>19</sup> \_\_\_\_\_ in the Mariana Trench.

Companies use <sup>20</sup> \_\_\_\_\_ to stop rubbish going into the sea.



Question	0	11	12	13	14	15	16	17	18	19	20
Answer	ocean										
	✓										
Total											10

	PART 1	PART 2	PART 3
POINTS			
TOTAL SCORE:			/20

# Listening Exam 5

## Part 1

**5.1** You will hear some people talking about their favourite recipes. For questions 1–5, choose the correct answer (a, b, or c). 0 is the example.

### EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C

- 0 This speaker's favourite recipe is
- her mother's.
  - her aunt's.
  - her neighbour's.
- 1 This speaker made this recipe a lot when he was
- a student.
  - a small child.
  - a teenager.
- 2 This speaker's favourite recipe starts with
- how to chop carrots.
  - how to boil noodles.
  - how to catch the fish.
- 3 This speaker's favourite recipe is for this special occasion.
- their birthday
  - Valentine's day
  - Christmas
- 4 This speaker's favourite recipe is cooked
- on the barbecue.
  - in the oven.
  - under the grill.
- 5 The preparation and cooking time for this speaker's favourite recipe is
- four hours.
  - ten minutes.
  - 30 minutes.



Question	0	1	2	3	4	5
Answer	a					
	✓					
<b>Total</b>						<b>5</b>



# Listening Exam 5

## Part 3

**5.3** Listen to the audio. Match the dates, figures, or phrases A–I to the sentences 13–20. 0 is the example. Only ONE answer is possible.

- A a medical degree
- B Samuel Blackwell
- C Emily Blackwell
- D Geneva College
- E London and Paris
- F the American Civil War
- G 1821
- H 1869
- I 1822

**EOI Topic: Health and physical care**

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B



Elizabeth Blackwell was the first woman to receive <sup>0</sup> A.

Elizabeth was born in <sup>13</sup> \_\_\_\_\_.

<sup>14</sup> \_\_\_\_\_ campaigned against slavery.

In <sup>15</sup> \_\_\_\_\_, Elizabeth moved to the United States.

Elizabeth finally went to <sup>16</sup> \_\_\_\_\_ in New York.

After she graduated, she continued training in <sup>17</sup> \_\_\_\_\_.

In 1857, she opened a hospital for women and children with Dr Maria Zakrzewska and <sup>18</sup> \_\_\_\_\_.

Elizabeth and Emily trained nurses during <sup>19</sup> \_\_\_\_\_.

Elizabeth worked at the London School of Medicine for Women in <sup>20</sup> \_\_\_\_\_.

Question	0	13	14	15	16	17	18	19	20
Answer	A								
	✓								
Total									8

	PART 1	PART 2	PART 3
POINTS			
TOTAL SCORE:			/20





# Listening Exam 6

## Part 3

**6.3** You will hear part of a radio show. For questions 11–20, complete the notes below according to what you hear (one word or number). Sentence 0 is the example. Now read the notes.

### EOI Topic: Education and studying

See: English File 5th edition A1/A2  
Files 2B, 6A  
English File 5th edition A2/B1  
Files 7A, 7C, 9C, 11A

### Beating exam stress

A children's charity has said that there has been a <sup>0</sup> **10%** increase in student counselling. Studies suggest at least <sup>11</sup> \_\_\_\_\_ of students suffer exam anxiety. Schools and universities suggest individual counselling or <sup>12</sup> \_\_\_\_\_ groups.

Stress can change your <sup>13</sup> \_\_\_\_\_ patterns. Other physical reactions include feeling dizzy, higher heart rate, and <sup>14</sup> \_\_\_\_\_. The brain requires <sup>15</sup> \_\_\_\_\_ of the body's energy to function properly.

Vitamin D from the sun is good for improving <sup>16</sup> \_\_\_\_\_ circulation and mood. In recent years, Harvard Medical School examined the relationship between stress and <sup>17</sup> \_\_\_\_\_. They asked <sup>18</sup> \_\_\_\_\_ people to spend time in a green space. They had to spend <sup>19</sup> \_\_\_\_\_ minutes or more outside, three times a week. The researchers checked their level of stress before and after. Twenty to <sup>20</sup> \_\_\_\_\_ minutes showed the biggest change in their levels of stress.



Question	0	11	12	13	14	15	16	17	18	19	20	
Answer	10%											
	✓											
											Total	10

	PART 1	PART 2	PART 3
POINTS			
	TOTAL SCORE:		/20





# Listening Exam 7

## Part 3

**7.3** You will hear part of a radio interview. Read through the sentences 11–20 below and complete them according to what you hear (one word or number). Sentence 0 is the example. Now read the sentences.

### EOI Topic: Shopping and commercial activities

See: English File 5th edition A1/A2  
Files 6A, 11A  
English File 5th edition A2/B1  
File 4B

#### Fast Fashion

Fast fashion is <sup>0</sup> cheap, low-quality clothes.

The average consumer in the UK wears an item only <sup>11</sup> \_\_\_\_\_ times.

The fashion industry is the <sup>12</sup> \_\_\_\_\_ highest user of water.

It can take <sup>13</sup> \_\_\_\_\_ litres of water to make a pair of jeans.

It can take <sup>14</sup> \_\_\_\_\_ litres of water to make a cotton shirt.

Fashion companies pollute water with <sup>15</sup> \_\_\_\_\_.

Water pollution is dangerous for <sup>16</sup> \_\_\_\_\_.

Some clothes release <sup>17</sup> \_\_\_\_\_ into the water systems.

The fashion industry pays <sup>18</sup> \_\_\_\_\_ in some countries badly.

<sup>19</sup> \_\_\_\_\_ fashion is when companies take a longer time to make clothes.

In a few years' time, sales of second-hand clothes may <sup>20</sup> \_\_\_\_\_.



Question	0	11	12	13	14	15	16	17	18	19	20
Answer	cheap										
	✓										
Total											10

	PART 1	PART 2	PART 3
POINTS			
TOTAL SCORE:			/20











# Listening Exam 9

## Part 3

**9.3** Listen to the audio. Match the dates, figures, or phrases A–K to the sentences 11–20. 0 is the example. Only ONE answer is possible.

### EOI Topic: Science and technology

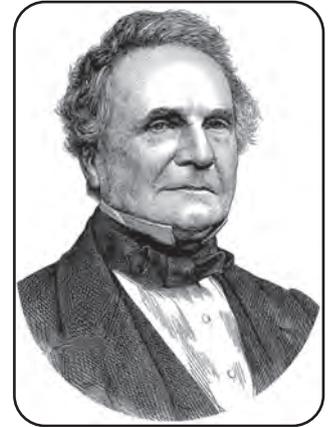
See: English File 5th edition A1/A2

File 3A

English File 5th edition A2/B1

Files 10C, 11C

- A the first digital computer
- B Ada Lovelace
- C John Glenn
- D 1791
- E 1918
- F 2017
- G maths
- H task
- I West Virginia State College
- J Cambridge University
- K 34



Charles Babbage helped develop <sup>0</sup> A.

Charles was born in <sup>11</sup> \_\_\_\_\_.

When he was a child, he was very good at <sup>12</sup> \_\_\_\_\_.

He did his degree at <sup>13</sup> \_\_\_\_\_.

He worked on machines that could do more than one <sup>14</sup> \_\_\_\_\_.

<sup>15</sup> \_\_\_\_\_ worked with Babbage to develop computer programming.

Katherine Johnson was born in <sup>16</sup> \_\_\_\_\_.

She graduated with top marks in maths and physics from <sup>17</sup> \_\_\_\_\_.

She worked at NASA when she was <sup>18</sup> \_\_\_\_\_.

She used her maths to help two astronauts, Alan Shepherd and <sup>19</sup> \_\_\_\_\_, travel to space.

They made a film about her life in <sup>20</sup> \_\_\_\_\_.

Question	0	11	12	13	14	15	16	17	18	19	20
Answer	A										
	✓										
Total											10

	PART 1	PART 2	PART 3
POINTS			
TOTAL SCORE:			/20





# Listening Exam 10

## Part 3

**10.3** You will hear part of a radio programme. Read the sentences 11–20 below and complete them according to what you hear (one word or number). Sentence 0 is the example. Now read the sentences.

### EOI Topic: Jobs and occupations

See: English File 5th edition A1/A2

Files 4A, 4B

English File 5th edition A2/B1

Files 7A, 9C

- 0 The duties of a beginner chef include cleaning, chopping and preparing ingredients.
- 11 The *chef-de-partie* looks after different \_\_\_\_\_ in a restaurant.
- 12 The head chef is in charge of staff and creates the \_\_\_\_\_.
- 13 You don't need a \_\_\_\_\_ education to be a chef.
- 14 You can learn the skills you need from a \_\_\_\_\_ cookery course.
- 15 The speaker started work as a(n) \_\_\_\_\_.
- 16 She did a cookery course and then did work experience in a restaurant in \_\_\_\_\_.
- 17 A few years ago, only \_\_\_\_\_% of chefs in the UK were women.
- 18 In recent years, the number of women has grown to a \_\_\_\_\_ of the workforce.
- 19 A chef from \_\_\_\_\_ recently won The World's Best Female Chef Award.
- 20 The speaker currently works in a \_\_\_\_\_ restaurant in London.



Question	0	11	12	13	14	15	16	17	18	19	20
Answer	preparing										
	✓										
Total											10

	PART 1	PART 2	PART 3
POINTS			
TOTAL SCORE:			/20

# Written Mediation Exams Overview

Mediation Exam	Task Type	EOI Topic
Strategy Practice 1	Paraphrasing	Free time and leisure activities
Strategy Practice 2	Identifying key information	Food and catering
Strategy Practice 3	Adapting language (formal / informal register)	Health and physical care
Strategy Practice 4	Linking ideas	Travel and vacations
Strategy Practice 5	Summarizing	Jobs and occupations
1	Informal email recommending a holiday apartment	Travel and vacations
2	Message giving your opinion on a restaurant	Food and catering
3	Informal email selecting relevant information	Health and physical care
4	Informal email selecting relevant information	Science and technology
5	Message giving your opinion on a music venue	Free time and leisure activities
6	Informal email recommending a language to learn	Language and communication
7	Informal email giving details about different jobs	Jobs and occupations
8	Informal email giving advice about flying	Transport, goods and services
9	Informal email recommending a language school and accommodation	Education and studying
10	Message giving advice on renting a property	Housing, home and environment

# Spoken Mediation Exams Overview

Mediation Exam	Task Type	EOI Topic
Strategy Practice 1	Paraphrasing	Travel and vacations
Strategy Practice 2	Identifying key information	Jobs and occupations
Strategy Practice 3	Adapting language (formal / informal register)	Housing, home and environment
Strategy Practice 4	Expanding information	Health and physical care
Strategy Practice 5	Collaborating with others to find solutions and reach conclusions	Travel and vacations
1	Phone call recommending someone for a job	Jobs and occupations
2	Describing preference for a holiday	Weather and the environment
3	Phone call giving advice on how to sleep better	Daily life activities
4	Collaborating to reach a decision	Human and social relationships
5	Describing rules for renting a flat	Travel and vacations
6	Collaborating to reach a decision	Shopping and commercial activities
7	Leaving a voice message about things to do	Free time and leisure activities
8	Giving advice on sharing accommodation	Housing, home and environment
9	Collaborating to reach a decision	Food and catering
10	Collaborating to reach a decision	Health and physical care



# Getting Your Students Ready For Mediation

## The EOI Exam Practice Pack exams

The CEFR describes mediation as a situation where the language user or learner 'acts as a social agent who creates bridges and helps to construct or convey meaning, sometimes within the same language, sometimes from one language to another' (Council of Europe 2020:90).

In simple terms, a mediator communicates a message to another person, helping them to understand important information, or he/she works collaboratively with another person to come to an agreement or a decision. It sometimes includes an element of interpretation, which could involve simplification or expansion of source material or information.

Mediation can be either interlinguistic or intralinguistic. Interlinguistic mediation happens when the mediator communicates the main points of a written or spoken message or text in one language using a second language. For example, communicating Spanish content through the medium of English.

Intralinguistic mediation happens when the mediator communicates the main points of a written or spoken message or text in the same language as the original content.

Is mediation a new skill?

No. In the past, English language teaching tended to focus on the skills of listening, reading, writing and speaking. However, in 2001 the CEFR moved the focus to the four areas of reception, production, interaction and mediation in order to reflect the reality of how people communicate.

Mediation is a skill that language learners use in both their own language and when using their second or foreign language to help other people understand a message that they would not be able to understand without the mediator's support. Some everyday examples of mediation might include:

- A Spanish-speaking office worker uses English to explain an email written in Spanish about hybrid working policies to a new colleague from the United States who doesn't speak Spanish.
- A group of international students at a Spanish university discuss in English what to include in a group project and who is going to take on each role.
- A Spanish-speaking university student in Córdoba explains to an English-speaking student in their class what happens during the Festival de los Patios.

## What are the different types of mediation?

The CEFR separates mediation activities and skills into three different areas:

- Mediating a text: transmitting the important information from a text to someone who does not have access to it. This could be because of linguistic, cultural, semantic or technical barriers.
- Mediating concepts: sharing and developing ideas with others, creating new meanings and coming to conclusions.
- Mediating communication: helping people to understand each other who may have individual, sociocultural, sociolinguistic or intellectual differences in perspective.

## How can you prepare students for mediation tasks?

Many existing speaking and writing tasks can be adapted for mediation. These include activities where students have to reformulate information to help another person understand it or whenever they are involved in collaborative tasks. Any activities that involve project-based learning can be adapted to fit the criteria for mediation. If activities are personalized to correspond to the learners' interests, that is a motivating way to integrate mediation into the classroom. This could include students researching information online and presenting it to their peers in written or spoken form. Activities that develop mediation skills are highlighted in the teachers' notes, and the CEFR mapping document includes mediation descriptors mapped to every lesson.



# Getting Your Students Ready For Mediation

## What strategies do students need to develop to become effective mediators?

To carry out mediation activities, both in the classroom and in real life, students will need to employ a combination of language strategies. The **Mediation Strategy Practice** in this pack provides students with practice of the key mediation skills:

- Paraphrasing and reformulating
- Identifying key information
- Summarizing
- Note taking
- Linking ideas
- Simplifying
- Clarifying
- Expanding information
- Adapting language (formal / informal register)
- Extracting conclusions
- Quoting and adapting
- Synthesizing
- Collaborating with others to find solutions and reach conclusions

Completing the **Mediation Strategy Practice** activities will get your students ready for EOI mediation exams and develop their skills as communicators.

## What should students consider before starting a mediation activity?

To approach any mediation activity, have your students complete the following steps:

- Read the activity instructions carefully
- Identify the target audience: Who are you speaking or writing to and how do you need to adapt the content?
- Identify the key information
- Reformulate the information in your own words
- Adapt the language to your audience
- Paraphrase or summarize longer sections of text

# Mediation Strategy Practice: Written

## 1 Paraphrasing

Using different words to explain your ideas is called paraphrasing. There are a few ways to paraphrase.

- You can change the order of the words as well as the grammar.  
*The holiday was wonderful. = I had a wonderful holiday.*  
*The food in the restaurant was excellent. = There was some excellent food in the restaurant.*
- You can reduce the number of words used in a sentence.  
*One activity I especially enjoyed was having cooking lessons. = I enjoyed learning how to cook.*
- Use synonyms (words that mean the same thing).  
*The holiday was fantastic. = The holiday was wonderful.*  
*She can speak Spanish. = She's able to speak Spanish.*
- Use antonyms (words which mean the opposite, e.g. on time = late).  
*The train arrived on time. = The train didn't arrive late.*

Look at the example exam task and then complete the activities that follow.

Your friend Sarah, who is interested in music, is doing an essay on guitars. Send her an email with a summary of this information about the history of the guitar using your own words.

### THE STORY OF THE GUITAR

All over the world people have their own culture and music has always been a part of that. The first musical instrument was probably a drum, but instruments with strings have also been played for a very long time, like the guitar.

The first guitar came from Egypt. There are pictures of people playing a long instrument with strings on the walls of the pyramids. In Cairo, at the Archaeological Museum, you can see Queen Hatshepsut's guitar – it's 3,500 years old!

The modern guitar began as an instrument called the lute which was popular in Europe from the 6th to the 9th century. In the late 1800s, Antonio Torres Jurado began to make small stringed instruments and many guitars today come from his designs.

The electric guitar was made in the United States in the 1930s. Famous electric guitar makers included Les Paul, Rickenbacker, Gibson and Fender. They could amplify and change the sound of the guitars.

Every year the world spends more than nine billion dollars on guitars. Why are they so popular? There are lots of reasons. Guitars are quite easy to play as a beginner – you can learn a few chords and play your favourite songs in no time. They are also portable which means you can take them anywhere and they don't take up much room. You could keep one under your bed! Guitars are also cheap; you can pick up a second-hand one for very little money. Finally, they sound great and you can sing along with them.

**A Choose the best word or phrase from the box to replace the words in bold.**

created   originated in   simple   started to design   were able to

- The first guitar probably **came from** Egypt.
- Antonio Torres Jurado **began to make** small instruments.
- The electric guitar was **made** in the United States in the 1930s.
- They **could** amplify and change the sound of the guitars.
- The guitar is quite **easy** to play as a beginner.



# Mediation Strategy Practice: Written

## 2 Identifying key information

It's very important that you are able to identify the key information needed to complete the task. This will help you to structure your answer more effectively.

- Read the instructions carefully to find out what you need to do. Don't try to guess what the task wants you to do!
- Ask yourself: 'Who am I writing to?' and 'What am I writing about?'
- Look at the task and underline the key words in the task.
- Read any texts or other information and highlight the key information.
- Think about how you might paraphrase this information or express it differently.
- Sometimes there's more information than you need. You don't need to repeat everything!

Look at the example exam task and then complete the activities that follow.

Your friend Roger loves cooking and food. He's visiting your town this summer. You found this information about a local summer food festival. Write Roger a message giving him the most important information about the festival.



**SUMMER FOOD FESTIVAL**

**ENTRANCE FEES**  
Adults: £10  
Students: £7  
Under 14s free

**FREE PARKING**

**Saturday 22nd May 10.00–20.00**  
Blackwood Park, Hollyfield, BG6 7YT

EVENTS	ACTIVITIES
Live music on our mobile stage	Learn to make traditional bread
Food stalls (including vegan options)	Pizza-making courses
Cooking equipment stalls	Make your own ice cream
Kid's face painting	Watch TV chef Anthony Walker cook in the big tent!

For bookings call **0121 496 0636** or email **foodbookevents@inbox.com**

**A** Underline the key information to include in your message. What information isn't important?

**B** Complete the message about a music festival with the words from the box. There are two words that you do not need.

because buy excited however near so well where which would

I found a music festival that I think you <sup>1</sup>\_\_\_\_\_ enjoy. It's at Castle Howard <sup>2</sup>\_\_\_\_\_ Leeds on Sunday 4th July. There are lots of bands playing as <sup>3</sup>\_\_\_\_\_ as food stalls and some music workshops. I know that you love music <sup>4</sup>\_\_\_\_\_ I think this festival would be perfect for you. There's even a tent <sup>5</sup>\_\_\_\_\_ you can buy musical instruments. Maybe you could <sup>6</sup>\_\_\_\_\_ a new guitar? We'll have to pay for parking, <sup>7</sup>\_\_\_\_\_ costs £5, but the entrance fee is only £6. I'm really <sup>8</sup>\_\_\_\_\_ about it.



# Mediation Strategy Practice: Written

## 3 Adapting language (formal / informal register)

You will sometimes need to make changes to language to make it sound more or less formal.

<b>Formal language</b> Used in official letters and documents for business or professional reasons	<b>Informal language</b> Used with your friends, family and people you know well
Full sentences <i>I would like to invite you for lunch on Tuesday.</i>	Short sentences <i>Come for lunch on Tuesday.</i>
No contractions <i>We are contacting you to inform you about a change to your booking.</i>	Contractions <i>We're contacting you to tell you about a change to your booking.</i>
Formal vocabulary <i>I am afraid that I am unable to help you.</i> <i>I appreciate your assistance.</i> <i>I look forward to seeing you on Sunday.</i>	Less formal vocabulary <i>I'm really sorry but I can't help.</i> <i>Thanks for your help.</i> <i>It'll be great to see you Sunday!</i>
No phrasal verbs <i>I will collect the parcel on Monday.</i> <i>Remove the label before using.</i>	Use phrasal verbs <i>I'll pick up the parcel on Monday.</i> <i>Take off the label before you use it.</i>
No idioms <i>I find football boring.</i> <i>The students are paying attention today.</i>	Use idioms <i>Football isn't my cup of tea.</i> <i>The students are really on the ball today.</i>

Look at the example exam task and then complete the activities that follow.

Someone you know had an accident at work. He needs to write a formal accident report, but he doesn't write well. He sent you this email explaining what happened to him. Write an accident report in formal language for him.

Here's what happened. I had an accident at work on 2nd December.

The place was Pescado Fish Factory, Main Street, Walford.

At 9.30, I arrived at work. At about 11.00, I slipped on the wet floor when carrying a box of fish.

I hurt my leg and banged my head. I also had a cut on my head. I got some first-aid help from Mrs Smith who is one of the office staff. The manager told me to go home.

I visited the doctor on 3rd December. He said I should rest for the next five days and not go to work.

Call me if you need to know anything else.

**A Match the informal words from the email with the formal words a–f.**

- |            |            |
|------------|------------|
| 1 place    | a injured  |
| 2 hurt     | b attend   |
| 3 visit    | c location |
| 4 tell     | d received |
| 5 got      | e inform   |
| 6 accident | f incident |



# Mediation Strategy Practice: Written

## 4 Linking ideas

Linking your points will make your writing clearer and easier to understand. It will help your writing to flow more logically.

- Use conjunctions or linking words such as **so, because, when**.  
*You like sports **so** I think the football course would be best for you.*  
*I think you should visit London **because** you speak English.*  
*You have to speak English **when** you visit the UK.*
- Compare different things and say why they are the same. This will help you explain what you mean as well as complete the task.  
***Both** courses are the same price.*  
*I like football **and** basketball.*  
*She speaks Spanish **as well as** German.*
- Contrast different things and say why they are not the same. You'll be able to make important points and give reasons for your answers.  
*The restaurant is beautiful **although** it is really expensive.*  
*I like modern music, **but** my brother loves jazz.*  
*The blue coat costs £20 **while** the red jacket costs £10.*

Look at the example exam task and then complete the activities that follow.

Your friend would like to do a course over the summer holidays to improve their English. Your friend is training to be a chef and enjoys sport. Choose one of the courses and write an email to your friend explaining why you think it is the best option.

## COMMUNITY HALL

Summer courses week beginning 5th July

### Breadmaking for beginners

Cost £12  
Monday–Thursday 9.00–14.00

*Make the best bread possible.*

#### Learn to make:

- Italian style bread
- pizza
- sourdough

#### Find out about:

- basic food hygiene rules\*
- the best flour to use

### Basic bicycle course

Free!  
Friday–Sunday 9.00–12.00

*Look after your bicycle ... and yourself.*

#### Learn to:

- adjust your seat and handlebars
- fix a puncture
- adjust your brakes

#### Find out how to:

- stay safe on the road
- lock your bike properly

\*How to keep yourself and your working area clean in order to prevent illnesses and disease

**A** Which course do you think would be best for your friend? Write down the reasons.



# Mediation Strategy Practice: Written

## 5 Summarizing

Summarizing is giving a brief statement of the main points of a text. You could summarize a whole text, a paragraph or even a long sentence. Concentrate on the main ideas of the text and ignore details that are not important.

- What are the most important details? Look for times, people or places you have to include in your summary.
- What information is irrelevant or unnecessary? Lots of details won't be important, you can leave these out of a summary.
- Use key words or phrases. Look for words that are used frequently in the text and reuse these.

Look at the example exam task and then complete the activities that follow.

You saw this advert for a volunteer coaching role. You think it might be perfect for your friend Ali who wants to be a football coach in the future. Write him a message summarizing the information, including any details you think are important.

### Volunteer as a sports coach

Do you like sports? Would you like to work with young people to make a difference to their lives? At Sports Volunteering we have opportunities for young people who want to take part in sports coaching, and you don't need any experience.

Firstly, you'll need a sport you can teach that you are interested in and have some knowledge about. The sport could be football, tennis, table tennis, or any popular sport. Next, go to our website at the bottom of the page and click 'create account.' Now you can fill in all your details including your name, address, age, and which sport you would like to coach.

When we receive the completed form, we'll get in touch with you to offer some coaching lessons. This is a set of five lessons after school. They will help you learn how to teach sports to young people and will give you confidence as well as ideas for activities you can do with your students.

After you have completed your training course, you will start to give coaching sessions with another more experienced coach. After a few months and if you are ready, you can start to coach young people on your own.

### Frequently asked questions

*Who can volunteer?*

Anyone aged over 18 with a little free time and a desire to help!

*What are the requirements?*

All volunteers must agree to and sign our child protection policy and our code of conduct

*How long does it take to train?*

It takes five weeks.

*Where do you train?*

Online!

*When do you work?*

Our volunteer coaches work from 18.00 to 20.00 Monday to Thursday.

*What do I get from volunteering?*

You get valuable experience of working with people and teaching. This could be very useful in the future. You also get to teach a sport you love!



# Written Mediation Exam 1

You are planning to rent a holiday apartment with your friend, Maya. She is busy at work and doesn't have a lot of free time, so you have offered to do the research. You have found an advert for a villa online. Read the advertisement and write an email to Maya saying why you think it is a good option. Write about 100 words.

## EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C



## HOLIDAY VILLA

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Holiday Villa, sleeps 2–4  
2 bedrooms, 2 bathrooms, kitchen, living area, Wi-Fi  
Outside area: garden, swimming pool



This beautiful villa is on one level and is perfect for people of all ages. The rooms are bright and the furniture is comfortable and modern. The kitchen has a dishwasher, washing machine, fridge-freezer, and all the usual electrical items. Outside there is a garden and a large swimming pool. You will also find garden furniture, a pizza oven, and a BBQ.

The villa is at the top of a hill in the heart of Tuscany and has amazing views. It is surrounded by olive trees and fields and is the perfect place for a quiet holiday. However, there are many activities you can do including walking and taking photos in the local area. The villa is ten kilometres from the sea where you can find a beautiful sandy beach and go swimming, fishing, and sailing. You can drive, take a bus, or hire a bicycle in the village. If you want to go shopping or sightseeing, there are towns which you can drive to. Pisa is 45 km away, Lucca is 70 km away, and Florence is 105 km away.

Cafés, bars, and restaurants are only a short walk and you can try the best Italian food in the area. There are also shops and a supermarket in the village.

Price per night: 150 euros

[FIND OUT MORE](#)



# Written Mediation Exam 2

You are planning to celebrate the end of exams with your friend, Lucas. You want to go for a meal together, but you don't want to spend too much money. Lucas is busy with exams so you decide to plan. He likes Mexican food and live music. Write a message to Lucas telling him about this restaurant and giving your opinion. Write about 100 words.

## EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C



## The Mexican Restaurant

★★★★★

HOME

MENU

PROMOS

ABOUT US



The Mexican Restaurant is a very good Mexican restaurant with an interesting menu. There is always a great atmosphere and last night's meal was no different! We were celebrating our end-of-year exams and it was the perfect place to be.

Firstly, the food is completely delicious. You can tell it's homemade. In fact, you can see the kitchen area from the restaurant so you know what the chefs are doing!

One of my favourite dishes on the menu is the chicken chimichanga, which is spicy and delicious. I also love the Mexican rice and beans. The meals are very large, so you may want to take some home. And make sure you leave room for dessert because these are wonderful, too. Last night my dessert was churros with a chocolate sauce and it was very, very good.

Don't worry if you're vegetarian because there are a lot of dishes for you, too. My partner doesn't eat meat and she had some excellent black bean tacos and a Mexican rice and bean salad.

The service is friendly even when the restaurant is busy. The waiters are always happy to talk and recommend items on the menu.

The price? It is a little expensive, but the food is excellent and it's a wonderful, fun night out.

There's live music on Friday nights, which can be a bit noisy! If you prefer a quieter experience, go on a different day. Thank you to all the chefs and waiters! I will definitely be back.

### Rating and reviews

4.5 ★★★★★ 2,151 reviews



BOOK NOW



# Written Mediation Exam 3

Read the information about a leisure centre and the email from your friend Aisha. Write an email to Aisha giving her the information you think will interest her most. Write about 100 words.

## EOI Topic: Health and physical care

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B



### New message

To

Subject

Hello,

How are you? I'm thinking about joining a leisure centre in your area. I don't have a car, so it needs to be near public transport.

I'd like somewhere with a gym and a swimming pool and would prefer to pay monthly. I also want to bring my little sister sometimes. She's only five. Do you have any ideas?

Thanks so much!

Aisha



SEND

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## GREEN PARK

### LEISURE CENTRE AND STADIUM

Green Park Leisure Centre and Stadium is a new sports centre which provides the best leisure services in the city. You can find us in the middle of Green Park. The park is a short walk from local bus routes and a five-minute drive from the main railway station. There is a children's play centre in Green Park as well as tennis courts.

**Indoor fitness**

- The gym has the most modern equipment in the city. There are different areas for different levels of training. You can become a member, or you can pay a monthly fee. There is a 20% discount for students and those aged 65+.
- The exercise studio holds classes in keep fit, aerobics, yoga, Pilates, and more. All our coaches are qualified and experienced.
- The climbing wall is one of the best in the country. Learn here and take your skills to the mountains.

<b>Swimming pools</b>	<b>Outdoor fitness</b>	<b>Food &amp; drink</b>	<b>Family fun</b>
<p>There are three pools at the centre and we offer lessons to all ages and abilities. The pools include:</p> <ul style="list-style-type: none"> <li>25 m swimming pool</li> <li>diving pool</li> <li>training pool</li> </ul>	<ul style="list-style-type: none"> <li>three five-a-side artificial pitches for football and basketball</li> <li>athletics track – home to the local athletics club</li> </ul>	<p>The Sports Café offers:</p> <ul style="list-style-type: none"> <li>hot and cold meals</li> <li>healthy snacks</li> <li>tea, coffee, juices</li> </ul>	<ul style="list-style-type: none"> <li>children's soft play area</li> <li>three rooms available for children's birthday parties</li> </ul>



# Written Mediation Exam 4

Your friend Julia wants to buy her 11-year-old child a smartphone or tablet. She doesn't know much about technology and has asked you for help. She doesn't want to spend a lot of money. You found two reviews online below. Write an email to Julia telling her about the different options and say which you think is best. Write about 100 words.

## EOI Topic: Science and technology

See: English File 5th edition A1/A2

File 3A

English File 5th edition A2/B1

Files 10C, 11C

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### Technology today

Kids today love using technology to play and connect with friends and family. But what's best for your child – a smartphone or a tablet? Here are some options our experts have tested for you.

#### Romazon Connect 6 HD

Do you want to buy your child a tablet for the first time? Romazon Connect 6 HD is a great tablet for children aged from 5 years. It's cheap (£68.99), strong, and there are a variety of different colours that all school children will love. It has two cameras, 32 GB internal memory and the battery works well for eight hours. Any child will be happy watching films, reading, listening to music, taking photos or playing games for hours! It also has an excellent control app for parents.



#### Xamiona G8

The Xamiona G8 is a fantastic smartphone for children. We all know that they often drop things on the floor or in water, but this device is really strong, so it won't break! At £150, it's more expensive than other popular phones, but it's very practical and easy to use. The battery is good and it has a nice, clear 16 cm screen. The camera isn't the best, but we think it has everything a child needs, especially for texting and playing games.



[SEE MORE](#)

○ ● ○



# Written Mediation Exam 5

You are planning a meal out with your friend, Noah. He is new to the area, so you decide to look for a place to go. Noah loves music and enjoys eating food from around the world. Write a message to Noah saying why you think he will like this music club. Suggest a time to book a table. Write about 100 words.

## EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A



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## The Music Club

The 500 club is the best place to go to in the area for live music or a club night. You can listen to every style of music you can think of from jazz to rap to pop to classical.

The building is over 200 years old and is very beautiful. The atmosphere is relaxed and friendly and the music is always excellent. The club holds regular 'new talent' nights. These are open to local singers and bands. Anyone can apply.

### Times and prices

The doors open at 7 p.m. and close around 3 a.m.

There is a discount for students and the price of tickets is reduced after 10 p.m..

### Food for thought

You can enjoy dinner at the Music Club Restaurant which looks over the stage and dance floor. The menu has dishes from around the world. Specialities include Greek moussaka, Indian chicken tikka masala and French beef bourguignon. There are also some excellent vegan and vegetarian options. The restaurant is very popular, so you must book your table. You can also buy snacks, hamburgers, and tapas at the bar.

### What's on tonight?

Tonight is world music night. You can expect top musicians from Senegal to New Orleans to Ireland. The live music starts at 8 p.m. and ends at midnight. Dancing continues for the rest of the evening.



# Written Mediation Exam 6

Your Canadian friend Josh has got a new job at an international company. He has an intermediate level of French, but he wants to learn another foreign language for the future. He doesn't have a lot of time and he doesn't want to study a very difficult language. He is very busy in his new job and asks you what you think. You find this information online. Write an email to Josh about the different options and say what you think is best for him. Write about 100 words.

## EOI Topic: Language and communication

See: English File 5th edition A1/A2

Files 2B, 5B, 6A

English File 5th edition A2/B1

Files 7C, 9C, 12B



## Languages of the future

[HOME](#)
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Be one step ahead in business and communicate with your colleagues around the world. If you want to really communicate and connect with others, don't use a translation app – learn a language!

So, which are the key languages to learn in the business world today, apart from English?



### Mandarin Chinese

- How many people speak it? Approximately 1 billion people
- Is it easy to learn? 8/10
- Mandarin Chinese is the main language of China and most countries in the world want to do business with China. Its economy is growing fast and many imported products are made in China. Chinese businesses like to have meetings face to face, so learning this language shows respect for the culture.

### Spanish

- How many people speak it? Approximately 540 million native speakers
- Is it easy to learn? 7/10
- Spanish is really a good language to know if your company works with other organizations in North America and Latin America, as well as Spain! Spanish is the official language in more than 20 countries around the world. If you can speak French or Italian, you'll probably find this language quite easy to learn.

### Arabic

- How many people speak it? Approximately 274 million native speakers
- Is it easy to learn? 5/10
- The Arab countries have a very important role in the global business world and are some of the richest nations on the planet. Not many people speak standard Arabic as a second language, so if you learn it, you'll have many exciting opportunities in the future.



# Written Mediation Exam 7

## EOI Topic: Jobs and occupations

See: English File 5th edition A1/A2  
Files 4A, 4B  
English File 5th edition A2/B1  
Files 7A, 9C

Your friend Daria's daughter is a student and is looking for work in London. You live in London and Daria has asked if you know of anything. Write an email to Daria giving her details of the agency you have found. Give your opinion of the two roles. Write about 100 words.



Home
Services
Jobs
Contact

Search

## JOBS FOR YOU

Are you looking for part-time work? Would you like to work in events across central London?  
If the answer is YES, we have two roles which are a perfect opportunity for you.

**Place:** London

**Company:** Entertain

**Who are we?**  
ENTERTAIN is an agency which provides staff for events across London. We have a large pool of chefs, waiters, bar staff, kitchen staff, baristas, and more. Our staff work at festivals, business events, restaurants, and hotels.

**How does the system work?**  
Companies organise events and ask us to provide people to work at them. We post information about each event on our online booking app. If you join us, you will download the app. You can then look at the app and decide which job you want to do. Remember, you can work as much or as little as you like. You decide!

**Who are we looking for today?**

Role: Waiter  
Pay: £15 an hour + tips  
Job type: Part-time  
Hours: You choose!  
Benefits: Free meals

Do you need experience?  
No. But you must be bright, hard-working and friendly.

Role: Kitchen assistant  
Pay: £11 an hour  
Job type: Part-time  
Hours: 6 hours per week  
Benefits: Free meals

Do you need experience?  
No. But you must be very hard-working.

For both roles, we will train you before you start. First you will have a short, online interview. If you are successful, we will invite you to one of our training centres. If you are interested, please send us your CV and we will arrange for an interview. Note you must be 18 years or older to apply.



# Written Mediation Exam 8

Your friend Lucas is flying to Australia from Europe to visit a cousin. He doesn't like flying very much and he hasn't been on a long flight before. He is nervous about his trip. You found some advice online about long-distance flying. Choose the five tips you think are best and write an email to Lucas to help him prepare before he flies. Write about 100 words.

**EOI Topic: Transport, goods and services**

See: English File 5th edition A1/A2

Files 7B, 10B, 10C

English File 5th edition A2/B1

File 4B

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## Have a good flight!

Are you excited about your next trip but nervous about flying for 24 hours? Don't worry! Our top tips for long distance flights will help you.



**Before you fly**

- Book your ticket early to get a good seat. Don't book a seat at the back of the plane. It's very noisy because that is where the engines are!
- Have you got some extra money? Buy a more expensive Premium Economy Class ticket and your seat will be more comfortable.
- Don't get stressed on the day of the flight! Go to the airport early and give yourself lots of time to check in.
- Pack a small bag with all the essential things you need: your smartphone, tablet, wallet and passport.
- Buy some good headphones so you can listen to music, watch films and play games on your devices.
- Wear comfortable clothes.

**On the plane**

- Stay healthy. Drink lots of water and get up and walk around when you can.
- Don't panic! If you feel bad, call a flight attendant to help you.
- If you can't sleep, be creative. Draw something or make plans for your holiday or for the future.





# Written Mediation Exam 9

You are planning to do a language course in France with your friend, Ella. You know France well so you decide to look for a language school. Write an email to Ella describing this language school. Give your opinion about which course to do and what type of accommodation to choose. Write about 100 words.

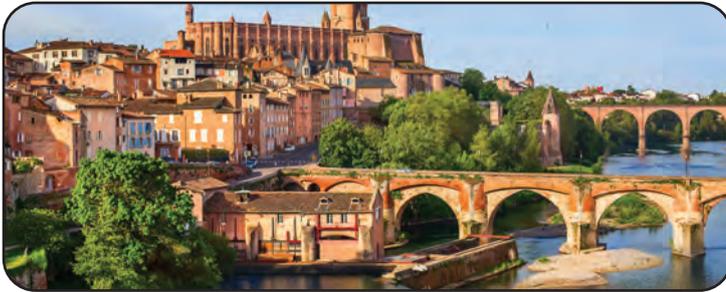
## EOI Topic: Education and studying

See: English File 5th edition A1/A2

Files 2B, 6A

English File 5th edition A2/B1

Files 7A, 7C, 9C, 11A



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## La Nouvelle LANGUE

Learn French in the historical city of Toulouse.

### About Toulouse

Toulouse sits between the Mediterranean and Atlantic coasts near the Pyrenees mountains. It is the fourth largest city in France and is an exciting place to visit. It is also very beautiful and is often called The Pink City because of the pink colour of its buildings.

### About the language school

La Nouvelle Langue is a French-language school for adults. It is close to bars, shops, and public transport, and near Saint Stephen's Cathedral, Pont Neuf, the Musée des Augustins, and several parks.

### Activities

\* available for students taking the 6-week standard course only

### Courses and fees

The schools offer courses all year round and at all levels for students over the age of 18. You can choose from:

- 2-week intensive course (25 lessons a week) at 500 euros
- 6-week standard course (18 lessons a week) at 800 euros – includes activities\*

All our teachers are experienced and are French native speakers. Lesson are fun, interactive, and interesting.

#### Day and evening activities:

- guided tours of the city
- visits to restaurants
- trips to museums and art galleries

#### Trips:

- the space city on the edge of Toulouse
- the historical town of Carcassonne
- the Pyrenees Mountains

#### Accommodation options:

- single room
- room in shared flat with other students
- room with a local family who will provide your meals



# Written Mediation Exam 10

Your friend, Charlie, wants to rent a flat in Edinburgh, which you have visited before. Charlie has a job, but he has never rented. You find some advice online. Write a message to Charlie explaining what he needs to do. Write about 100 words.

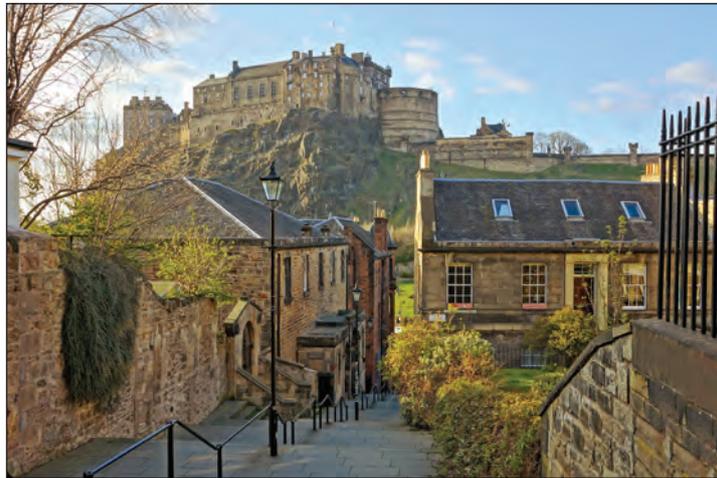
**EOI Topic: Housing, home and environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

English File 5th edition A2/B1

Files 4A, 5B



## EDINBURGH ESTATES: GUIDE TO RENTING A PROPERTY

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Thinking about renting a property in Edinburgh? There's a lot to think about! Here at Edinburgh Estates, we have some useful tips.

[House](#)
[Flat](#)
[Rent](#)
[View](#)


### Step One

Think about what you need. How much can you pay each month? Where in the city do you want to be? Then search for a flat or a house. Edinburgh Estates has hundreds for you to choose from.

### Step Two

Book an appointment to see the flat or house. You can click on the 'Arrange an Appointment' link and complete your details. Or you can call during office hours and a member of the team will arrange a time with you.

### Step Three

Show that you can pay the rent. We will ask for your salary details. If you are a student, you will need someone to add their name to your application. This person must have a salary. If you are not from the UK, you need to show us your passport, visa, etc.

### Step Four

Apply to rent the flat or house. Include details about your personal situation, your work and studies. We send this information to the owner.

### Step Five

If the owner says yes, we need to do some checks. We will need to contact your bank, your place of work, your place of study, etc.

### Step Six

Sign the documents!

### Step Seven

Move in! We'll meet you on the day and show you everything you need to know!



# Written Interlinguistic Mediation Exam 1

You are planning to rent a holiday apartment with your English friend, Maya, who doesn't speak Spanish, so you have offered to do the research. You have found an advert for a villa online. Read the advertisement and write an email to Maya about it saying why you think it is a good option. Write about 100 words.

## EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C



## CASA VACACIONAL

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Casa vacacional, 2–4 personas  
2 dormitorios, 2 baños, cocina, sala de estar, wifi  
Exteriores: jardín, piscina



Esta encantadora casa de una planta es perfecta para personas de todas las edades. Las habitaciones son luminosas y el mobiliario es cómodo y moderno. La cocina está equipada con lavavajillas, lavadora, frigorífico-congelador y todos los pequeños electrodomésticos habituales. Dispone de jardín con piscina de grandes dimensiones. También cuenta con mobiliario de jardín, horno de pizza y barbacoa.

La casa está en la cima de una colina en pleno corazón de la Toscana; las vistas son espectaculares. Está rodeada de olivos y campos, y es el lugar ideal para disfrutar de unas vacaciones tranquilas. Además, se puede disfrutar de actividades como caminar y hacer fotos del área local. La casa está a diez kilómetros del mar, con una preciosa playa de arena donde disfrutar del baño, la pesca y la navegación. En el pueblo podrás conducir, coger un autobús o alquilar una bicicleta. Si quieres ir de compras o hacer turismo, hay varias ciudades a las que ir en coche. Pisa está a 45 km, Lucca, a 70 km y Florencia, a 105 km.

Hay cafeterías, bares y restaurantes a un breve paseo de distancia; allí podrás probar la mejor comida italiana de la zona. En el pueblo también hay tiendas y un supermercado.

Precio por noche: 150 euros

[FIND OUT MORE](#)



# Written Interlinguistic Mediation Exam 2

You are planning to celebrate the end of exams with your American friend, Lucas, who doesn't speak Spanish. You want to go for a meal together, but you don't want to spend too much money. Lucas is busy with exams so you decide to plan. He likes Mexican food and live music. Write a message to Lucas telling him about this restaurant and giving your opinion. Write about 100 words.

## EOI Topic: Food and catering

See: English File 5th edition A1/A2  
Files 5A, 8B  
English File 5th edition A2/B1  
File 5C



## The Mexican Restaurant

★★★★★

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The Mexican Restaurant es un excelente restaurante mexicano con un menú interesante. El ambiente es siempre genial ¡y la cena de anoche no fue menos! Celebramos allí nuestros exámenes finales y resultó perfecto.

En primer lugar, la comida es absolutamente deliciosa. Se nota que es casera. De hecho, ¡se ve el área de cocina desde el restaurante para que siempre sepas lo que hacen los chefs!

Uno de mis platos favoritos de la carta es el pollo chimichanga, picante y exquisito. También me encantan el arroz y los frijoles mexicanos. Los platos son enormes, pero, si te sobra algo, te lo puedes llevar a casa. Y asegúrate de dejar hueco para los postres, porque también son espectaculares. Anoche pedí churros con chocolate de postre y estaban buenísimos.

Si eres vegetariano, no te preocupes, porque hay muchos platos también para ti. Mi pareja no come carne y pidió unos tacos con frijoles negros con ensalada mexicana de arroz y frijoles, todo excelente.

El personal es agradable incluso cuando hay mucha gente. Los camareros siempre están dispuestos a atenderte y recomendar platos de la carta.

¿El precio? Es algo caro, pero la comida es excelente y te garantizan una noche maravillosa y divertida.

Hay música en directo los viernes por la noche. ¡Puede resultar algo ruidoso! Si prefieres una experiencia más tranquila, ve otro día.

¡Gracias a todos los chefs y camareros! Repetiré, seguro.

### Rating and reviews

4.5 ★★★★★ 2,151 reviews



BOOK NOW



# Written Interlinguistic Mediation Exam 3

Your English friend, Aisha, doesn't speak Spanish. Read the advertisement for a leisure centre and Aisha's email. Write an email to Aisha giving her the information you think will interest her most. Write about 100 words.

## EOI Topic: Health and physical care

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B



### New message

To \_\_\_\_\_

Subject \_\_\_\_\_

Hello,  
How are you? I'm thinking about joining a leisure centre in your area. I don't have a car, so it needs to be near public transport. I'd like somewhere with a gym and a swimming pool and would prefer to pay monthly. I also want to bring my little sister sometimes. She's only five. Do you have any ideas?  
Thanks so much!  
Aisha



SEND

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## GREEN PARK

### LEISURE CENTRE AND STADIUM

Green Park Leisure Centre and Stadium es un nuevo centro deportivo que ofrece los mejores servicios de ocio de la ciudad. Puedes encontrarnos en el centro de Green Park. El parque está a un breve paseo de las líneas de autobús locales y a cinco minutos en coche de la estación de tren principal. Hay un centro lúdico para niños en Green Park, así como pistas de tenis.

#### Gimnasio a cubierto

- El gimnasio dispone de los equipos más modernos de la ciudad. Hay distintas áreas para diferentes niveles de entrenamiento. Puedes hacerte miembro o pagar una cuota mensual. Se ofrece un 20% de descuento a estudiantes y a mayores de 65 años.
- En The Exercise Studio se imparten clases de mantenimiento, aeróbic, yoga, pilates y mucho más. Todos nuestros entrenadores están cualificados y tienen experiencia.
- El rocódromo es uno de los mejores del país. Aprende con nosotros y lleva tus habilidades a la montaña.

#### Piscinas

El centro dispone de tres piscinas e impartimos clases para todas las edades y todos los niveles. Las piscinas incluyen:

- Piscina de 25 m
- Piscina de buceo
- Piscina de entrenamiento

#### Deporte al aire libre

- Tres canchas de fútbol y baloncesto
- Pista de atletismo, sede del club de atletismo local

#### Alimentación y bebidas

The Sports Café ofrece:

- Comidas frías y calientes
- Aperitivos saludables
- Té, café y zumos

#### Diversión en familia

- Área de juegos acogida
- Tres salas disponibles para fiestas de cumpleaños



# Written Interlinguistic Mediation Exam 4

Your English friend Julia, who lives in Spain, wants to buy her 11-year-old child a smartphone or tablet. She doesn't know much about technology and has asked you for help. She doesn't want to spend a lot of money. You found two reviews online below. Write an email to Julia telling her about the different options and say which you think is best. Write about 100 words.

## EOI Topic: Science and technology

See: English File 5th edition A1/A2

File 3A

English File 5th edition A2/B1

Files 10C, 11C

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### Tecnología actual

Hoy en día, a los niños les encanta usar la tecnología para jugar y estar en contacto con amigos y familiares. ¿Pero qué es más recomendable para tu hijo: un smartphone o una tableta? Te presentamos algunas opciones que nuestros expertos han probado.

#### Romazon Connect 6 HD

¿Quieres comprarle a tu hijo su primera tableta? Romazon Connect 6 HD es una tableta perfecta para niños de 5 años. Es asequible (68,99 euros), resistente y está disponible en varios colores que encantarán a los niños. Dispone de dos cámaras, memoria interna de 32 GB y la batería tiene una autonomía de 8 horas. ¡Cualquier niño disfrutará viendo películas, leyendo, escuchando música, haciendo fotos o jugando durante horas! También tiene una excelente aplicación de control parental.



#### Xamiona G8

El Xamiona G8 es un smartphone fantástico para niños. Todos sabemos que es habitual que se les caigan las cosas al suelo o al agua, pero este dispositivo es muy resistente, así que no se romperá. Su precio de 150 euros es más caro que otros teléfonos populares, pero es muy práctico y fácil de usar. Tiene una batería de buena calidad y una pantalla nítida de 16 cm. La cámara no es de gama alta, pero creemos que tiene todo lo que necesita un niño, especialmente para enviar mensajes y jugar.



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# Written Interlinguistic Mediation Exam 5

You are planning a night out with your Australian friend, Noah, who doesn't speak Spanish. Noah loves music and enjoys eating food from around the world. Write a message to Noah saying why you think he will like this music club. Suggest a time to book a table. Write about 100 words.

## EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2  
Files 6C, 7C, 9C, 11B, 12A, 12B  
English File 5th edition A2/B1  
Files 1A, 3B, 4C, 10A



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## The Music Club

El club 500 es el mejor lugar de la zona para escuchar música en directo o salir. Ofrecen todos los estilos de música imaginables, ya sea jazz, rap, pop o música clásica.

El edificio tiene más de 200 años y es precioso. El ambiente es relajado y agradable, y la música es siempre excelente. En el club se celebran noches para «nuevos talentos» con frecuencia. Esas noches actúan cantantes y grupos locales. Cualquiera puede participar.

### Horarios y precios

Abre sus puertas a las **19:00** y cierra alrededor de las **3:00**.  
Ofrece un descuento para estudiantes y el precio de la entrada se reduce después de las diez.

### La guinda del pastel

Podrás disfrutar de una cena en el restaurante de The Music Club, con vistas al escenario y la pista de baile. La carta ofrece platos de todo el mundo. Entre las especialidades se incluyen la musaka griega, el pollo *tikka masala* indio y el estofado de ternera *bourguignon* francés. También ofrece opciones veganas y vegetarianas excelentes. El restaurante es muy conocido, por lo que es necesario reservar. También se pueden tomar aperitivos, hamburguesas y tapas en el bar.

### Eventos esta noche

Esta noche es la noche de las músicas del mundo. Vendrán músicos de primera línea de Senegal, Nueva Orleans o Irlanda, entre otros. La música en directo comienza a las 20:00 y finaliza a medianoche. El baile continúa el resto de la noche.



# Written Interlinguistic Mediation Exam 6

Your Canadian friend Josh has got a new job at an international company. He has an intermediate level of French, but he wants to learn another foreign language for the future. He doesn't have a lot of time and he doesn't want to study a very difficult language. He is very busy in his new job and asks you what you think. You find this information online. Write an email to Josh about the different options and say what you think is best for him. Write about 100 words.

## EOI Topic: Language and communication

See: English File 5th edition A1/A2  
Files 2B, 5B, 6A  
English File 5th edition A2/B1  
Files 7C, 9C, 12B

### Idiomas del futuro

Ve un paso por delante en los negocios y communicate con tus compañeros de todo el mundo. Si realmente quieres comunicarte y conectar con otra gente, no uses una aplicación de traducción: ¡aprende un idioma!

Pero, ¿cuáles son los idiomas que más conviene aprender en el mundo empresarial actual, aparte del inglés?



#### Chino mandarín

- ¿Cuántas personas lo hablan? Aproximadamente mil millones de personas.
- ¿Es fácil de aprender? 8/10
- El chino mandarín es el idioma más hablado en China y la mayoría de países de todo el mundo quieren hacer negocios con China. Su Economía crece rápidamente y muchos productos importados se fabrican en China. En las empresas chinas, prefieren mantener reuniones en persona, por lo que aprender este idioma es una señal de respeto para su cultura.

#### Español

- ¿Cuántas personas lo hablan? Aproximadamente 540 millones de hablantes nativos.
- ¿Es fácil de aprender? 7/10
- El español es un idioma muy útil si tu empresa trabaja con otras organizaciones en Norteamérica y Latinoamérica, así como en España. El español es oficial en más de 20 países de todo el mundo. Si hablas francés o Italiano, probablemente te resultará sencillo de aprender.

#### Árabe

- ¿Cuántas personas lo hablan? Aproximadamente 540 millones de hablantes nativos.
- ¿Es fácil de aprender? 5/10
- Los países árabes juegan un papel muy importante en el mundo empresarial y son algunas de las naciones más ricas del mundo. Poca gente habla árabe estándar como segunda idioma, así que, si lo aprendes, te abrirá muchas puertas en el futuro.



# Written Interlinguistic Mediation Exam 7

Your English friend Daria doesn't speak Spanish. Her daughter is looking for part-time work in Seville. Daria has asked if you know of anything. Write an email to Daria giving her details of the agency you have found. Give your opinion of the two roles. Write about 100 words.

## EOI Topic: Jobs and occupations

See: English File 5th edition A1/A2  
Files 4A, 4B  
English File 5th edition A2/B1  
Files 7A, 9C



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## Trabajos PARA TI

¿Buscas trabajo a tiempo parcial? ¿Te gustaría trabajar en eventos en el centro de Sevilla? Si la respuesta es Sí, tenemos dos puestos que son ideales para ti.

### ¿Quiénes somos?

ENTERTAIN es una agencia que ofrece personal para eventos en Sevilla. Contamos con una amplia cartera de chefs, camareros, personal de bar, personal de cocina, camareros de barra y mucho más. Nuestro personal trabaja en festivales, eventos empresariales, restaurantes y hoteles.

### ¿Cómo funciona el sistema?

Las empresas organizan eventos y nos piden que les proporcionemos personal para trabajar en ellos. Publicamos información sobre cada evento en nuestra aplicación de reserva en online.

Si te unes a nosotros, descargarás la aplicación. Entonces podrás consultarla y decidir el trabajo que te interese.

Recuerda: puedes trabajar tanto o tan poco como quieras. ¡Tú decides!

### ¿Qué buscamos hoy?

Puesto: Camarero/a  
Pago: €25 la hora + propinas  
Tipo de trabajo: A tiempo parcial  
Horas: ¡Tú eliges!  
Ventajas: Comida gratis  
¿Necesitas experiencia?  
¿Necesitas experiencia?  
No. Pero deberás ser enérgico, trabajador y agradable.

Puesto: Asistente de cocina  
Pago: €15 la hora  
Tipo de trabajo: A tiempo parcial  
Horas: 6 horas a la semana  
Ventajas: Comida gratis  
¿Necesitas experiencia?  
No. Pero deberás ser muy trabajador.

Te formaremos para ambos puestos antes de empezar. Primero, te haremos una breve entrevista *online*. Si la pasas, te invitaremos a uno de nuestros centros de formación.

Si te interesa, envíanos tu CV y programaremos una entrevista.

Ten en cuenta que debes ser mayor de 18 años para que aceptemos tu solicitud.



# Written Interlinguistic Mediation Exam 8

Your friend Lucas is flying to Australia from Europe to visit a cousin. He doesn't like flying very much and he hasn't been on a long flight before. He is nervous about his trip. You found some advice online about long-distance flying. Choose the five tips you think are best and write an email to Lucas to help him prepare before he flies. Write about 100 words.

## EOI Topic: Transport, goods and services

See: English File 5th edition A1/A2

Files 7B, 10B, 10C

English File 5th edition A2/B1

File 4B

## ¡Disfruta del vuelo!

¿Estás emocionado por tu próximo viaje, pero nervioso por tener que volar durante 24 horas? ¡No te preocupes! Te ayudamos con nuestros consejos para vuelos largos.



### Antes del vuelo

- Reserva tu billete lo antes posible para conseguir un buen asiento. No reserves asiento en la parte trasera del avión. ¡Es muy ruidosa porque es donde están los motores!
- ¿Puedes permitirte gastar un poco más? Compra un billete de clase turista superior; es un poco más caro pero tu asiento será más cómodo.
- ¡No te estreses el día del vuelo! Llega temprano al aeropuerto y tómate tu tiempo para facturar el equipaje.
- Prepara un bolso pequeño con todas las cosas imprescindibles que necesites: smartphone, tableta, cartera y pasaporte.
- Compra unos buenos auriculares para poder escuchar música, ver películas y jugar con tus dispositivos.
- Lleva ropa cómoda.

### En el avión

- Cuida tu salud. Bebe mucha agua y levántate para pasear un poco cuando puedas.
- ¡No te asustes! Si te encuentras mal, avisa a un azafato o azafata para que te ayude.
- Si no puedes dormir, usa tu creatividad. Ponte a dibujar o haz planes para tus vacaciones o para el futuro.





# Written Interlinguistic Mediation Exam 9

You are planning to do a language course in France with your friend Ella. You find a language school advertisement online. Ella doesn't speak Spanish. Write an email to Ella describing the school. Give your opinion about which course to do and what type of accommodation to choose. Write about 100 words.

## EOI Topic: Education and studying

See: English File 5th edition A1/A2  
Files 2B, 6A  
English File 5th edition A2/B1  
Files 7A, 7C, 9C, 11A



• • •
↗

## La Nouvelle LANGUE

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Aprende francés en la histórica ciudad de Toulouse.

### Acerca de Toulouse

Toulouse se encuentra entre las costas mediterránea y atlántica, cerca de los Pirineos. Es la cuarta ciudad más grande de Francia y un lugar emocionante para visitar. También es preciosa; a menudo la llaman la «Ciudad Rosa» por el tono de sus edificios.

### Acerca de la escuela de idiomas

La Nouvelle Langue es una escuela de francés para adultos. Se encuentra cerca de bares, tiendas y transporte público, y también a poca distancia de la Catedral de San Esteban, el Pont Neuf, el Museo de los Agustinos y varios parques.

### Actividades

\* Solo disponibles para alumnos del curso estándar de 6 semanas

### Cursos y precios

La escuela ofrece cursos durante todo el año y a todos los niveles para mayores de 18 años. Puedes elegir entre:

- Curso intensivo de 2 semanas (25 clases a la semana) por 500 euros
- Curso estándar de 6 semanas (18 clases a la semana) por 800 euros (incluye actividades\*)

Todos nuestros profesores son nativos y cuentan con experiencia. Las clases son divertidas, interactivas e interesantes.

#### Actividades diurnas y nocturnas:

- Visitas guiadas en la ciudad
- Visitas a restaurantes
- Visitas a museos y galerías de arte

#### Excursiones:

- La Cité de l'espace a las afueras de Toulouse
- La ciudad histórica de Carcasona
- Los Pirineos

#### Opciones de alojamiento:

- Habitación individual
- Habitación en piso compartido con otros alumnos
- Habitación en casa de una familia local que te proporcionará las comidas



# Written Interlinguistic Mediation Exam 10

Your friend, Charlie, who doesn't speak Spanish, wants to rent a flat in Valencia. Charlie has a job, but he is British and has never rented in Spain before. You find some advice online. Write a message to Charlie explaining what he needs to do. Write about 100 words.

**EOI Topic: Housing, home and environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

English File 5th edition A2/B1

Files 4A, 5B



## VALENCIA PROPERTIES: GUÍA PARA ALQUILAR UNA PROPIEDAD

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¿Estás pensando en alquilar una propiedad en Valencia? ¡Hay muchas cosas en las que pensar! En Valencia Properties, tenemos algunos consejos útiles.

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[Flat](#)
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### Primer paso

Piensa en lo que necesitas.  
¿Cuánto puedes pagar al mes?  
¿En qué parte de la ciudad quieres estar? A continuación, busca tu piso o tu casa. Edinburgh Estates te ofrece cientos entre los que elegir.

### Segundo paso

Reserva una cita para ver el piso o la casa. Puedes hacer clic en el enlace «Concertar una cita» e introducir tus datos. También puedes llamar en horario de oficina y un miembro del equipo concertará la hora contigo.

### Tercer paso

Demuestra que puedes pagar el alquiler. Te pediremos datos sobre tu salario. Si eres estudiante, necesitarás que otra persona incluya su nombre en tu solicitud. Es necesario que esa persona tenga un salario. Si no eres de Reino Unido, necesitarás mostrarnos tu pasaporte, visado, etc.

### Cuarto paso

Solicita el alquiler del piso o la casa. Incluye datos de tu situación personal, tu trabajo y tus estudios. Enviaremos esa información al propietario.

### Quinto paso

Si el propietario acepta, necesitaremos hacer algunas comprobaciones. Necesitaremos ponernos en contacto con tu banco, tu lugar de trabajo, el lugar en el que estudies, etc.

### Sexto paso

¡Firma los documentos!

### Séptimo paso

¡Múdate! Nos reuniremos contigo ese día y te diremos todo lo que necesitas saber.



# Mediation Strategy Practice: Spoken

## 1 Paraphrasing

Using different words to explain your ideas is called paraphrasing. There are a few ways to paraphrase.

- You can change the order of the words as well as the grammar.  
*The holiday was wonderful. = I had a wonderful holiday.*  
*The food in the restaurant was excellent. = There was some excellent food in the restaurant.*
- You can reduce the number of words.  
*One activity I especially enjoyed was having cooking lessons. = I enjoyed learning how to cook.*
- Use synonyms (words that mean the same thing).  
*The holiday was fantastic. = The holiday was wonderful.*  
*She can speak Spanish. = She's able to speak Spanish.*
- Use antonyms (words which mean the opposite, e.g. *on time = late*).  
*The train arrived on time. = The train didn't arrive late.*

Look at the example exam task and then complete the activities that follow.

You found this information about a hotel in a place you really want to visit. Paraphrase the information to persuade your friend to book a holiday at the hotel with you.

### Barcelona Prince Hotel

#### A fantastic hotel at the heart of the city

- This four-star hotel is located in the eastern area of the city.
- The beach, city centre, and Las Ramblas are only a five-minute walk away.
- All rooms have free and fast Wi-fi as well as a TV. Tea- and coffee-making facilities are also included.
- The hotel offers a sauna and a well-equipped gym for guests. There is also a terrace bar in the rooftop chill-out area, which provides spectacular views over Barcelona. The hotel's stylish restaurant serves international à la carte food.
- Private parking is available for guests at a small extra charge.
- Professional, friendly and knowledgeable staff will help make your stay in Barcelona unforgettable.
- Book early to take advantage of some of our great deals.

# Mediation Strategy Practice: Spoken

## A Choose the best way of paraphrasing each sentence from the hotel information.

- The beach, city centre, and Las Ramblas are only a five-minute walk away.  
A The hotel is close to lots of good places to visit.  
B You have to walk everywhere from the hotel.
- All rooms have free and fast Wi-fi as well as a TV.  
A I think we have to pay to get fast Wi-fi.  
B We can watch TV and use the internet in our room.
- The hotel offers a sauna and a well-equipped gym for guests.  
A We could use the hotel gym and have a sauna.  
B The hotel has a free gym and a swimming pool.
- There is also a terrace bar in the rooftop chill-out area, which provides spectacular views over Barcelona.  
A You can look out at Barcelona from the bar on the roof!  
B The bar on the roof also has a restaurant.
- Book early to take advantage of some of our great deals.  
A We'll probably pay less if we book late.  
B If we book now, we might get a cheaper price.

## B Complete the second sentence so that it paraphrases the first.

- Every room in the hotel has free and fast wi-fi.  
There's \_\_\_\_\_ in all the rooms.
- Private parking for guests is available behind the hotel.  
You can find \_\_\_\_\_ the hotel.
- The hotel's stylish restaurant serves international food.  
They serve \_\_\_\_\_ in the \_\_\_\_\_.
- There is also a terrace bar in the rooftop chill-out area, which provides spectacular views over Barcelona.  
There are \_\_\_\_\_ from the \_\_\_\_\_.
- The staff are professional and friendly.  
The \_\_\_\_\_ staff are always \_\_\_\_\_.

## C Now call your friend and tell them about the hotel. Speak for about three minutes.

# Mediation Strategy Practice: Spoken

## 2 Identifying key information

It's very important that you are able to identify the key information needed to complete the task. This will help you to structure your answer more effectively.

- Read the instructions carefully to find out what you need to do. Don't try to guess what the task wants you to do!
- Ask yourself: 'What is my role?'; 'Who am I speaking to?'; 'What information do I need to include?'
- Look at the task and underline the key words in the instructions.
- Read any texts or other information and highlight the key information.
- Think about how you might paraphrase this information or express it differently.
- Sometimes there's more information than you need. You don't need to repeat everything!

**Look at the example exam task and then complete the activities that follow.**

**You are a personal assistant to the director of a small company. She is not at work today because she is ill. This is her diary for the day. Her colleague is going to do her work. Leave a voice message for him and explain what he has to do today.**

*Tuesday 5th May*

8.30 Pick up Joanne on the drive to the office

9.30 Attend staff meeting online – take notes

11.00 Interview a new worker – make sure to photocopy ID

12.15 Lunch with daughter at the theatre (don't be late)

1.00 Pick up present for Auntie Mae

1.30 Office work – make sure the accounts are up to date

2.45 Video call with New York

3.50 Begin writing article for company magazine

4.30 Collect new laptop from IT dept – need for meeting tomorrow

5.00 Call doctor about test results

5.30 Deadline – check and send out annual report – PRIORITY

**A** Read the task and the diary notes. Underline the key information that you would include in your voice message. What information in the diary wouldn't you include? Why?

**B** Complete the sentences with words from the box.

attend check collect do has interview make notes photocopy report

- 1 You have to \_\_\_\_\_ the staff meeting at 9.30 where you'll need to take \_\_\_\_\_.
- 2 You need to \_\_\_\_\_ a new employee and you should make a \_\_\_\_\_ of their ID.
- 3 At one thirty, you must \_\_\_\_\_ sure the accounts are up to date.
- 4 At a quarter to three, she \_\_\_\_\_ an important video call with New York, so you'll have to \_\_\_\_\_ that.
- 5 You have to \_\_\_\_\_ a new laptop for her at four thirty.
- 6 The deadline for the annual \_\_\_\_\_ is 5.30 today, so I hope you can \_\_\_\_\_ it and send it out.

**C** Leave the voice message for the director's colleague explaining what he has to do. Speak for about three minutes.

# Mediation Strategy Practice: Spoken

## 3 Adapting language (formal / informal register)

You will sometimes need to make changes to language to make it sound more or less formal.

<b>Formal language</b> <b>Used in official letters and documents for business or professional reasons</b>	<b>Informal language</b> <b>Used with your friends, family and people you know well</b>
Full sentences <i>I would like to invite you for lunch on Tuesday.</i>	Short sentences <i>Come for lunch on Tuesday.</i>
No contractions <i>We are contacting you to inform you about a change to your booking.</i>	Contractions <i>We're contacting you to tell you about a change to your booking.</i>
Formal vocabulary <i>I am afraid that I am unable to help you.</i> <i>I appreciate your assistance.</i> <i>I look forward to seeing you on Sunday.</i>	Less formal vocabulary <i>I'm really sorry but I can't help.</i> <i>Thanks for your help.</i> <i>It'll be great to see you Sunday!</i>
No phrasal verbs <i>I will collect the parcel on Monday.</i> <i>Remove the label before using.</i>	Use phrasal verbs <i>I'll pick up the parcel on Monday.</i> <i>Take off the label before you use it.</i>
No idioms <i>I find football boring.</i> <i>The students are paying attention today.</i>	Use idioms <i>Football isn't my cup of tea.</i> <i>The students are really on the ball today.</i>

Look at the example exam task and then complete the activities that follow.

Your friend Ramon is going to rent a flat. He got this letter from the landlord but doesn't understand what it means. Leave him a voice message and explain it in your own words.

- 1 This is a housing contract between the landlord David Smith and tenant Ramon Jones. The address of the accommodation is Flat 24a, Tower Building, London L1 3ED.
- 2 This contract commences on the 1st of April. It will terminate on the 1st of December and is for a duration of six months.
- 3 This flat is only for use by the tenant named in section 1.
- 4 The amount of rent payable is £1700 per month. This should be paid on or before the 1st of the month.
- 5 The rent does not include any bills payable for the flat. The tenant\* is responsible for all electricity, gas, water, and Wi-fi.
- 6 The tenant is required to pay a deposit\*\* of one month's rent before moving in. This deposit will be given back at the end of the housing contract provided that there is no damage to the property.
- 7 The tenant is required to inform the landlord two months before they want to end the contract.
- 8 The landlord must carry out basic repairs on the flat if necessary.

\* a person who pays rent for the use of a room, flat, house, shop, etc.

\*\* money that is given as the first part of a larger payment

**A Match the informal words a–f with the formal words from the landlord's letter.**

- |                  |                  |
|------------------|------------------|
| 1 accommodation  | a ends           |
| 2 commences      | b length of time |
| 3 terminates     | c flat / house   |
| 4 duration       | d as long as     |
| 5 is required to | e begins         |
| 6 provided that  | f must           |



# Mediation Strategy Practice: Spoken

**B Complete these sentences with the words from the box to make them sound less formal.**

before bill end have landlord leave month pay rent will

- 1 The contract will terminate on the 1st of December and is for a duration of six months.  
The \_\_\_\_\_ of the contract \_\_\_\_\_ be on the 1st of December.
  - 2 The amount of rent payable is £700 per month.  
The \_\_\_\_\_ costs £700 per \_\_\_\_\_.
  - 3 The tenant is responsible for all electricity, gas, water and wi-fi.  
You \_\_\_\_\_ to pay all \_\_\_\_\_ including electricity, gas, water, and Wi-fi.
  - 4 The tenant is required to pay a deposit of one month's rent before moving in.  
\_\_\_\_\_ you move in, you have to \_\_\_\_\_ a one-month deposit.
  - 5 The tenant is required to inform the landlord two months before they want to end the contract.  
If you want to \_\_\_\_\_ the flat, you have to tell the \_\_\_\_\_ two months before you want to end the contract.
- C Leave the voice message for your friend explaining the tenancy agreement. Speak for about three minutes.**

# Mediation Strategy Practice: Spoken

## 4 Expanding information

You will need to add more information in some speaking tasks.

- Expand notes into full sentences.  
*a.m. class = The class is in the morning.*  
*Trainers required = You need to bring trainers to do the class.*
- Add extra information to connect ideas and explain more.  
*I think the morning class would be good for you because you work in the afternoon.*

Look at the example exam task and then complete the activities that follow.

Your friend, Maria, wants to join a sports club to get fit. She has a job and works until four o'clock Monday to Thursday, but she doesn't have much money. You saw these two adverts. Leave Maria a voice message to explain about both of them and tell her which one you think would be best for her. Expand the information to say why one might be more suitable.

### Leonardo's Tennis Association

- Like tennis?
- Sociable tennis club
- Suitable for beginners – advanced
- Open Sunday 5–9.30
- Harwick Street tennis courts
- Membership £5 per session
- Racket and tennis shoes needed
- Under 18s need a parent / guardian to sign membership form

### Fit Ladies Running Club

- Want to get fit?
- Beginners welcome
- Wednesday 8–10 p.m.
- Meet at Barby Sports Hall
- 1–6 mile running groups (beginners)
- Professional coaches
- First three sessions free, then £20 per year
- Trainers needed

**A** Complete the sentences using a word from the box.

coaches fit free running tennis trainers

- 1 I think the \_\_\_\_\_ club would be better for you because it's a lot cheaper.
- 2 To join the \_\_\_\_\_ club you need a racket and tennis shoes.
- 3 You just need \_\_\_\_\_ to join the running club.
- 4 The running club would be more suitable for you because you could do the first three sessions for \_\_\_\_\_.
- 5 I think running is a better sport to get \_\_\_\_\_.
- 6 The running club also has professional \_\_\_\_\_ who could help you train.



# Mediation Strategy Practice: Spoken

**B** Make the following parts of the adverts into full sentences. Add any more details you want.

1 Suitable for beginners – advanced

---

2 Membership £5 per session

---

3 Sociable tennis club

---

4 Wednesday 7–10 p.m. at Barby Sports Hall

---

5 Professional coaches

---

6 Trainers needed

---

**C** Leave Maria the message (as described in the task). Speak for about three minutes.

# Mediation Strategy Practice: Spoken

## 5 Collaborating with others to find solutions and reach conclusions

In some tasks you will need to work with other students to discuss something and reach an agreement.

- Ask questions to find out what the other students think.  
*What kind of holidays do you like to go on?*  
*Do you like beach holidays?*
- Give your own opinion and give reasons for it.  
*I think we should go to Greece because the weather is lovely there.*  
*In my opinion, a city holiday would be best because there is always something to do.*
- Make suggestions.  
*Why don't we go on holiday to London?*  
*We could go shopping in the morning and go swimming in the afternoon.*
- Agree or disagree.  
*I agree with you*  
*I think that's a great idea.*  
*I'm afraid I don't agree.*  
*I'm not sure about that idea..*

Look at the example exam task and then complete the activities that follow.

Look at the three holidays. Discuss which one you would like to go on with your partner. Ask questions and listen to their answers. Decide on a holiday to go on together.

1

### Madrid skiing

**Length:** 3 nights

**Food:** breakfast and dinner

**Activities:** skiing,  
snowboarding

**Nightlife:** two hotel restaurants

**Cost:** £700 per person

**Travel by:** plane

**What to bring:** cold weather  
clothes

All skiing equipment included

2

### The beach in Greece

**Length:** 7 nights

**Food:** breakfast only

**Activities:**  
sunbathing,  
snorkelling, shopping

**Nightlife:** lots of  
discos

**Cost:** £400 each

**Travel by:** plane

**What to bring:** towel  
and swimsuit

3

### Camping adventure in the mountains

**Length:** 5 days

**Food:** all meals (carry own lunch)

**Activities:** trekking in the  
mountains, bird watching,  
mountain lake swimming

**Nightlife:** in bed by 10 p.m.

**Cost:** £300

**Travel by:** train / car

**What to bring:** walking boots  
and rucksack



# Mediation Strategy Practice: Spoken

**A Which holiday would you like to go on? Why? Answer the questions.**

1 Which holiday do you think is the most exciting?

---

2 Which holiday is the cheapest?

---

3 Which holiday would be the most relaxing?

---

4 Which holiday would involve dancing?

---

5 Which holiday has a lot of walking?

---

6 Which holiday is the shortest?

---

**B Complete the sentences and questions about the holidays with the words from the box.**

doing go like need prefer to would

1 Which holiday would you \_\_\_\_\_ go on and why?

2 I think I'd rather \_\_\_\_\_ on the walking holiday because the beach would be too boring for me.

3 How long \_\_\_\_\_ you like to stay for?

4 What kind of activities do you like \_\_\_\_\_?

5 What do we \_\_\_\_\_ to take with us?

6 I'd \_\_\_\_\_ to go somewhere that has places to go at night.

**C Complete the task with your partner. Speak for about five minutes.**

# Spoken Mediation Exam 1

Your friend Maria has a shop which sells sports clothes and equipment in your town centre. She is looking for a young person to work in the shop all day on Saturdays and two afternoons a week from 4 p.m. Maria asks you if you have any friends with teenage children who want a part-time job. You have emails from the son and daughter of two of your friends. Call Maria and tell her about them. Say which person you think is best for the job. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

## EOI Topic: Jobs and occupations

See: English File 5th edition A1/A2

Files 4A, 4B

English File 5th edition A2/B1

Files 7A, 9C



I'm Julia, a 19-year-old college student, and I'm studying to be a physical education teacher. I love doing sports with young children and I want to work as a primary school teacher in the future. I enjoy team sports, like football or basketball. I get up early every day and go running for an hour at 7.30 before college.

I'm also interested in sports clothes and I often go online to look at the latest trainers. My friends say that I'm extrovert and friendly. Last year, I worked every Saturday as a barista in a coffee shop. I like working with different people.



I'm Joshua and I'm 18. I'm in my final year of secondary school before I go to university. I'm going to study business management. In the future, I want to start a company to make sports video games. I do lots of different sports and I'm good at running, tennis and swimming. I also like extreme sports, like rock climbing.

I work three afternoons a week at the gym. I'm a receptionist and I help the clients. My family and friends say that I'm hard-working and clever. I learn new things quickly. I'm looking for a job in the afternoons after school if possible.

# Spoken Mediation Exam 2

You want to visit Iceland with your friend, David, but you are not sure when to go. You find an article online. Read the information and describe it to your friend. Say when you would prefer to go and why, in summer or in winter. You have 5 minutes to prepare and 2 minutes to speak.

**EOI Topic: Weather and the environment**

See: English File 5th edition A1/A2

Files 5C, 10A, 11A

English File 5th edition A2/B1

Files 2A, 5B

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## Visiting Iceland

[Twitter](#)
[Facebook](#)
[Instagram](#)
[YouTube](#)

Thinking about visiting Iceland? Not sure when you want to go? Read the information and find out.

Iceland has a cool climate and changeable weather!



*In the summer...*

Average daytime temperature: 10–20°C.  
24 hours of daylight (mid-June)

**Activities**

- Camping and hiking
- Wildlife watching (whales, penguins, etc.)
- Northern Lights (September)



*In the winter...*

Average daytime temperature: –10–0 °C.  
Short days, heavy snow (some roads close)

**Activities**

- Taking photos
- Skiing, other snow sports
- Northern Lights (February and March)

# Spoken Mediation Exam 3

Freddie, a friend at work, tells you that he has problems sleeping and he always feels tired. He doesn't know what to do. You find this information online with ideas about how to sleep better. You decide to call Freddie and tell him about some things he can do. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

## EOI Topic: Daily life activities

See: English File 5th edition A1/A2  
Files 1A, 2B, 5A, 6B, 7A, 8B, 11B  
English File 5th edition A2/B1  
Files 4A, 4B

🏠 Sleep solutions
🏥 Sleep health
👤 About us

🔍



## Do you have problems getting to sleep?

We think that if you try some our ideas, you will sleep better and wake up in the morning feeling ready for action!

- Set a time to start your bedtime routine and do the same thing every evening.
- An hour before bedtime, go for a walk, or do some yoga or other gentle exercise.
- Don't have a big meal or drink coffee before you go to bed
- Make a music playlist with soft music to help you relax.
- Have a relaxing bath or shower.
- Turn off your phone when you are in bed!
- Read a book for a short time before you switch off the light.
- Go to bed at the same time every night. Try to sleep for 7–9 hours.

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# Spoken Mediation Exam 4

## Student A

The managing director of the company you and your partner work for is retiring. You have the job of choosing a present to give him from all the employees. He likes adventure and doing things outside. You and your partner have found two different things. Tell your partner about your idea and decide together which is the best one. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

**EOI Topic: Human and social relationships**

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C

## ORBIT MASTERLINE 38 WATCH



This beautiful watch for men is the perfect present for a special occasion. It is fashionable but also practical and light, and it is very popular with people who like sports and outdoor activities. It is made in Switzerland, costs **£350** and has a 5-year guarantee. If you want to give someone you love something they will keep forever, this is the gift you should choose!

**Free delivery if you order online.**

 **Sam99**

★★★★★

I love this watch! My grandchildren gave it to me for my birthday last year and I'm very happy with it. I like walking and climbing in the mountains and this watch is impossible to break. It's great for active people!

...

# Spoken Mediation Exam 4

## Student B

The managing director of the company you and your partner work for is retiring. You have the job of choosing a present to give him from all the employees. He likes adventure and doing things outside. You and your partner have found two different things. Tell your partner about your idea and decide together which is the best one. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

**EOI Topic: Human and social relationships**

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C

## FLY A PLANE FOR 30 MINUTES!

Do you want to have some fun and enjoy an experience you will remember for the rest of your life? Come and have a short flying lesson with us and do something that is really exciting and different!



We will give you one-to-one special training with an official flying instructor. First, you get an introduction to flying, learn about the controls in the plane and how to stay safe. When you are in the air, you will take control of the plane, but don't worry – the instructor is there to help you all the time. You will also get a special certificate at the end of the flight. This is a very popular present for a special birthday or anniversary.



**Price: £250 Book online today!**



# Spoken Mediation Exam 5

You and your friend are going away for a short holiday. You both love music and dancing. You are going to rent a flat for a week near the beach. The owner of the flat sends you a document with some rules. Your friend needs to know the rules because she wants to take her dog. Call her and tell her the most important information. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

## EOI Topic: Travel and vacations

See: English File 5th edition A1/A2

Files 7B, 10A, 10B, 11A

English File 5th edition A2/B1

Files 2A, 2B, 3A, 5B, 7C



## SEA VIEW APARTMENT

We hope you enjoy your stay at Sea View Apartment and have a relaxing time at the beach! Here are some rules we would like you to follow. Please:

- Don't smoke inside the apartment or on the balcony.
- Think about the neighbours. They may be asleep when you come back at night, so please be quiet.
- Don't have parties in the apartment. There are some good nightclubs nearby. They play fantastic music!
- Take the rubbish out every day after 7 p.m. The rubbish bins are behind the apartment building and there are recycling bins for paper, plastic, and glass.
- If you have pets and want to bring them with you on holiday, call us on 07700900375. We don't usually have guests with animals, but we sometimes accept small dogs.



# Spoken Mediation Exam 6

## Student A

You and your partner are on holiday in a city in the UK. You both like shopping and want to visit a street market while you are there. You want to buy some typical presents for your family and you don't like big groups of people. You find this information online about a street market. Your partner has information about a different market. Tell them the most important information about the market and decide where and when you want to go. You have about 3–4 minutes to prepare and 5–6 minutes to talk.

**EOI Topic: Shopping and commercial activities**

See: English File 5th edition A1/A2

Files 6A, 11A

English File 5th edition A2/B1

File 4B

## MALORY STREET MARKET

The market is in the south of the city. It's very popular with tourists, but many people who live in the area also visit it. You can get there on the underground and by bus.

In the past, there were three different markets selling fresh food from all around the world, local arts and crafts, and clothes. But now the three are joined together to make one huge market. There are more than 50 small, independent shops.

There is some fantastic street food as well as lots of good cafes and restaurants. It's always very busy and full of people, especially at lunch time, so it's best to go early in the morning.



It opens every weekday at 8.30 a.m. and closes at 2:00 p.m.  
On Sundays it's open from 10:00 a.m. to 2:00 p.m.

# Spoken Mediation Exam 6

## Student B

You and your partner are on holiday in a city in the UK. You both like shopping and want to visit a street market while you are there. You want to buy some typical presents for your family and you don't like big groups of people. You find this information online about a street market. Your partner has information about a different market. Tell them the most important information about the market and decide where and when you want to go. You have about 3–4 minutes to prepare and 5–6 minutes to talk.

**EOI Topic: Shopping and commercial activities**

See: English File 5th edition A1/A2

Files 6A, 11A

English File 5th edition A2/B1

File 4B

## Brady Street Market

You can find this wonderful market in the old part of the city, so it's easy to walk there if you're staying somewhere in the centre. It's a great place to take photos because the buildings are very beautiful and there are lots of fruit trees nearby. It has a lot of great things to buy – from food to fresh flowers, unusual presents, books, and clothes.

It's a bit expensive, but you can find cheaper things to buy if you look for them.

This market also has a fantastic international food area, so when you finish shopping, you can spend some time trying different dishes.



**It opens every day from 8:30 a.m. to 2:30 p.m. It gets busy early in the morning because office workers in the area like to buy their breakfast and coffee there.**

# Spoken Mediation Exam 7

Your friend Ava has recently moved to a new area and wants your advice about making new friends. She is a creative person and enjoys helping people. You have found some adverts about things to do. You call Ava to tell her, but she doesn't answer the phone. Read the information and leave a voice message giving her a summary. You have 5 minutes to prepare and 2 minutes to speak.

## EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2

Files 6C, 7C, 9C, 11B, 12A, 12B

English File 5th edition A2/B1

Files 1A, 3B, 4C, 10A



### HOME

### SERVICES

### GROUPS

### CONTACT



#### Get Active

Join Get Active – the newest gym in your area.

##### What we offer:

- modern gym equipment
- exercise classes – aerobics and yoga
- martial arts lessons – karate or tae kwon do

##### Cost

1-month, 6-month or, 1-year subscription

**30% discount on first six months**

#### The Art Gallery

Come to our art classes.

##### What we offer:

- classes for everybody from beginners to experienced artists
- excellent teaching
- relaxed and fun lessons
- regular social events and trips to galleries

##### Cost

10 euros per class

Extra for trips

#### The Volunteer Hub

At the Volunteer Hub, we welcome volunteers from the area.

- Teach language skills to refugees
- Clean parks and beaches
- Help at food banks
- Work with animals

Sign up online. We'll contact you. No experience necessary.



# Spoken Mediation Exam 8

Your friend, Zahra, tells you that her son is starting university and is worried about sharing a flat with a group of people he doesn't know. Your daughter and her friends are at university. You ask their advice. Read the messages and tell your friend about some things her son can do. You have 5 minutes to prepare and 2 minutes to speak.

**EOI Topic: Housing, home and environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

English File 5th edition A2/B1

Files 4A, 5B



13:20

Available

**Olivia**  
It's OK to be nervous. It's a big change! One thing to do is find out the names of the people you're sharing with and set up a group chat before you move in. It's a good idea to speak to everyone on the first day. I mean, don't stay in your room. Go out and start a conversation or leave your bedroom door open when you're unpacking.  
13:02

**Abe**  
Good ideas, Olivia. Organising the kitchen is also important. I mean, when you get there, choose a cupboard and fridge space. Make sure everyone has equal space. Clean the kitchen when you finish cooking and definitely don't eat other people's food. I think it's a good idea to cook together sometimes. I like it when we do this.  
13:04

**Amelia**  
You've got a point, Abe. Maybe there needs to be a set of rules. No noise after midnight! Wash up your dishes! You could write down the rules and stick them on the wall. I like your idea about cooking together. I also think it's a good idea to go out together and do things sometimes. Or have a party and invite people from other flats. What do you think?  
13:06

# Spoken Mediation Exam 9

## Student A

You and your partner are organizing an end-of-course dinner for your classmates at the college where you study. Some people in the group are vegetarian and one person is vegan. They want to spend about £25–30 each. You find this information online about a restaurant. Your partner has information about another restaurant. Tell them the most important information about your restaurant and choose the best option for the class. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

### EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C

★
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## Wild Green Restaurant

**Price:** £25–£45  
**Food:** international, vegetarian, vegan  
**Hours:** from 11:00 a.m. to 10:30 p.m. for brunch, lunch, and dinner  
**Style:** modern, clean and fun  
**Special features:** bring your dog!  
**Restaurant staff:** young, friendly, and multi-cultural



### Reviews

<b>Food</b>	★★★★★	<b>JimmyB</b>	I love this great restaurant that opened last month in the centre of the city. The food is delicious and healthy, and there's a great variety to choose from. It isn't only green salads! I've been a vegetarian for five years now, but I like to eat a pizza sometimes and the pizzas are really good at Wild Green. I went with my cousin who's vegan and she was very happy. The restaurant is modern and they play relaxing music. It's a bit expensive but it's perfect for a special occasion. I recommend it!
<b>Service</b>	★★★★★		
<b>Place:</b>	★★★★★		
<b>Price</b>	★★★★		

# Spoken Mediation Exam 9

## Student B

You and your partner are organizing an end-of-course dinner for your classmates at the college where you study. Some people in the group are vegetarian and one person is vegan. They want to spend about £25–30 each. You find this information online about a restaurant. Your partner has information about another restaurant. Tell them the most important information about your restaurant and choose the best option for the class. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

### EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C

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## Impasta Restaurant

Price: £20–£30  
 Food: Italian  
 Hours: 12:30 a.m. to 11:00 p.m.  
 We serve lunch and dinner.  
 Style: traditional Italian  
 Other options: vegetarian and vegan dishes  
 Restaurant staff: experienced, professional



we give  
30% off  
 the main menu for  
 groups of 10 or  
 more.

### Reviews

**Food: 9/10**

**Service: 8.5/10**

**Place: 9.5/10**

**Price: 8/10**

**PatriciaG**  
 I went to *Impasta* last week for my best friend's birthday and we had a great dinner. The food is really good and the pizzas are the best in town! They're homemade and you can choose what you want on your pizza, so you can have meat, cheese or vegetables. They even have vegan cheese! There's also a good variety of pasta dishes and salads, too. If you like desserts, you must try the tiramisu ... it's amazing! The staff are very professional and the prices are good, especially if you're in a group.

# Spoken Mediation Exam 10

## Student A

You and your partner have a friend, Oscar, who wants to do a physical activity which is healthy and helps with stress. He works a lot of hours at a computer and doesn't have much time to do exercise. He would like to meet other people while exercising. You find this information online about yoga. Your partner has information about another activity. Tell them the most important information about yoga and decide which activity is best for your friend. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

**EOI Topic: Health and physical care**

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B

## YOGA: GOOD FOR YOUR MIND AND BODY!

Yoga is a type of exercise which many people practise all around the world. We are learning that it is very good for our body, mind and general health. There are many different styles of yoga, so it's important to find the right one for you. You can enjoy doing it with other people or on your own at home if you don't have time to go to classes! Here's why yoga is good for you:



Do you spend hours sitting and working at a computer every day? Yoga helps your back get stronger and stops you from getting backache.



Can you touch your toes? Yoga helps your body become more flexible.



Breathing exercises in yoga help you to relax. You will feel less stressed.



Yoga can also help you lose weight and keeps you healthy.



Yoga can help you sleep well and you will feel better the next morning.



# Spoken Mediation Exam 10

## Student B

You and your partner have a friend, Oscar, who wants to do a physical activity which is healthy and helps with stress. He works a lot of hours at a computer and doesn't have much time to do exercise. He would like to meet other people while exercising. You find this information online about walking. Your partner has information about another activity. Tell them the most important information about walking and decide which activity is best for your friend. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

**EOI Topic: Health and physical care**

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B

## WHY WALKING IS GOOD FOR YOU!

In the past, before we started to use cars, buses, and trains, everyone walked a lot more in their daily lives. Now we have many different types of transport which make our lives easier, but is this better for our health? Walking every day is a simple way to help us stay fit and healthy. Here's why!



Walking helps you feel happy and more relaxed. Try to walk for about 30–60 minutes every day.

It helps you sleep better. You will have more energy in general.

You don't have to buy any special clothes or equipment. Download a steps app to your smartphone and try to do 10,000 steps every day.

You can walk anywhere and at any time! In the park, in the mountains, or in your favourite city streets. And it's free!

It's easy to do and you can make it part of your routine. If you can, walk to work or to the shops.



# Spoken Interlinguistic Mediation Exam 1

Your American friend Maria has a shop which sells sports clothes and equipment in your town centre. She is looking for a young person to work in the shop all day on Saturdays and two afternoons a week from 4 p.m. Maria asks you if you have any friends with teenage children who want a part-time job. You have emails from the son and daughter of two of your friends. Call Maria and tell her about them. Say which person you think is best for the job. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

## EOI Topic: Jobs and occupations

See: English File 5th edition A1/A2

Files 4A, 4B

English File 5th edition A2/B1

Files 7A, 9C



Ilamo Julia

Me llamo Julia, soy estudiante universitaria de 19 años y me estoy preparando para ser profesora de educación física. Me encanta hacer deporte con niños pequeños y en el futuro quiero trabajar como profesora en una escuela de primaria. Me encantan los deportes de equipo, como el fútbol o el baloncesto. Me levanto temprano todas las mañanas y a las 7:30 salgo a correr una hora antes de ir a la universidad.

También me gusta la ropa de deporte y a menudo me busco en internet los últimos modelos de zapatillas deportivas. Mis amigos dicen que soy extrovertida y simpática. El año pasado, trabajaba todos los sábados como camarera en una cafetería. Me gusta trabajar con personas de todo tipo.



Soy Joshua

Soy Joshua, tengo 18 años. Estoy en mi último año de bachillerato antes de ir a la universidad. Voy a estudiar gestión empresarial. En el futuro, quiero montar una empresa para crear videojuegos de deportes. Practico varios deportes y se me da bien correr, el tenis y la natación. También me gustan los deportes extremos, como la escalada en roca. Trabajo tres tardes a la semana en un gimnasio.

Soy recepcionista y me dedico a ayudar a los clientes. Mi familia y amigos dicen que soy trabajador e inteligente. Tengo facilidad para aprender cosas nuevas. Busco trabajo, a ser posible por las tardes, después del instituto.

# Spoken Interlinguistic Mediation Exam 2

You want to visit Iceland with your friend, David, who doesn't speak Spanish, but you are not sure when to go. You find an article online. Read the information and describe it to your friend. Say when you would prefer to go and why, in summer or in winter. You have 5 minutes to prepare and 2 minutes to speak.

**EOI Topic: Weather and the environment**

See: English File 5th edition A1/A2

Files 5C, 10A, 11A

English File 5th edition A2/B1

Files 2A, 5B

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## Visitar Islandia

¿Estás pensando en visitar Islandia? ¿No tienes claro cuándo ir? Lee la siguiente información y descúbrelo.

*¡El clima de Islandia es frío y muy cambiante!*



### En verano...

Temperatura media durante el día:  
10–20 °C.

24 horas de sol (mediados de junio)

#### Actividades

- Acampada y senderismo
- Observación de la fauna salvaje (ballenas, pingüinos, etc.)
- Auroras boreales (septiembre)



### En invierno...

Temperatura media durante el día: -10 0 °C.

Días cortos, nevadas intensas (algunos cortes de carreteras)

#### Actividades

- Fotografía
- Esquí y otros deportes de nieve
- Auroras boreales (febrero y marzo)

# Spoken Interlinguistic Mediation Exam 3

Freddie, a British friend at work, tells you that he has problems sleeping and he always feels tired. He doesn't know what to do. You find this information online with ideas about how to sleep better. You decide to call Freddie and tell him about some things he can do. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

## EOI Topic: Daily life activities

See: English File 5th edition A1/A2  
Files 1A, 2B, 5A, 6B, 7A, 8B, 11B  
English File 5th edition A2/B1  
Files 4A, 4B



## ¿Tienes problemas para dormir?

Creemos que si pruebas algunas de nuestras ideas, dormirás mejor y te despertarás por la mañana listo para enfrentarte a un nuevo día.

- Elige una hora para empezar tu rutina antes de acostarte y síguela todas las noches.
- Una hora antes de acostarte da un paseo, o haz un poco de yoga u otro ejercicio suave.
- No comas demasiado ni tomes café antes de acostarte.
- Crea una lista de reproducción con música tranquila que te ayude a relajarte.
- Dúchate o date un baño caliente relajante.
- ¡Apaga el móvil cuando te metas en la cama!
- Lee un rato antes de apagar la luz.
- Acuéstate todas las noches a la misma hora. Intenta dormir entre 7 y 9 horas.



# Spoken Interlinguistic Mediation Exam 4

## Student A

The managing director of a British company in Spain is retiring and you and your British colleague have to find a suitable present. You each have two different things. Present your ideas to your colleague in English and decide which would be the best present. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

**EOI Topic: Human and social relationships**

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C

## RELOJ ORBIT MASTERLINE 38



Este bonito reloj de hombre es el regalo perfecto para una ocasión especial. Es moderno, pero también práctico y ligero, muy apreciado por los amantes del deporte y las actividades al aire libre. Está fabricado en Suiza, su precio es de 400€ y cuenta con garantía de 5 años. Si quieres dar a un ser querido algo que pueda tener para siempre, ¡regálale este reloj!

**Envío gratuito para pedidos online.**

 Sam99

★★★★★

¡Me encanta este reloj! Mis nietos me lo regalaron para mi cumpleaños el año pasado y estoy muy contento con él. Me gusta caminar y hacer montañismo, y este reloj es irrompible. ¡Es genial para la gente activa!

...

# Spoken Interlinguistic Mediation Exam 4

## Student B

The managing director of a British company in Spain is retiring and you and your British colleague have to find a suitable present. You each have two different things. Present your ideas to your colleague in English and decide which would be the best present. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

**EOI Topic: Human and social relationships**

See: English File 5th edition A1/A2

Files 2C, 3C, 4A, 6A

English File 5th edition A2/B1

Files 3B, 4A, 6B, 8A, 9C, 11C

## ¡Pilota un avión durante 30 minutos!

¿Quieres divertirte y disfrutar de una experiencia que recuerdes el resto de tu vida? Ven y recibe una breve clase de vuelo con nosotros. ¡Haz algo realmente emocionante y diferente!



Te daremos formación especial personalizada con un instructor de vuelo oficial. Primero, recibirás una introducción al vuelo, conocerás los controles del avión y cómo garantizar tu seguridad. Cuando estés en el aire, tomarás los mandos del avión, pero no te preocupes: el instructor estará ahí para ayudarte en todo momento. También obtendrás un certificado especial al finalizar el vuelo. Se trata de un regalo muy popular para un cumpleaños o aniversario especial.



**Precio: 250 GBP. ¡Resérvalo *online* hoy mismo!**



# Spoken Interlinguistic Mediation Exam 5

You and your friend are going away for a short holiday. You both love music and dancing. You are going to rent a flat for a week near the beach. The owner of the flat sends you a document with some rules. Your friend doesn't speak Spanish and she needs to know the rules because she wants to take her dog. Call her and tell her the most important information. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

## EOI Topic: Travel and vacations

See: English File 5th edition A1/A2  
Files 7B, 10A, 10B, 11A  
English File 5th edition A2/B1  
Files 2A, 2B, 3A, 5B, 7C

## ***Apartamento con vistas al mar***

*¡Esperamos que disfrutes de tu estancia en el apartamento con vista al Sea View y que te relajes en la playa! Te contamos algunas normas que esperamos que sigas. Te rogamos que:*

- No fumes en el apartamento ni en el balcón.
- Respetes el descanso de los vecinos. Puede que ya estén dormidos cuando vuelvas por la noche, así que no hagas ruido.
- No organices fiestas en el apartamento. Hay varias discotecas con buen ambiente en las inmediaciones. ¡Tienen una música fantástica!
- Saca la basura cada día después de las siete de la tarde. Los contenedores de basura están en la parte trasera del edificio de apartamentos y hay contenedores de reciclaje para papel, plástico y vidrio.
- Si tienes mascotas y quieres traerlas contigo de vacaciones, llámanos al 07700900375. Normalmente no recibimos a huéspedes con animales, pero a veces aceptamos perros pequeños.



# Spoken Interlinguistic Mediation Exam 6

## Student A

You and your partner live in Spain. Your British friend Susie is coming to stay on holiday and would like to visit a market etc. You find these adverts. Tell Susie information about the markets and decide which one would be best for her to go to. You have about 3–4 minutes to prepare and 5–6 minutes to talk.

**EOI Topic: Shopping and commercial activities**

See: English File 5th edition A1/A2  
Files 6A, 11A  
English File 5th edition A2/B1  
File 4B

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## Mercado Tierra Verde

El mercado está al sur de la ciudad. Es muy conocido entre los turistas, pero mucha gente que vive en la zona también lo visita. Se puede llegar en metro y autobús.



*Abre todos los días laborables a las 9:00 y cierra a las 19:00.*

*Los domingos está abierto de 10:00 a 14:00.*

Antiguamente, había tres mercados que vendían alimentos frescos de todo el mundo, arte y artesanía locales, así como ropa. Hoy en día, los tres se han unido formando un mercado inmenso. Cuenta con más de 50 pequeñas tiendas independientes. Hay fantásticos puestos de comida ambulante e infinidad de cafeterías y restaurantes de calidad. Siempre hay mucho movimiento y está lleno de gente, especialmente a la hora de comer, por lo que lo mejor es llegar temprano por la mañana.

# Spoken Interlinguistic Mediation Exam 6

## Student B

You and your partner live in Spain. Your British friend Susie is coming to stay on holiday and would like to visit a market etc. You find these adverts. Tell Susie information about the markets and decide which one would be best for her to go to. You have about 3–4 minutes to prepare and 5–6 minutes to talk.

**EOI Topic: Shopping and commercial activities**

See: English File 5th edition A1/A2  
Files 6A, 11A  
English File 5th edition A2/B1  
File 4B

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## Mercado Entre Naranjos

Este maravilloso mercado se encuentra en la parte antigua de la ciudad, por lo que es muy fácil ir a pie si te alojas en algún lugar del centro. Es un lugar ideal para hacer fotos, porque los edificios son preciosos. Hay una amplia variedad de cosas que comprar: desde comida hasta flores frescas, regalos originales, libros y ropa. Es algo caro, pero puedes encontrar cosas más baratas si las buscas.

Este mercado también tiene una zona de restauración fantástica con puestos de comida de diferentes países, así que, cuando termines de comprar, dedica algo de tiempo a probar distintos platos. Abre a diario de 8:30 a 15:00. Se llena de gente por la mañana temprano porque los empleados de oficina de la zona suelen comprar su desayuno y su café allí.



# Spoken Interlinguistic Mediation Exam 7

Your friend Ava, who doesn't speak Spanish, has recently moved to a new area and wants your advice about making new friends. She is a creative person and enjoys helping people. You have found some adverts about things to do. You call Ava to tell her, but she doesn't answer the phone. Read the information and leave a voice message giving her a summary. You have 5 minutes to prepare and 2 minutes to speak.

## EOI Topic: Free time and leisure activities

See: English File 5th edition A1/A2  
Files 6C, 7C, 9C, 11B, 12A, 12B  
English File 5th edition A2/B1  
Files 1A, 3B, 4C, 10A



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#### Get Active

Únete a Get Active: el nuevo gimnasio en tu zona.

#### Qué ofrecemos:

- Equipamiento moderno
- Clases: aeróbic y yoga
- Clases de artes marciales: kárate y taekwondo

#### Precio

Suscripciones de 1 mes, 6 meses o 1 año

**30 % de descuento los seis primeros meses**

#### The Art Gallery

Ven a nuestras clases de arte.

#### Qué ofrecemos:

- Clases para todos los niveles: desde principiantes hasta artistas con experiencia
- Profesorado excelente
- Sesiones relajadas y divertidas
- Eventos sociales regulares y excursiones a galerías

#### Precio

10 euros por clase

Excursiones aparte

#### Volunteer Hub

En Volunteer Hub los voluntarios de la zona son bienvenidos.

- Enseña idiomas a refugiados.
- Limpia parques y playas.
- Ayuda en bancos de alimentos.
- Trabaja con animales.

Inscríbete *online*. Nos pondremos en contacto contigo. No se necesita experiencia.



# Spoken Interlinguistic Mediation Exam 8

A friend who doesn't speak Spanish tells you that her son is starting university and is worried about sharing a flat with a group of people he doesn't know. Your daughter and her friends are at university. You ask their advice. Read the messages and tell your friend about some things her son can do. You have 5 minutes to prepare and 2 minutes to speak.

**EOI Topic: Housing, home and environment**

See: English File 5th edition A1/A2

Files 8B, 8C, 10A

English File 5th edition A2/B1

Files 4A, 5B



13:20

Available

**Olivia**  
Es normal estar nervioso. ¡Es un gran cambio! Una cosa que podrías hacer es buscar los nombres de las personas con las que vas a compartir piso y organizar un chat grupal antes de mudarte. Es buena idea hablar con todos el primer día. Me refiero a que no te quedes en tu habitación. Sal y entabla conversación o deja la puerta de tu dormitorio abierta cuando estés deshaciendo las maletas. 13:02

**Abe**  
Buena idea, Olivia. Organizar la cocina también es importante. Cuando llegues, elige tus estantes y tu espacio en el frigorífico. Asegúrate de que todos tenéis el mismo espacio. Limpia la cocina cuando termines de cocinar y, por supuesto, no te comas nada de los demás. Creo que cocinar juntos a veces es buena idea. Me gusta mucho cuando nosotros lo hacemos. 13:04

**Amelia**  
Tienes razón, Abe. Es posible que haya que establecer una serie de normas. ¡No hacer ruido a partir de medianoche! ¡Friega tus platos! Podríais escribir las normas y pegarlas a la pared. Me gusta tu idea de cocinar juntos. También creo que es buena idea salir o hacer algo juntos alguna vez. O hacer una fiesta e invitar a gente de otros pisos. ¿Qué opinas? 13:06

# Spoken Interlinguistic Mediation Exam 9

## Student A

You and your partner are organizing an end-of-course dinner for your classmates at the college where you study English. Some people in the group are vegetarian and one person is vegan. They want to spend about €25–30 each. You find this information online about a restaurant. Your partner has information about another restaurant. Tell them the most important information about your restaurant and choose the best option for the class. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

### EOI Topic: Food and catering

See: English File 5th edition A1/A2

Files 5A, 8B

English File 5th edition A2/B1

File 5C

★
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## Restaurante Naturaleza Salvaje

**Precio:** 25–45€

**Comida:** internacional, vegetariana, vegana

**Horario:** de 11:00 a.m. a 12:00 p.m. Servimos comidas, almuerzos tardíos y cenas.

**Estilo:** moderno, limpio y divertido

**Características especiales:** ¡puedes venir con tu perro!

**Personal del restaurante:** joven, amable, internacional



### Reviews

**Comida:** ★★★★★

**Servicio:** ★★★★★

**Ubicación:** ★★★★★

**Precio:** ★★★

**JimmyB**

¡Me encanta este magnífico restaurante que se inauguró el mes pasado en el centro de la ciudad! La comida está deliciosa y es saludable, y el menú es muy variado. ¡No solo sirven ensaladas verdes! Soy vegetariano desde hace cinco años, pero a veces me gusta comer pizza, y en este restaurante las pizzas están muy buenas. Fui con mi prima, que es vegana, y disfruté mucho. El restaurante es moderno y ponen música relajante. Es un poco caro, pero perfecto para una ocasión especial. ¡Sin duda lo recomiendo!

# Spoken Interlinguistic Mediation Exam 9

## Student B

You and your partner are organizing an end-of-course dinner for your classmates at the college where you study English. Some people in the group are vegetarian and one person is vegan. They want to spend about €25–30 each. You find this information online about a restaurant. Your partner has information about another restaurant. Tell them the most important information about your restaurant and choose the best option for the class. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

### EOI Topic: Food and catering

See: English File 5th edition A1/A2  
Files 5A, 8B  
English File 5th edition A2/B1  
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Ofertas especiales

30%

de descuento en el menú principal para grupos de 10 o más personas.



## Restaurante Impasta

**Precio:** 20–30 €

**Comida:** italiana

**Horario:** de 9:30 a.m. a 12:00 p.m. Servimos almuerzos y cenas.

**Estilo:** italiano tradicional

**Otras opciones:** platos vegetarianos y veganos

**Personal del restaurante:** profesional con experiencia

### Reseñas

**Comida:** 9/10

**Servicio:** 8.5/10

**Ubicación:** 9.5/10

**Precio:** 8/10

PatriciaG

¡Fui a *Impasta* la semana pasada para celebrar el cumpleaños de mi mejor amigo y cenarnos muy bien! ¡La comida es deliciosa y las pizzas son las mejores de la ciudad! Está claro que son caseras y puedes elegir los ingredientes que más te gusten, corno carne, queso o verduras. ¡Tienen incluso queso vegano! También ofrecen una buena selección de platos de pasta y ensaladas. Si te gustan los postres, tienes que probar el tiramisú ... ¡Está buenísimo! El personal es muy profesional y la relación calidad-precio es buena, sobre todo si vas en grupo.

# Spoken Interlinguistic Mediation Exam 10

## Student A

You and your friend Anna live in Spain and speak Spanish. You share a flat with Pete, who is British, and has only lived in Spain for a month. You all decide that it would be nice to join a gym and it would be a good opportunity for Pete to practise Spanish. You and Anna each find information online about different activities. Present the information to Pete and decide which activity would be the best. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

### EOI Topic: Health and physical care

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B

## YOGA: ¡BENEFICIOSO PARA TU MENTE Y TU CUERPO!

El yoga es un tipo de ejercicio practicado por mucha gente en todo el mundo. Estamos descubriendo que es muy beneficioso para el cuerpo, la mente y la salud general. Hay muchos estilos diferentes de yoga, por lo que es importante que encuentres el adecuado para ti. Puedes disfrutar practicándolo con otras personas o en solitario en casa si no tienes tiempo de asistir a clases. Te contamos por qué el yoga es bueno para ti:



¿Te pasas horas sentado trabajando con el ordenador a diario? El yoga ayuda a fortalecer la espalda para evitar que te duela.



¿Puedes tocarte los dedos de los pies? El yoga ayuda a tu cuerpo a hacerse más flexible.



Los ejercicios de respiración del yoga te ayudan a relajarte. Sentirás que alivias tu estrés.



El yoga también puede ayudarte a perder peso y mantenerte sano.



El yoga puede ayudarte a dormir bien y que te sientas mejor a la mañana siguiente.



# Spoken Mediation Exam 10

## Student B

You and your friend Anna live in Spain and speak Spanish. You share a flat with Pete, who is British, and has only lived in Spain for a month. You all decide that it would be nice to join a gym and it would be a good opportunity for Pete to practise Spanish. You and Anna each find information online about different activities. Present the information to Pete and decide which activity would be the best. You have about 3–4 minutes to prepare and 5–6 minutes to speak.

**EOI Topic: Health and physical care**

See: English File 5th edition A1/A2

Files 2C, 4C, 9B

English File 5th edition A2/B1

Files 1B, 5C, 6C, 7B, 8A, 10B

## POR QUÉ CAMINAR ES BENEFICIOSO

Antiguamente, antes de que usáramos coches, autobuses y trenes, todo el mundo caminaba mucho más en su día a día. Ahora contamos con muchos tipos de transporte que nos facilitan la vida, pero ¿son mejores para nuestra salud? Caminar a diario es una forma sencilla de contribuir a mantener nuestra forma física y nuestra salud. ¡Te explicamos por qué!



Caminar te ayuda a sentirte bien y relajado. Intenta caminar alrededor de 30–60 minutos al día.

Te ayudará a dormir mejor. Tendrás más energía en general.

No necesitas comprar ninguna ropa ni equipo especial. Descarga una aplicación para contar pasos en tu smartphone e intenta hacer 10 000 pasos cada día.

¡Puedes caminar a cualquier sitio en cualquier momento! En el parque, en la montaña o por tus calles favoritas de la ciudad. ¡Y es gratis!

Es algo fácil de hacer y lo puedes incorporar a tu rutina. Si puedes, ve a pie al trabajo o a comprar.



# Answer Keys

## Reading Practice

### Part 1

- 1 C                      3 F                      5 E  
2 A                      4 not needed        6 D

### Tips

- 1 1 a food festivals, b five, c six, d no, e text B  
2 cheap, family-friendly, entertainment  
3 art exhibitions, children's activities, just £5, live music  
4 1 advice, courses, lessons 2 city, monuments, tour 3 forest, hike, trees 4 purchase, cost, money 5 abroad, Europe, world  
5 Option B; This person wants a low-cost food event (Entrance free) where they can learn new skills (chef demonstrations), experience other forms of entertainment (live music), and relax beside the sea (sit on the beach).

## Reading Exams

### Reading Exam 1

#### Part 1

- 1 c, 2 b, 3 c, 4 a, 5 a

#### Part 2

- 6 result, 7 help, 8 still, 9 use, 10 positive

#### Part 3

- 11 False, 12 False, 13 True, 14 True, 15 True, 16 False, 17 True, 18 True, 19 True, 20 False

### Reading Exam 2

#### Part 1

- 1 E, 2 A, 3 F, 4 G, 5 C

#### Part 2

- 6 meeting, 7 always, 8 loves, 9 from, 10 nice

#### Part 3

- 11 True, 12 True, 13 False, 14 True, 15 True, 16 False, 17 False, 18 True, 19 False, 20 True

### Reading Exam 3

#### Part 1

- 1 D, 2 E, 3 A, 4 G, 5 C

#### Part 2

- 6 beach, 7 decided, 8 old, 9 visiting, 10 few, 11 warm, 12 behind, 13 then

#### Part 3

- 14 F, 15 A, 16 G, 17 B, 18 H, 19 E, 20 I

### Reading Exam 4

#### Part 1

- 1 c, 2 b, 3 c, 4 a, 5 b

#### Part 2

- 6 lived, 7 skating, 8 after, 9 in, 10 has

#### Part 3

- 11 True, 12 True, 13 True, 14 True, 15 False, 16 True, 17 False, 18 True, 19 True, 20 False

### Reading Exam 5

#### Part 1

- 1 E, 2 D, 3 F, 4 G, 5 B

#### Part 2

- 6 c, 7 c, 8 b, 9 a, 10 b

#### Part 3

- 11 False, 12 False, 13 True, 14 True, 15 False, 16 True, 17 True, 18 True, 19 False, 20 False

### Reading Exam 6

#### Part 1

- 1 True, 2 False, 3 False, 4 True, 5 True

#### Part 2

- 6 because, 7 with, 8 not, 9 type, 10 too, 11 but, 12 new, 13 has, 14 want, 15 will

#### Part 3

- 16 C, 17 F, 18 D, 19 G, 20 E

### Reading Exam 7

#### Part 1

- 1 B, 2 F, 3 D, 4 A, 5 G

#### Part 2

- 6 c, 7 b, 8 b, 9 a, 10 c

#### Part 3

- 11 False, 12 True, 13 True, 14 False, 15 False, 16 True, 17 True, 18 False, 19 False, 20 True

### Reading Exam 8

#### Part 1

- 1 C, 2 A, 3 F, 4 E, 5 D

#### Part 2

- 6 time, 7 these, 8 to, 9 like, 10 which, 11 often, 12 about, 13 wanted, 14 are, 15 enjoy

#### Part 3

- 16 c, 17 a, 18 b, 19 b, 20 c

### Reading Exam 9

#### Part 1

- 1 A, 2 D, 3 G, 4 E, 5 F

#### Part 2

- 6 c, 7 c, 8 c, 9 b, 10 c, 11 c, 12 a, 13 b, 14 a, 15 c

#### Part 3

- 16 True, 17 False, 18 True, 19 True, 20 False

### Reading Exam 10

#### Part 1

- 1 c, 2 c, 3 c, 4 a, 5 b

#### Part 2

- 6 our, 7 do, 8 when, 9 than, 10 everybody, 11 spend, 12 who, 13 about, 14 but, 15 too

#### Part 3

- 16 E, 17 F, 18 B, 19 D, 20 G



# Answer Keys

## Writing Practice

- 1 F, 2 T, 3 F, 4 T, 5 T
- Students' own answers
- 1 the end, 2 the middle, 3 the beginning, 4 the middle, 5 the beginning, 6 the end
- 1 do some yoga or Pilates classes.  
2 to do different types of exercise.  
3 you should try running or cycling.  
4 taking up a new sport?  
5 you come swimming with me some time?
- 1 informal 2 formal 3 formal 4 informal 5 formal 6 informal

## Speaking Practice

- Students' own answers
- Students' own answers
- Students' own answers
- a 3 b 1 c 2 d 4 e 4 f 1 g 2 h 3
- Students' own answers
- Students' own answers
- Starting and finishing:**  
First, what are the options...?  
Let's begin with...  
Let's decide which...  
**Asking for and giving opinions:**  
What do you think about...?  
What's your opinion of...?  
How about...?  
I think...because...  
In my opinion...  
Do you agree?  
**Agreeing and disagreeing:**  
I don't think so.  
Neither do I.  
Me too.  
I disagree.  
I don't like...because...  
8 Students' own answers

# Answer Keys

## Listening Practice

- 1 Students' own answers
- 2 1 book yourself a table, eating out, sit down and enjoy our food properly  
2 don't just consider grabbing a sandwich or a takeaway
- 3 1 a actors an plays, b painting and drawing, c concerts and gigs  
2 d cameras and pictures, e art and craft, f flights and accommodation  
3 g clothes and the environment, h local produce, i roses and perfume
- 4 Students' own answers
- 5 1 getting fit, classes, aerobics, swimming, tae kwon do, gym; leisure / sports centre  
2 healthy meals, fresh and local produce, sit in, take away; café / restaurant  
3 pictures, competition, paint, draw; art competition  
4 sample seafood, local cheese, TV chef; food festival

## Listening Exams

### Listening Exam 1

#### Part 1

1 a, 2 a, 3 c, 4 c, 5 a

#### Part 2

6 False, 7 False, 8 True, 9 False, 10 True, 11 True, 12 False

#### Part 3

13 twenty – 20, 14 jewellery, 15 Europe, 16 200, 17 traffic, 18 actors, 19 9.30, 20 meat

### Listening Exam 2

#### Part 1

1 H, 2 B, 3 D, 4 A, 5 F

#### Part 2

6 c, 7 c, 8 a, 9 b, 10 a

#### Part 3

11 19th, 12 1960s, 13 supermarkets, 14 public, 15 millions, 16 animal, 17 Crown, 18 street, 19 six, 20 tours

### Listening Exam 3

#### Part 1

1 A, 2 E, 3 B, 4 F, 5 H

#### Part 2

6 False, 7 True, 8 False, 9 False, 10 True, 11 False, 12 True

#### Part 3

13 public transport, 14 32, 15 centre, 16 3,000, 17 dream, 18 desert, 19 helicopter, 20 organised

### Listening Exam 4

#### Part 1

1 c, 2 c, 3 b, 4 a, 5 c

#### Part 2

6 D, 7 F, 8 C, 9 G, 10 B

#### Part 3

11 million, 12 plastic, 13 five, 14 salt, 15 seven, 16 deepest, 17 bag, 18 metal, 19 octopuses, 20 nets

### Listening Exam 5

#### Part 1

1 a, 2 c, 3 c, 4 a, 5 b

#### Part 2

6 c, 7 b, 8 c, 9 b, 10 b, 11 c, 12 a

#### Part 3

13 G, 14 B, 15 I, 16 D, 17 E, 18 C, 19 F, 20 H

### Listening Exam 6

#### Part 1

1 b, 2 c, 3 a, 4 c, 5 a

#### Part 2

6 a, 7 b, 8 c, 9 b, 10 c

#### Part 3

11 40%, 12 support, 13 sleep, 14 headaches, 15 20%, 16 blood, 17 nature, 18 36, 19 ten, 20 30

### Listening Exam 7

#### Part 1

1 a, 2 c, 3 b, 4 c, 5 a

#### Part 2

6 H, 7 D, 8 E, 9 A, 10 F

#### Part 3

11 14, 12 second, 13 7,000, 14 2,500, 15 chemicals, 16 wildlife, 17 microplastics, 18 workers, 19 Slow, 20 double

### Listening Exam 8

#### Part 1

1 a, 2 b, 3 b, 4 c, 5 a

#### Part 2

6 F, 7 H, 8 C, 9 G, 10 E

#### Part 3

11 North, 12 346, 13 longest, 14 40,000, 15 Ladies, 16 1839, 17 100, 18 Bridge, 19 South, 20 1599

### Listening Exam 9

#### Part 1

1 a, 2 a, 3 c, 4 b, 5 c

#### Part 2

6 B, 7 H, 8 E, 9 D, 10 G

#### Part 3

11 D, 12 G, 13 J, 14 H, 15 B, 16 E, 17 I, 18 K, 19 C, 20 F

### Listening Exam 10

#### Part 1

1 c, 2 a, 3 b, 4 a, 5 c

#### Part 2

6 A, 7 C, 8 D, 9 H, 10 B

#### Part 3

11 sections, 12 menus, 13 university, 14 professional, 15 accountant, 16 Paris, 17 15, 18 quarter, 19 Brazil, 20 seafood

# Answer Keys

## Mediation Strategy Practice: Written

### 1 Paraphrasing

**A**

- 1 originated in
- 2 started to design
- 3 created
- 4 were able to
- 5 simple

**B**

- 1 The drum was probably the first musical instrument.
- 2 Queen Hatshepsut's guitar is 3,500 years old.
- 3 Antonio Torres Jurado began to make small instruments in the 1800s.
- 4 Gibson and Fender are famous guitar makers.
- 5 People spend more than 9 billion dollars on guitars every year.
- 6 You can buy a cheap second-hand guitar.

### 2 Identifying key information

**A**

Key information: location, date, cost, how to book, examples of events

Not important: cost for students / children, face painting

**B**

- 1 would
- 2 near
- 3 well
- 4 so
- 5 where
- 6 buy
- 7 which
- 8 excited

### 3 Adapting language (formal / informal register)

**A**

- 1 c
- 2 a
- 3 b
- 4 e
- 5 d
- 6 f

**B**

- 1 involved
- 2 incident
- 3 when
- 4 injured
- 5 explained
- 6 informed
- 7 for
- 8 contact

### 4 Linking ideas

**A**

Breadmaking – because your friend is training to be a chef!

**B**

- 1 because
- 2 if
- 3 so
- 4 while
- 5 but
- 6 and

### 5 Summarizing

**A**

Important information:

Volunteering opportunities, students over 16

Training for five weeks, online

Must sign child protection policy and code of conduct

No experience needed

Choose any sport

Visit website to create account

They will get in touch

Sessions run at local school 18.00–20.00 Monday to Thursday

Will help you get experience of teaching sport

Could help you get into university or get a job

**B**

- 1 experience
- 2 sport
- 3 details
- 4 form
- 5 coach

# Answer Keys

## Mediation Strategy Practice: Spoken

### 1 Paraphrasing

**A**

- 1 A
- 2 B
- 3 A
- 4 A
- 5 B

**B**

- 1 free and fast Wi-fi
- 2 private parking for guests behind
- 3 international food, hotel's stylish restaurant
- 4 spectacular views over Barcelona, rooftop chill-out area
- 5 professional, friendly

### 2 Identifying key information

**A**

Key information:

- 9.30 Attend staff meeting online – take notes
  - 11.00 Interview a new worker – make sure to photocopy ID
  - 1.30 Office work – make sure the accounts are up to date
  - 2.45 Video call with New York
  - 4.30 Collect new laptop from IT dept
  - 5.30 Deadline – check and send out annual report – PRIORITY
- Wouldn't include personal reminders and appointments, or things that aren't urgent or important

**B**

- 1 attend, notes
- 2 interview, photocopy
- 3 make
- 4 has, do
- 5 collect
- 6 report, check

### 3 Adapting language (formal / informal register)

**A**

- 1 c
- 2 e
- 3 a
- 4 b
- 5 f
- 6 d

**B**

- 1 end, will
- 2 rent, month
- 3 have, bills
- 4 Before, pay
- 5 leave, landlord

### 4 Expanding information

**A**

- 1 running
- 2 tennis
- 3 trainers
- 4 free
- 5 fit
- 6 coaches

**B**

- 1 The club is suitable for beginners to advanced tennis players.
- 2 Membership costs £5 for each session.
- 3 It's a sociable tennis club so you will make new friends easily.
- 4 The class is on from 7 until 10 p.m. on Wednesdays and they meet at Barby Sports Hall.
- 5 The club has professional coaches to teach the class.
- 6 You need to wear trainers to go running with the club.

### 5 Collaborating with others to find solutions and reach conclusions

**A**

- 1 Students' own answers
- 2 camping
- 3 beach
- 4 beach
- 5 camping
- 6 skiing

**B**

- 1 prefer to
- 2 go
- 3 would
- 4 doing
- 5 need
- 6 like

## Listening Practice Audio Script

### Listening Exam 1

#### Track 1

##### Part 1

##### EXTRACT 0, EXAMPLE

Who's thinking about food this summer? If you are, don't just consider grabbing a sandwich or a burger to eat in the park, or ordering a take-away. Sometimes we all deserve to sit down and enjoy our food properly. It might be a long lunch, or an evening meal, but eating out is a lovely thing to do, and it doesn't always have to be expensive. So, this summer, why not look at the guide on our website for the best places to eat in town, and book yourself a table?

##### EXTRACT 1

For something exciting and different this summer, enjoy a festival of elegance at the Royal Oak Mansion House. Organisers are putting on a series of plays celebrating European playwrights. From Oscar Wilde, to Henrik Ibsen, to Bertolt Brecht, the festival crosses borders and explores different genres. Please see our website for performance times and prices. There are discounts for students, seniors and group bookings.

##### EXTRACT 2

Do you fancy winning an all-expenses trip to Paris this summer together with £1000 worth of equipment? The theme of the competition is self-portraits, and we want you to take five pictures of

yourself. The pictures can be in any location and at any time of day. They can be black and white, or colour. The choice is yours. The winner will also be included in a special exhibition at the South Bank later in the year.

##### EXTRACT 3

If you're at a loose end this summer and fancy a bit of shopping therapy, then why not visit Hampton Market? The first thing you'll notice when you arrive will be the incredible scent – like a perfume counter but better. The second will be the beautiful display of colours, the pinks, the blues, the brilliant yellows. Choose a bouquet of roses as a gift for someone special, or buy a bunch of daffodils for yourself. Then visit our café and try some of our delicious home-made food.

##### EXTRACT 4

If you're looking for a reasonably priced lunch to take your kids to, look no further than Humble Pie. This cafe in the centre of town is made for kids, with its brightly painted walls, vibrant lighting, popular music, and waiters dressed as cartoon characters. The place is fantastic for young families, and is a must visit this summer. Even the plates have pictures of your kids' favourite pop stars.

##### EXTRACT 5

Cheap tickets are a must if you want to get out and about this summer, and at *What's On*, you'll find the best bargains for live shows at fantastic prices. Whatever your taste you will find something different here, from sport, to theatre to music. Save money on three-for-two events. No need to go to different websites and spend hours looking for what you want.

# Audio Script

## Listening Exams Audio Script

### Listening Exam 1

#### Part 1

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#### Part 2

**Interviewer** Hello. Today I'm talking to Amelia March. Amelia is a travel blogger who has travelled around the world and written about her experiences. She recently travelled to the Yukon in Canada and is here to tell us about that. Amelia, can you give us a few facts about the Yukon? Where is it exactly?

**Woman** Hi, yes, of course. So, the Yukon is in the north-west of Canada, next to Alaska and on the coast of the Arctic Ocean. It's a very large area which is nearly as big as Spain.

**Interviewer** Does it have a large population?

**Woman** Well, no, there are actually fewer than 50,000 people living in the Yukon. The capital city is Whitehorse and that's where most of the people live.

**Interviewer** Is that because there are so many mountains and forests in the Yukon, so it's easier to live in the city?

**Woman** Well yes, that's partly it, but also because of the difficult conditions in winter. It isn't easy to travel across the Yukon then because of the ice and snow. In fact, the best way to get about is on a snow buggy or a dog sled. I was there in the summer so I missed this experience but it's definitely something I would like to try!

**Interviewer** So what is Whitehorse like?

**Woman** It's an interesting place. I enjoyed meeting the local people while I was there and trying the local food. I also went to a couple of museums and learned about the Klondike gold rush which took place in the 1890s.

**Interviewer** What was that?

**Woman** Well, it was when people discovered gold in the Yukon and as a result, thousands of people came to the area to try and find some too. It's actually an important time in history because their arrival had an effect on the environment and the community, not all of it good. Generally, people built towns, but there wasn't enough to eat and many people died.

**Interviewer** That sounds fascinating, and something like the California gold rush.

**Woman** Yes, indeed.

**Interviewer** Tell me about the climate.

**Woman** Well, the Yukon has a very interesting climate. It's a subarctic climate which means summers are short and warm and winters are long and very cold.

**Interviewer** You said you visited in the summer.

**Woman** Yes, I did. I was there in June. In fact, from June to July, the sun shines for almost 24 hours.

**Interviewer** Wow. That's incredible. Did you find it hard to sleep?

**Woman** Yes, I did, because I kept thinking about things to do. One time I went hiking up a mountain in the middle of the night. Another time I went canoeing on the Yukon River. I also had a picnic in the National Park at midnight. It's just amazing to be out and about at those times and see the sun shining in the sky.

**Interviewer** Yes, I can imagine. It certainly sounds as if there is a lot going on during the summer months. What about in winter?

**Woman** Well, apart from the snowmobile trips across the ice I mentioned, the Northern Lights are amazing. I have a friend who has been to the Yukon in January which is apparently one of the best months to see them, and December is another good month. I'm planning to visit again as soon as I can so that I can see them for myself.

**Interviewer** Well, Amelia, you've really sold the Yukon to me and I'm sure to the listeners as well. It sounds an incredible place.

#### Part 3

Welcome to *What's on in London*? Today I'd like to focus on shopping and talk about some famous shops and other places to go.

Let's start with the most expensive. Knightsbridge is home to the famous department store Harrods which I'm sure you've all heard of. It was Henry Charles Harrod who started the business back in 1849. The shop was very popular and grew in size during the late 1800s, expanding its products and services. The current building was built in 1905 and today it contains around 300 departments, 20 restaurants,

a bank, and much more. If you don't want to pay the prices, you can spend an afternoon just looking a round.

For other expensive items including jewellery and designer clothes, go to Bond Street, in Mayfair. This is the home of The Ritz, one of the most famous hotels in the world. You can also find other well-known buildings in Bond Street such as The Royal Academy of Art. Again, if you don't have the money to spend, you can window shop instead. For cheaper prices try Oxford Street. This is Europe's busiest shopping street with around 300 shops. It is home to small shops as well as large department stores such as Selfridges. Every year around 200 million visitors go there so it can get very busy.

However, in my view, London's markets and smaller shopping streets are the most interesting places to shop in London. Try Carnaby Street, which became famous during the 1960s for selling exciting new fashions and designs by Mary Quant. The street is closed to traffic, making it a quieter and more relaxed experience.

Camden Market in north London is also a great place to visit. The market is well known for fashion and food from around the world. The area has always been well liked by musicians, actors, and writers and appears in many films and books. There are a lot of tourists in Camden, so it does get crowded in the summer. It might be better to go out of tourist season.

Don't forget the food markets. Try Billingsgate for fresh fish, but get there early, as the market closes at 9.30 a.m.

And finally, if you want to buy meat, try Smithfield Market in the City of London near St Paul's Cathedral. The market is open on weekdays from Midnight to 7 a.m. You can even go on a tour.

## Listening Exam 2

### Part 1

#### SPEAKER 0, EXAMPLE

Picture an idyllic scene, lazing on white sands, drinking cocktails beneath the palm trees, swimming in beautiful clear water. And don't worry if you want something a little more lively. We have lots of activities you can take part in from scuba diving, to exploring the island, to exercise classes. With superb sea views, top-class restaurants and incredible service, you won't want to miss out.

#### SPEAKER 1

Are you a people person who loves talking and showing your knowledge? Are you looking for a low-stress position that feels like you're always on holiday? If so, you might make a perfect tour guide. We offer full-time and part-time contracts in countries around the world. Take a look at our website for specific vacancies. You'll find everything from sightseeing tours of the Acropolis to walking tours in Nepal.

#### SPEAKER 2

Looking for your next cruise? Unsure whether you can afford it this year? Worry no longer! We have trips at reduced costs including 10% off all excursions as well as extra on-board spending money so you can enjoy your holiday like never before. There are also reductions for groups of more than four people. See our website. Terms and conditions apply.

#### SPEAKER 3

Things are moving on at Holiday Homes. From September, we are working with Haven Houses and together we'll provide an even better self-catering rental service than we have done so far. Don't worry, prices, locations, and booking procedure remain the same. The only difference is that you will have an even greater choice of houses, cottages, and apartments to choose from.

#### SPEAKER 4

Worried about going abroad this summer? Trying to avoid big crowds? Maybe your finances won't stretch this year? In that case, why not stay at home and join us on a city trip? Prices include transport and accommodation plus guided tours of the cities. Learn about the history of York Cathedral or Edinburgh Castle, take a walk around Westminster Abbey or one of the London parks.

#### SPEAKER 5

Can't find the holiday of your dreams? Don't have the time to browse the internet? We can do that for you. Booking online couldn't be easier than with Starline Holidays. We are the company that helps you choose a trip you'll love. Tell us your preferences – sunshine, wildlife, culture, or adventure – we'll match you with a holiday you'll love at the cheapest price available.

### Part 2

**Man** Hey Emma. I didn't know you worked in this café. How long have you been here?

**Woman** Hey Max. Just for a couple of months.

**Man** The last time I saw you, you were thinking about joining a volleyball club. Do you still play?

**Woman** No. I gave up ages ago. Everyone was a bit serious.

**Man** Really?

**Woman** Yeah. I wasn't expecting to meet my new best friend there, or get super fit, or anything, but I did want to enjoy myself. I mean that's what I want from exercise, don't you? But anyway, I found the game a bit boring to be honest.

**Man** Yeah. It's not the most exciting sport. Have you thought about doing something else?

**Woman** I have, and I do want to do something, I just don't know what, and then there's finding the time.

**Man** Maybe you could try a more independent sport like running before work, or going to the gym.

**Woman** Actually, I don't like exercising alone. I find I give up too easily if I don't have someone with me. I also hate getting up early. I'd rather exercise in the evening, or at the weekend, and spend a couple of hours doing it.

**Man** Yeah, I get that. So, have you ever found a sport you like?

**Woman** I quite liked scuba diving in Portugal last year but I obviously can't do that regularly. And I'm not keen on water sports in general, really. I hate swimming for example. I'm also not that good at anything, which makes it a bit difficult.

**Man** Hmm yeah, I know what you mean. It's hard to find something you like and you're good at. I used to play basketball, but everyone else was so much better than me. They were also a lot taller! I got a bit scared I'd be injured because I was so slow and they were so fast! And I never got chosen to play matches, so what was the point?

**Woman** Hmm. That sounds bad.

**Man** Yeah.

**Woman** Still, I know I should do something. But what?

**Man** Well, a friend of mine has just joined a walking club which meets every weekend in different places. They head off to forests, hills, lakes, that kind of thing. They walk for a couple of hours and then go for lunch or something. I mean walking is easy to do. It's nothing new so you don't have to think about it, or worry you're not good enough. You also don't have to do it every day. Think about that – once a week and you're done. Plus, you get lots of mental health benefits being in the countryside as well as physical benefits.

**Woman** Hmm maybe. I'll think about it. I like the idea of wandering about the countryside and getting all that fresh air. The social side of it sounds good too, if the people are nice.

**Man** Well, my friend really likes them. Why not give it a chance?

**Woman** Yeah. I think you're right. Do you know what... I'm going to join. I have to do some exercise. Having a good diet and walking to work really isn't enough for general health.

**Man** I agree. Good luck!

### Part 3

Hello, and welcome to the *Food Show*. On today's programme, we're going to be looking at some of the finest places to buy food in London.

To start with, I'd like to talk about Borough Market, which is located in the heart of London, at London Bridge. People believe that this

incredible food market opened in 1014, which means it is over 1,000 years old.

The market originally served small shop owners across London who bought fruit and vegetables to sell. During the 19th century, it was one of London's most important food markets. It continued to be successful until the 1960s when people stopped using it and business began to fail. This was because supermarkets were opening and everyone wanted to go to them instead. Lots of small shops closed as a result. In the mid-nineties, organisers decided to open the market to the public. It was a great decision because it became hugely popular again.

Today, the market attracts millions of people across the world who buy food and drink from an incredible range of products. The market prides itself on its values, which include quality, sustainability and high animal welfare. It isn't easy to become a trader because the standard is extremely high.

There are three main areas at the market. Crown Square is where the larger producers sell their products. Green Market is for smaller, specialist producers. Borough Market Kitchen is the place to go for street food. There are also a lot of restaurants, bars, and shops around the area which sell food and drink connected to the market.

And now for the practical information. You can visit Borough Market six days a week, that's Tuesday to Sunday. It's closed on Mondays. Opening hours are from 10 a.m. to 5 p.m. every day except Saturday. On Saturday, the market opens an hour earlier, so from 9 a.m. to 5 p.m. The market gets very busy all year round, so you should go early if you want to miss the crowds. If you are travelling by train, the closest station is London Bridge station. You can also travel to London Bridge by underground train either on the Jubilee line or the Northern line. There are plenty of buses and several car parks close to the market, too.

If you are interested in the history of the market and how things operate, the market organises tours, which can be either public or private. You can taste some of the finest food and wine the market has to offer on the tours. You will also meet the traders and see their displays of meats, seafood, cheeses, and sweet treats.

## Listening Exam 3

### Part 1

#### EXTRACT 0, EXAMPLE

The Office of National Statistics has said that in the past twelve months, inflation has risen to 3.4%. This means that items which cost £1 last February, cost just over £1.03 this February. This is not great news and there is no suggestion that inflation will fall again any time soon. What does this mean for you and your family? If you go on the news website and enter your details, you can find out.

#### EXTRACT 1

Recent surveys have shown that university students are less happy than university students were five years ago. Why is this the case? According to surveys, today's students are worried about money, exams, housing, and future opportunities. This follows a recent increase in student fees and many students are saying they can't afford to continue their studies and will have to stop their courses.

#### EXTRACT 2

Three stolen paintings have been discovered in an abandoned car in Scotland after a member of the public called the police. The paintings were stolen from a small gallery in London six months ago and it is unclear why they have been abandoned now. The police are looking for the owner of the car, who remains missing, and are asking for people to contact them with any information.

#### EXTRACT 3

We can expect very dry conditions this week in England and Wales with temperatures rising to over thirty-six degrees. The heat is forecast to continue for some time and the government is considering restrictions, including asking people not to water their gardens. This kind of heat is very unusual for this time of year and the Met Office is now predicting the hottest summer on record. For advice on staying safe in the heat, please see the news website.

#### EXTRACT 4

Every four years, new events are included in the Olympics and athletes are currently waiting to hear which new events will be included next. One of the most recent additions is kitesurfing. Others include skateboarding and surfing. These additions reflect the modern world and are welcomed by most. The decision will be announced in the next few days and we will be talking to those affected on the show.

#### EXTRACT 5

There is an increase of delivery vans on the roads and companies are looking for greener solutions. Experts agree that trains are the cleanest form of transport. However, trains aren't always practical or possible for smaller companies to use. As a result, many of the larger companies are promising to buy electric delivery vans and e-bikes and to use more on-foot deliveries. However, there is still a very long way to go.

### Part 2

**Man** Hello and welcome to the programme. Today, I'm talking to Maya Edwards, martial arts expert and local sports personality. Maya, you have achieved some incredible things in your career so far. Can you tell us a little bit about how you started and why you became interested in karate in the first place?

**Woman** Well, I loved team games as a child, especially. My dad was into martial arts, but I was never interested. Then, when I was about ten, I went to see him train. I was fascinated, so I joined his club in the junior category and it went from there. I still did other sports at school, of course – I loved football and basketball, but karate was my focus.

**Man** You were an expert by the time you were 17, I believe.

**Woman** Well... I won the youth championship for my region at that age. I was very happy about that!

**Man** You're in your twenties, still training and competing, and you have a job. Do you have time for other activities?

**Woman** Yes. I think it's important to have interests. For example, I'm really into film and love going to film festivals. I'd like to do a course one day. I know it's completely different from karate!

**Man** Are you aiming for the Olympics?

**Woman** Absolutely. As you probably know, karate became an Olympic sport in 2020 at the Tokyo Olympic Games and I'm really excited about the possibility of taking part next time.

**Man** Great! And what about the future? I think your next event is an international tournament in Paris.

**Woman** That's right. It's in a month and I can't wait.

**Man** I imagine your family are very excited and will be there with you.

**Woman** Yes, they will.

**Man** And I also believe you're getting married soon.

**Woman** Yes, I am. In two months' time.

**Man** Wow, you have a lot going on at the moment. Tell me more about your job. You work as a sports teacher in a secondary school, don't you?

**Woman** Yes, that's right.

**Man** Do you teach your students karate?

**Woman** No, unfortunately it isn't on the curriculum, but actually, I'd love to have my own martial arts school one day.

**Man** Well, whatever you do, I wish you the very best of luck.

**Woman** Thank you.

### Part 3

In recent years, many people have turned away from flying and chosen more environmentally friendly methods of transport. This is partly because some scientists have said that around 2.4% of global CO<sub>2</sub> emissions come from flying, and that, together with other gases, the industry causes 5% of global warming.

Sadly, we cannot change the damage which flying has already done, but at least we can slow things down by flying less frequently.

For short journeys, public transport, including buses, trams and trains, or cycling and walking are the obvious answer. For longer journeys, why not travel by train? Train travel is a fantastic way for people of all ages to speed across countries, to see the world and enjoy incredible

experiences. I know because for the past few years, I have been doing exactly this.

My favourite journey was across Australia. Australia is a huge country covering 7.688 million square kilometres. That means it's about 32 times bigger than the United Kingdom! Travelling by train is definitely the best way to see it.

There are various routes you can take. I travelled on the famous Ghan train, which goes from Darwin to Adelaide across the red centre of Australia around Alice Springs. I travelled 3,000 kilometres over three days and stopped at 14 stations. I went on organised excursions during these stops. My favourite trip was to the National Aboriginal Art Gallery in Alice Springs. It was an amazing place and I learned a lot about Aboriginal First Nations art and culture, including dream painting. I loved the style and the beautiful colours. It really is amazing. I must say Alice Springs was a highlight of my trip and I would like to go back there to really experience what it has to offer. The views of the ancient desert landscape with its red sands and rocky landscape is very inspiring.

There were also opportunities for hiking, canoeing and a helicopter ride. I went hiking and canoeing, but naturally, I avoided the helicopter ride as I was thinking about the environment!

If you want to try train travel, you can go on an organised trip like the Australian one I have described, or you can choose to plan the route yourself. If you are a beginner, I suggest you go on an organised trip first. These are obviously a little more expensive, but once you're familiar with the idea, you'll soon find you can reduce the costs in the future.

## Listening Exam 4

### Part 1

#### SPEAKER 0, EXAMPLE

I have a flat in Sydney, but I don't think of it as home. To me, home is my camper van. I love surfing so in the holidays I spend a lot of time travelling up and down the east coast of Australia, going to the best surf beaches. I have everything I need in my camper van – a bed, a small kitchen and a table. It's really very comfortable and best of all, my home has wheels, so I can move any time I want to!

#### SPEAKER 1

To me, home isn't really a place – it's to do with family. There's an English expression, 'Home is where the heart is', and that's how I feel. I have my family – my husband and three wonderful children. When we're together I feel safe and secure. That's what home means to me.

#### SPEAKER 2

I don't feel like I belong to any particular place. I've spent the last 15 years working for an international charity which helps victims of natural disasters. I have no possessions and I don't have my own house. For me 'home' is a roof over my head and a dry place to sleep. Anything more than that is a luxury.

#### SPEAKER 3

What is home to me? Well ... I'm Scottish and to me Scotland is home – it's my identity. It's about family history and a sense of belonging. I wouldn't say Scotland is any better than any other country; I'd just say that it's my country and I'm proud of it.

#### SPEAKER 4

I'm Chinese, but I live in New Zealand. At first, I found it difficult being here – the culture was so different and I missed my family. But the New Zealanders or 'Kiwis' were really welcoming. Now I feel like I have two identities – my Chinese identity and my Kiwi identity. I couldn't choose which country I'd call home, because I love them both for very different reasons.

#### SPEAKER 5

In Japan, home is all about family and tradition. When I'm preparing a traditional meal with my mother and grandmother, I can feel the history going back for hundreds of years. I find that very comforting.

## Part 2

#### SPEAKER 0, EXAMPLE

To me, travelling is really just for getting from one place to another. I travel a lot for work and I don't really enjoy it much. Some of the places I go to sound exotic, but actually, when I'm working, I usually only see the country from an airport taxi window. The rest of the time I'm in business meetings or hotel rooms. When I have a holiday, I prefer to stay at home, relax, and have my own things around me. I do enough travelling when I'm at work.

#### SPEAKER 6

I didn't travel out of Scotland until I was 26. Then I got the chance to go and study in Greece for the summer with my university. I stayed in Athens for three months and loved it. Everything was different – the sights, the smells, the language. I loved it. That's when I caught the travel bug. Now I try to go abroad at least twice a year.

#### SPEAKER 7

A lot of people don't like flying, but I love it. It isn't just that I enjoy the feeling of flying – it's that it's so different from any other experience. I love the sound of the button that you press to get the flight attendant's attention, and the in-flight entertainment – the tiny little TV screens, the computer games, and the video that shows you the information about your flight – the food that comes in tiny little boxes, and looking out of the windows at the back of the plane to see the mountains far below. You have to enjoy the little things, or you're going to have a very long, boring flight!

#### SPEAKER 8

The hardest thing about travelling is time differences. When I flew to Australia, my body couldn't adjust to Australian time. I felt hungry in the middle of the night, and tired at one o'clock in the afternoon. On the second day after I arrived, I was so tired that I had to go to bed at 3.00 p.m.!

#### SPEAKER 9

I think one of the best things about travelling is the transport. I've seen so many interesting things from the windows of cars, buses, and trains, and I've met a lot of interesting people. I really like travelling by train in Thailand. The trains there are simple, but comfortable and clean. At night the seats fold into beds for people who are travelling overnight. But the best thing about them is the food. In the UK, food on a train is usually just a plastic pack of sandwiches, but Thai trains serve the most delicious hot meals and they have free tea and coffee.

#### SPEAKER 10

I love visiting other countries, but I hate getting there. I hate the airport queues and all the waiting around. I usually lose my luggage, too. But I usually forget about all that when I arrive at some amazing place and start exploring!

## Part 3

Hello, and welcome to the programme. Today I'm talking about rubbish. Did you know there are thousands of tonnes of rubbish in the ocean? The worst place for this is the Great Pacific Garbage Patch between Hawaii and California. This area covers 1.6 million square kilometres and contains around 1.8 trillion pieces of plastic. All rubbish can hurt fish and other sea life, but plastic is the worst. This is because even one plastic bottle takes hundreds of years to disappear in the environment. Plastic also breaks down into very, very small pieces called microplastics. They are only about five millimetres long, which means they are incredibly difficult to get rid of. The problem is, there are trillions and trillions of microplastics in our oceans and they have already entered the food chain. Fish eat them, and humans eat fish, which is one example, but they are also present in a lot of the salt we buy, in shellfish, and certain processed foods. So how does plastic and other rubbish get into our seas? Plastic can enter the ocean directly, for example, when the wind blows rubbish into the water from a beach, or when ships throw away rubbish deliberately. However, a recent study found that most of the rubbish flowing into the sea comes from seven rivers that run through areas with large populations.

Now, you might think that certain parts of the ocean would be clean. However, this isn't true. The Mariana Trench in the Pacific Ocean is nearly 11,000 metres below the surface, which means it is the deepest point in the ocean. And guess what? When scientists were looking at a collection of deep-sea photos and videos taken over the past thirty years, they spotted a plastic bag. As well as plastic, they discovered rubber, wood, cloth, and metal. You might also think there is no sea life that deep in the ocean, but in fact you can find coral, jellyfish, and octopuses there, and the rubbish is extremely dangerous for them. So, what can be done? Some companies are trying to clean up the oceans as well as trying to stop more rubbish going in. They use nets on rivers to catch the rubbish and try to collect it from the ocean using technology. However, it's a very difficult job and it's important that everyone – governments, companies, and ordinary people, look after our environment better.

## Listening Exam 5

### Part 1

#### SPEAKER 0, EXAMPLE

My favourite recipe? Well, that's difficult – there are so many to choose! I think it's probably my aunt's ginger cake. She always makes it when we come to her house because she knows we love it so much. It's really rich and spicy, but she won't give me the recipe! She says she wants me to enjoy the cake at her house and if she gives me the recipe, I might not visit so much!

#### SPEAKER 1

My favourite recipe is probably spaghetti bolognese. It's the first recipe I learned from my mum, and I made it so much when I was a student. My recipe has changed over the years – it's got better, I think. I add mushrooms sometimes and red wine on special occasions. I just love it.

#### SPEAKER 2

I have a great recipe book. At first it had 'Recipes' written on the outside, but nothing on the inside. The idea is to ask your friends and family to write their favourite recipes in it for you to keep. My favourite is a recipe for fish that my dad wrote. It starts with how to catch the fish, then it says how to cook it and it ends with 'eat and enjoy!' I laugh every time I read it – it's so simple, but fish is always best cooked simply.

#### SPEAKER 3

Making the Christmas cake is a really important event in our house. We usually make it a few months before Christmas. There are so many ingredients. We mix up lots of dried fruit, cherries, and nuts, and pour over some orange juice. The next day, we add apple, carrot, eggs, butter, sugar, and flour – everyone in the family has to help with stirring the mixture. We cook it for about four hours and the smell is incredible. The only difficult thing is waiting until Christmas to eat it!

#### SPEAKER 4

I love cooking fresh tuna steaks on the barbecue. Just get the barbecue really hot, put the steaks on, squeeze over a nice juicy lemon and add a pinch of salt and pepper. It's just fantastic. And food always tastes better outside in the fresh air!

#### SPEAKER 5

I love making a quick noodle dish in the frying pan. I put in chicken breasts or prawns, ginger, garlic, and chilli, then I slice up some vegetables – red peppers, onions, and carrots, fry them really quickly, and then add the noodles. The secret to a good stir fry is preparation – you have to chop up all the ingredients first before you start cooking. The whole thing only takes about ten minutes to make and it's delicious.

### Part 2

**Man** Hello, and welcome to *The Careers Programme*. Today we're talking about teaching and what it can offer. My first guest is Maria

Hope, who is a music teacher as well as a musician. Maria, tell us about the teaching part of your life. Where and when did you train?

**Woman** Hi, well, I trained as a teacher two years after I left university.

**Man** You studied music, didn't you?

**Woman** Yes, I studied music and French, in fact, in Manchester. After my degree, I focused on playing music with my band. We toured the UK and several European countries. Being a musician doesn't pay much however, so I decided to take a teaching qualification in London, which is where I live and work now. I still play of course, but I need another source of income.

**Man** Tell us about teaching.

**Woman** So, I travel around from school to school and teach the guitar to small groups and individuals. I also teach young people and adults in the evenings, in their homes, but I try to restrict that to students in south London where I live, as I find I spend too much time driving around otherwise.

**Man** Do you enjoy teaching as much as being a musician?

**Woman** Well, I must admit I love performing more than anything, but I do mostly enjoy teaching, too. It can depend on the student though. I teach different forms of music including classical guitar, and I sometimes have younger students who really don't like this and are only there because their parents want them to learn. That can be hard, but on the other hand, I also teach some really talented people who love music in the way that I do. So, I meet lots of different people which means teaching stays interesting.

**Man** Tell us about the performance side of your life.

**Woman** So, I'm in two bands. I'm a singer in a jazz band, and I play the electric guitar in a rock band.

**Man** Wow. Those are very different kinds of music.

**Woman** Yes, well, I love variety. I used to play the violin in an orchestra, too. Some people find it hard to switch music styles like that, but I love the challenge and I want to keep it that way for now.

**Man** How often do you perform?

**Woman** On average, I play about three gigs a month. Some of these pay more than others. For example, we don't get much for a gig in a quiet pub, but we can get a lot for performing at something like a wedding. I don't particularly like doing these kinds of events because we don't always have the freedom to perform what we want, but the people are usually friendly and we get free food.

**Man** Do you play at festivals?

**Woman** Yes, I love doing festivals. We have one planned this summer actually, in Ireland. It's one that we've been to before and there's not usually a huge crowd, but there's always a great atmosphere and lots of great bands. We'll take the ferry across and stay there a couple of nights.

**Man** Do you get on with the other band members?

**Woman** We sometimes disagree about the songs we want to play, but nothing else. The saxophone player in our jazz band recently left actually, but only because he wanted to focus on his career – he's a lawyer, so he's pretty busy. I don't think he plays now.

**Man** And finally, what are your plans for the next few years?

**Woman** Well, I enjoy the balance I have – playing music and teaching, so I think I'll probably try to maintain that. I don't really want to get a permanent job in a school and I definitely want to keep playing, so, yes. That's it.

**Man** Great. Thank you for talking to me, Maria. Good luck with your career!

### Part 3

On today's programme, I'm talking about one of the great names in medical history, Elizabeth Blackwell, who was the first woman in America to receive a medical degree.

She was in fact born in Bristol, in England, in 1821. Her family were Quakers who cared a lot about society. Her father, Samuel Blackwell, was anti-slavery and her brother and sisters campaigned strongly for

women's rights. Elizabeth was encouraged to fight for her rights and stand up for equality.

The family moved to Ohio in the United States in 1822. Elizabeth, her mother, and two of her sisters worked as teachers at first. However, when Samuel died, the family had little money and they had to think again.

Elizabeth decided to train as a doctor even though at that time none of the medical colleges accepted women. But Elizabeth was determined to follow her dream. In 1847, she went to Philadelphia and applied to medical school. Every school said no until finally Geneva College in New York accepted her application.

At college, she was treated badly. Professors forced her to sit separately and her work wasn't taken seriously. However, in 1849 she graduated first in her class and people changed their attitude towards her. After this, she continued to train at hospitals in London and Paris although she was often given nursing jobs instead of work as a doctor. Two years later, Elizabeth returned to New York City and with help from her friends, opened a small clinic to treat poor women. Elizabeth was finally doing what she wanted to do.

Eventually, Elizabeth, her sister Emily, and their colleague Dr Maria Zakrzewska opened another hospital – the New York Infirmary for Women and Children, and aimed to employ female doctors. During the American Civil War, the sisters also trained nurses to treat soldiers in the Union hospitals.

In 1868, Elizabeth opened a medical college in New York City, but then she decided to return to England. A year later, she left her sister in charge and went to London where she worked at the new London School of Medicine for Women. She also helped set up the National Health Society and published several books. Elizabeth Blackwell had a remarkable career and changed the way society viewed female doctors forever.

## Listening Exam 6

### Part 1

#### DIALOGUE 1

**Man** There's a good article on this website about body language. Have you seen it?

**Woman** No, but it sounds interesting. What does it say?

**Man** Well, it talks about body language generally and how to understand it, but the main idea is how to behave in a certain way, I mean physically, when you're in an interview situation.

**Woman** You mean to give a good impression?

**Man** Yes, so things like not crossing your arms and maintaining eye contact with the interviewer. It says here that all of this is as important as the way you dress.

**Woman** Yes, I can believe that.

#### DIALOGUE 2

**Woman** Hello, and welcome to the programme. Today, we're focusing on education and ways to improve the learning experience for pupils. My first guest is Harry Atkins. Harry is a primary school teacher with ten years' experience. Harry – you recently started learning sign language, I believe. Can you tell us about that? Why did you decide to learn?

**Man** Well, I was motivated by the fact that a little girl who is hard of hearing joined my class this year. She has a teacher in the classroom with her who knows sign language. However, I want to be able to communicate with her in the same way, to make her feel comfortable.

**Woman** Is anyone else at the school learning, too?

**Man** Well no, but I actually think that all children should learn sign language at primary school.

**Woman** Really? Why do you think that?

**Man** Well, the obvious reason is that it would help hard-of-hearing and deaf children feel more included. There's also the fact that learning any language, including sign language, is good for brain development. It isn't difficult to learn, it's just that it makes our brain work differently and of course helps us understand the different ways people view and experience the world.

### DIALOGUE 3

**Woman** Hi, I'm Alice, a teacher here. You must be Matteo.

**Man** Yes, that's right.

**Woman** Great. Welcome to London and to the school. You're Italian, right?

**Man** Yes. I'm from Rome.

**Woman** Excellent. Do you know anyone here?

**Man** No, I don't.

**Woman** Well learning a language is a great way to get to know people. So, I see from your application form that you're doing business English. Do you need English for your work, then?

**Man** Not right now but I'm thinking about changing jobs. I'd like to be a tour guide... There are a lot of tourists in Rome and I'm very interested in history, so it seems like a good idea.

**Woman** Yes, indeed. Actually, I'm going to be in Italy next month. I have a friend there who owns a language school in Florence. She's thinking of hiring new teachers and it seems like a good idea.

**Man** Well, Florence is a lovely place.

**Woman** Yes, it is. I don't speak Italian, but we'll see... So, back to you... I also see from your form that you're staying with a local family. Is that going well? We do have other student accommodation if you prefer to change.

**Man** It's fine, thank you. They're very welcoming.

**Woman** Good. Also if you're interested, we have some trips coming up soon. We usually go to the coast but the weather is so bad it won't be much fun by the sea, so we're going to stick to sightseeing. I suggest you look on the website and see if you fancy doing anything.

### Part 2

#### ANNOUNCEMENT 1

This is the Circle line service, terminating at Paddington. The next station is King's Cross. Change for the Victoria, Northern, District, and City lines, and for international and national rail services.

This service will not be stopping at Euston due to a security alert. The next stop will be Great Portland Street. Upon arrival, the last set of doors will not open. Customers in the last carriage, please move towards the front of the train to exit.

#### ANNOUNCEMENT 2

Ladies and gentlemen, we invite you to take your seats for tonight's performance of *Gin and Fizz*, which will commence in five minutes. Please note that you will not be allowed to enter the theatre once the main doors have been closed. During the performance mobile phones must be switched off and we kindly remind you that no photographs can be taken. There will be an interval of fifteen minutes. Drinks and snacks are available at the Star Bar on the second floor. Tonight, we will be serving a glass of complimentary Gin Fizz to each patron to celebrate the end of our highly successful Broadway run. Please do join us.

#### ANNOUNCEMENT 3

Good afternoon, this is your train manager speaking. Welcome aboard the 13.35 service for Holyhead calling at Prestatyn, Rhyl, Colwyn Bay, Llandudno Junction and Bangor, due to arrive at Holyhead at 15.11. Please take time to familiarize yourself with the safety information on board. The emergency exits are located at the end of each carriage. There will be a mobile trolley service on this train serving hot and cold drinks, and a variety of snacks. Please have your tickets ready for inspection.

### Part 3

Hello, and welcome to the programme. With exams taking place across the country, and students everywhere working hard, students and parents are worrying about the effects of stress.

According to the children's charity, the NSPCC, there has been a recent 10% increase in children of school age wanting counselling sessions in the UK. Other studies have suggested that at least 40% of students overall suffer from exam anxiety.

The first thing you should remember for yourself, or your child, is that you are not alone and that your school or university will probably have a counselling service that will support you. They may suggest

one-to-one counselling or a support group where you can meet other people who have similar worries.

So, how does someone know if they are feeling stressed? One of the most common indications is a change in sleep pattern – either waking up in the middle of the night or being unable to get to sleep at all. Naturally, this can cause problems with concentration, which leads to worry and anxiety. Other physical indications are feeling dizzy, having an increased heart rate, and headaches.

So, what can you or your child do? Our brain is a muscle that needs time to relax. It requires 20% of the body's total energy to function properly. That's why it is important to take breaks. Move away from your computer or books and do something completely different that you enjoy.

You should also make sure your diet is good and that you take regular exercise, which helps sleep. You may think you don't have time, but overall you will find you are performing better. Exercise outside is particularly good. One benefit is that you will get vitamin D from the sun. This will improve blood circulation and your mood. A few years ago, Harvard Medical School studied the connection between nature and stress. Thirty-six people took part. Researchers asked them to spend ten minutes or longer in a park, or other green area, three times a week. They measured their levels of cortisol – the stress hormone – before and after their trips out. Results showed that even ten minutes with nature lowered the level of their stress. Twenty to thirty minutes had the best result. People were more relaxed and more able to study.

## Listening Exam 7

### Part 1

**Interviewer** Who does most of the housework in your home, Helen?

**Helen** Well, we try to share the housework between us in my family, but it doesn't always work. We live in a big house with a garden... that's my mum, myself, and my two brothers, Tim and John, and my younger sister, Tania. Because it's such a large house, by the weekend it's usually quite a mess. We all have to make our own beds and usually we all do. My brother Tim is responsible for taking out the rubbish... we try and recycle so we have separate rubbish bins for things. Tim is also supposed to help set the table at dinner time but he never does, I usually do that. John, my oldest brother, is a good cook so he makes dinner maybe three or four times a week. My mum clears the table away and then my sister Tania and I put the dishes in the dishwasher, and tidy up the kitchen. At the weekend, we all try to do some gardening but that depends on the weather.

**Interviewer** Who does the housework in your house, Richard?

**Richard** Well, if I'm honest, housework isn't a very popular word in my home. I share a flat with two other students and for some reason we never seem to find time to do much housework! We try and share the responsibilities every week and put a rota on the fridge door, but often people don't do anything, especially Dave. He's quite lazy and doesn't mind if the flat is a mess. He's always on the sofa in the living room. I usually do the basic shopping and make sure the fridge has milk, bread and eggs and stuff like that. Julia normally tidies the kitchen once a week but the big problem is the bathroom. No one wants to clean it. It's quite disgusting really.

### Part 2

#### SPEAKER 0, EXAMPLE

I live in a one-bedroom flat in the city centre. I prefer to live right in the centre because you can walk everywhere and you don't have to have a car. It's not a very big flat, but it's light and it's perfect for one person. I bought most of my own furniture from IKEA too, because it's cheap.

#### SPEAKER 6

When I finally retired, I decided to sell my house in town and buy something smaller by the sea. Most of my friends thought I would get bored and lonely, but that's not the case at all. I bought an old cottage in a small village... it needed a lot of work at first, repairing things...

painting and decorating. There's also a small garden which takes up a lot of my time.

#### SPEAKER 7

My friend Jed lives in a caravan. He didn't have enough money to buy a house or a flat so he decided to get a caravan instead. Most people think it's like camping, but it isn't. Caravans have got lots of modern equipment now... Jed's got a better kitchen than I have in my flat! It's quite spacious, too.

#### SPEAKER 8

I remember when I was a child I didn't like going to stay at my grandparents' house. It was a huge six-bedroom house in the countryside, about twelve miles from the nearest village. My grandparents were very strict. They used to separate my brother and I, and we had to sleep in different rooms. I was always frightened, and we were sure there were ghosts in the house.

#### SPEAKER 9

I share a flat with two other students who study at the same university as me. The rent is quite expensive but the flat is new and big, which is important because you need your own space when you live with other people. The kitchen is a bit small and it's always very messy. My favourite room is my bedroom. It's the biggest room in the flat and it's got a nice view over the park.

#### SPEAKER 10

I travel a lot because of my job, so at the moment I live in hotel rooms. I don't like it very much... sometimes you want to get home, sit in your favourite chair, relax, and put on the TV. In a hotel, you never really feel as comfortable as in your own house. One thing that irritates me is the noise, especially if people come in late at night. And the food... I prefer cooking in my own kitchen to eating in hotel restaurants.

### Part 3

Hello and welcome to *The Consumer Programme*. Today we are focusing on shopping habits and let's start by looking at what is happening in the world of fashion.

There is no doubt that people's shopping habits are changing. This is partly because of the cost-of-living crisis, which has meant that people have less money and are buying fewer clothes. But people are also moving away from the idea of fast fashion. The reason they are doing this is because it has become very clear that fast fashion is bad for the environment.

So what exactly is fast fashion? Fast fashion is the method of producing cheap, low-quality clothes in a very short amount of time. The clothes often last only a few washes before they fall apart or fade. Some people only wear items of clothing like this once or twice. On average, in the UK, people wear an item of clothing 14 times before they throw it away.

The fashion industry is one of the worst industries for the environment and is the second-highest consumer of water. Did you know it takes about 7,000 litres of water to make one pair of jeans? That's a lot of water! Another example is shirts. It takes more than 2,500 litres to produce one cotton shirt!

Other problems include the fact that the industry contaminates rivers and seas with chemicals. This is bad for humans who use this water or who live close to the worst areas. It is also terrible for the environment and is very dangerous for wildlife.

Another issue is that when we wash material like polyester and nylon, we release microplastics into the water systems which we know is bad news for everybody!

As well as the environment, the industry hurts society. Factory workers in some countries often have terrible working conditions. People – often women and children – work long hours for terrible pay. This is all part of the fashion industry's need to make more and more money. In contrast to fast fashion, there is slow fashion. This is when companies take a longer time to produce clothes and try to respect people, the environment and animals.

The good news is that many shoppers have switched to slow fashion. Shoppers use online sites to buy and sell their clothes, or visit second-hand shops. Some people predict that the second-hand market will grow rapidly and may even double in a few years' time. Good news for the environment!

# Listening Exam 8

## Part 1

Welcome to the Museum of Childhood. This recorded message gives you information about our location, visiting times, and some of the exhibitions at the museum.

The Museum of Childhood is the first museum in the world to explore the history of childhood. Its exhibitions include toys and games from the 18th century to the present, and information about growing up, from schooldays and clubs to clothes and holidays. There is something for everyone to enjoy at the museum, no matter how old you are!

The museum is located in Edinburgh's Old Town near the castle and many other famous tourist attractions. Our address is number 42, High Street, Royal Mile. Visitors can get to the museum on foot, or by taking Lothian Bus number 36 from Princes Street or Waverley Bridge to the Royal Mile. On the Royal Mile, turn right towards Edinburgh Castle. The museum is on the left side of the road, between Blackfriars Street and St Mary's Street. There are no parking facilities, but limited on-street 'Pay and Display' parking is available nearby.

The museum is open Monday to Saturday from 10.00 a.m. to 5.00 p.m. and on Sundays between 12.00 p.m. and 5.00 p.m. Admission is free. We have a wonderful shop which sells toys, games, books, and souvenirs for people of all ages. There are toilet facilities, but there is no café in the museum.

You can find more information about the Museum of Childhood online at [www.edinburghmuseums.org.uk/venues/museum-of-childhood](http://www.edinburghmuseums.org.uk/venues/museum-of-childhood) or contact us by telephone on 0131 529 4142 or email at [museumsandgalleries@edinburgh.gov.uk](mailto:museumsandgalleries@edinburgh.gov.uk).

Enjoy your visit to the Museum of Childhood!

## Part 2

### SPEAKER 0, EXAMPLE

What do I remember about my school? Mmm, well, I didn't like secondary school very much. I went to a girls-only school and we had to wear a uniform. It was horrible, light blue and purple, not very attractive! We couldn't wear trousers until we were in the sixth form.

### SPEAKER 6

I remember I liked primary school very much. We had a lovely teacher in the last year, Mr Jenkins. He was young and very energetic, so we did lots of creative things like arts and crafts. We did project work too, and theatre, as well as the more traditional subjects.

### SPEAKER 7

I left school at 14 because in those days if you weren't very academic and you didn't get good grades, you could leave and get a job, or do a course in something more practical. I don't think students should stay on at school if they're not really good at studying; it just frustrates them.

### SPEAKER 8

Maths is what I remember about school. I really hated it and I was so bad at it. My exam results were terrible! I don't know why, but nobody in my class ever got good results in maths, only maybe one or two people. Maybe it was the teaching, or maybe the books. I wanted to go to university, so I had to pass the maths exam. That's why I remember Mrs Willis. I wouldn't have passed without her.

### SPEAKER 9

I remember my sports teacher at secondary school, Mrs Johnson was her name. She was really strict and quite cruel, especially to some of the girls who weren't very good at sport. We had to wear short skirts and short socks, even in winter. When it was really cold, she told us to run around the sports field twenty times without stopping. Our legs went blue in the end from the cold. Horrible woman!

### SPEAKER 10

I finished school when I was 18 and started work for a big multinational company as an administrative assistant. I'm studying at university again now, as a mature student. I'm 35 so I'm obviously

older than most of the first-year students. I'm studying Politics and International Relations. It's great!

## Part 3

Hello. On today's programme, we're discussing some of the things you can look forward to doing over the coming months. I'd like to start with London and the River Thames. The river crosses a very large part of England, starting in Gloucestershire and travelling through a total of nine counties. It passes through central London to the Thames Estuary flowing out into the North Sea.

The width of the river of course varies. In London, the widest point is around the area of the Isle of Dogs where it is about 1,000 metres across. In total, the Thames is about 346 kilometres long, which means it is the longest river in England. However, it is only the second longest in the United Kingdom. The first is the River Severn, which you will find in Wales.

London is famous for its bridges, and there are twenty bridges crossing the Thames in central London alone. Perhaps one of the most famous of these is Tower Bridge – the bridge that lifts to let ships pass through. This bridge is 244 metres long and is crossed by 40,000 people every day. That's a lot of people! Another bridge with an interesting history is Waterloo Bridge, which is also known as Ladies Bridge, because large parts of it were rebuilt by women during the Second World War.

Every year, events take place along the river in London and other historic towns. For example, there is Henley Regatta, a rowing event which began in the town of Henley-on-Thames in 1839.

If you enjoy walking, you can join in The Thames Path Challenge which is an event where hundreds of people come together to walk or run along the 100-kilometre route alongside the Thames from London all the way to Henley.

Perhaps the most famous sporting event which takes place on the Thames is the annual boat race between Oxford and Cambridge university. Over 300,000 people come to watch the event, which starts at Putney Bridge and finishes in Chiswick.

Apart from events like these, you can go on a Thames river cruise at any time of the year. Famous places you will see as you sail along include Tower Bridge, the London Eye, and the famous theatre, Shakespeare's Globe, on the south bank of the Thames. This is a really interesting building. It was built in 1997, but is actually a copy of Shakespeare's original theatre built in 1599. Each of these places is a great place to visit!

# Listening Exam 9

## Part 1

Welcome to Westminster Language Centre. I hope you've all had time to meet a few people on your course and get to know your teacher.

Now, before you all get your room numbers, there's some important information I'd like to give you. First of all, breakfast. That is between 7.00 and 8.00, Monday to Friday, and from 9.00 to 10.00 at the weekends. All classes start at 8.30, so please try and get there on time. Lunch is at one o'clock. If the weather is good and you'd prefer to eat outside in the garden, you can ask the kitchen staff at breakfast to give you a packed lunch. That's usually a sandwich, some fruit and some chocolate. You will also have a break in the morning but your teacher will tell you when that is. Most classes finish at 5.30 so you'll have lots of time to do any homework before dinner at 7.00.

OK, what else? Ah, yes, keys. These can be collected from Reception. Please make sure you keep them safe. If you have any problems at all, come and see me or John.

We've also got some information about the library. That opens from 9.00 every morning and closes at 5.00 every day. You can study quietly in there or use the computers and the internet, but there is a limit of up to 30 minutes per student on the computers.

At the end of this week, we'll give you more details about the weekend excursions and trips. These include a day trip to Oxford and a weekend climbing and trekking in Wales. We hope you enjoy your stay with us.

## Part 2

### SPEAKER 0, EXAMPLE

I love the weekends, when you can have a lie-in and you don't have to get up when the alarm clock goes. Sometimes I get up and make breakfast, coffee and toast or something like that, and take it back to bed with me and read a good book. It's so relaxing.

### SPEAKER 6

I really hate queuing – standing in a line waiting is such a waste of time. It doesn't matter where: in a shop, to buy a cinema ticket or at a self-service restaurant. It's annoying. And sometimes people can be really rude. They jump the queue and don't even say anything. It's so irritating!

### SPEAKER 7

I especially like being at home on my own in the evening. I often switch off the phone and the computer and I put on some music – nothing too loud. Sometimes I have a relaxing bath or shower and if I'm feeling lazy I order fast food from the local Chinese restaurant. I feel so comfortable at home.

### SPEAKER 8

I can't stand it when people talk loudly on their phones on the bus or train. There's nothing worse than having to listen to someone's whole conversation on the way home when you're tired after a hard day at work.

### SPEAKER 9

I love going for Sunday lunch at my grandma's. It's great. She's quite old now, but she's still a really good cook. She always cooks lovely roast beef with potatoes and vegetables. It's a good way to meet up with all the family, too, because we're always busy nowadays and I don't have much time in the week.

### SPEAKER 10

It makes me anxious when I see piles of clean clothes or bed sheets waiting to be ironed. I don't mind other types of housework. In fact, I quite enjoy washing up after dinner and I don't mind cleaning the bathroom, which I know most people really hate, but ironing is just so boring.

## Part 3

On today's programme, I'd like to talk about two people who played an important role in the history of science and technology. Charles Babbage was involved in the development of the first digital computer.

He was born in 1791 in England. He was often ill when he was a boy, so his parents educated him at home. He was very clever, especially at maths and went to Cambridge University.

After university, Charles taught first at the Royal Institution and then at Cambridge University. He soon became well known for his clever ideas. During this time, he worked on an interesting and complicated machine called the Analytical Engine. The machine could perform more than one mathematical task and was the beginning of computers.

For a period of time, Babbage worked with a woman called Ada Lovelace who was also a brilliant mathematician. She focused on the idea of pattern and codes which was the beginning of computer programming.

Another person who made a great contribution to technology and science is Katherine Johnson. Katherine was an African-American woman who was born in West Virginia in 1918. At school, she was brilliant at maths. However, because of segregation there was nowhere in the area for her to complete her higher education. When she was ten, her family moved nearer to West Virginia State College so that she could attend. There, she graduated with top marks in maths and physics.

After this she became a teacher and had a family, but in 1952, when she was 34, she applied for a job at the Langley laboratory which was part of the space agency, NASA. They gave her the job.

In 1961, Katherine helped calculate the path for Alan Shepherd, the first American astronaut to go on a spaceflight. She then did the same for John Glenn's spaceflight. In 1969, Katherine also provided calculations for the moon landing. However, no one knew of her

incredible work until the 2017 film *Hidden Figures*, which was a film about the life of the African-American women who worked at NASA.

## Listening Exam 10

### Part 1

**Presenter** Good evening. On tonight's edition of *Sport's Space* we're talking to Gavin Mitchell, an expert in extreme sports like bungee jumping and high-altitude skiing. Gavin, can you give us some other examples of extreme sports and why people like doing them?

**Gavin** Well, most extreme sports, like sky-diving or free-climbing, can get kinda dangerous because of the difficult environments you come face-to-face with, such as freezing temperatures or great heights.

**Presenter** So, why do people like these sports?

**Gavin** I think it's because the activity itself is so challenging... I mean, you have to be very fit, both mentally and physically, as you put your body under a lot of pressure. Doctors say that this increases the adrenaline level in your body, which makes you feel good. I also think young people like these sports because it gives them a sense of freedom.

**Presenter** Can you tell us about one extreme sport you think is quite dangerous?

**Gavin** Well, one popular activity now is called base jumping. You jump from a very high building or bridge with a parachute, but you try and wait as long as possible before you pull the parachute open. Heli-skiing is another good example. A helicopter takes you to a mountain area where no one has been skiing before. Sometimes the weather is bad and there are avalanches...

**Presenter** Oh! It sounds awful! Have you done any of these?

**Gavin** Yes, I've tried base jumping, which is really incredible. If you want to try an extreme sport which is safe though, I'd recommend bungee jumping. The person jumping is connected to an elastic cord, so it's real secure. The equipment these days is technically very sophisticated so there aren't as many accidents as you would imagine.

**Presenter** Well, thanks for coming in, Gavin... I'll have to give bungee jumping a try!

### Part 2

#### EXTRACT 0, EXAMPLE

**A** Who do you think is going to win this match, then?

**B** Rafa Nadal. He always wins.

**A** Not always. He's been injured recently. And Andy Murray is playing well at the moment.

**B** Yes, but Rafa has got more experience.

**A** Mmm. Yes, anyway... This stadium is fantastic, isn't it?

**B** Yeah, it's enormous.

#### EXTRACT 6

**A** Can I help you?

**B** Yes, I bought these the other day and they're the wrong size. Can I change them?

**A** Well, we don't normally change things in the sales. Have you got the receipt?

**B** Umm, let me see, it's in my bag somewhere... no, it's not here.

**A** I'm sorry but we can't give you your money back without the receipt. I'll talk to my manager and see what we can do.

**B** Oh, thanks very much. That's really kind.

#### EXTRACT 7

**A** Hi there. Sorry I'm a bit late. Did you get the tickets?

**B** Yeah, don't worry, it doesn't start until 6.30.

**A** So, what are we going to see, then?

**B** It's a musical. It's meant to be great, and all the songs were written by Chris Martin of Coldplay.

**B** What? You know I don't like musicals!

**A** It's had very good reviews, I promise!

**B** Oh, all right, then. But next week we're going to see something I like – something scary or with some action, OK?

### EXTRACT 8

- A** Good morning, madam. How can I help you?  
**B** I've lost my bag. It had everything in it – my keys, purse, credit cards...  
**A** I see. Well, how did you lose it exactly?  
**B** Well, I didn't actually lose it. I was robbed on Carlyle Street.  
**A** Right. When was this, madam?  
**B** About thirty minutes ago.  
**A** Well, can you please fill this in with as much detail as possible?

### EXTRACT 9

- A** Hello. I have a reservation in the name of Mr Banks.  
**B** Good evening, Sir. Is that Mr Matthew Banks?  
**A** Yes, that's right.  
**B** Fine. A double room on the fifth floor. Do you have any bags?  
**A** Yes, these two suitcases.  
**B** The porter will take them for you. Would you like breakfast in your room tomorrow?  
**A** Yes, please. And could you give me an early morning call at six, please?  
**B** Certainly, Sir. Here's your key. Have a nice stay.  
**A** Thank you.

### EXTRACT 10

- A** This is amazing. I didn't think they were so good but they're fantastic live.  
**B** Yeah. It's OK. The stadium is a bit small for this kind of event, though. And the tickets were quite expensive.  
**A** Yes, but if you want to see a band like this play, you have to pay.  
**B** I know, but I just think it costs a lot. The sound isn't very good...  
**A** Well, I think they're the best group I've seen for a long time.

## Part 3

Hello. My name is Martha Ellis. I'm from the UK, and I'm on the programme today to talk about being a chef. To start with I'd like to explain the different roles.

Typically, the duties of a *commis chef* are cleaning, chopping and preparing ingredients in the kitchen. This is really the role for a beginner. After that you might be a *chef de partie*, who is in charge of different sections in the kitchen. The *sous-chef* runs the kitchen when the head chef isn't available and of course the head chef is responsible for things like dealing with staff and creating menus. So how do you become a chef? In terms of qualifications, it isn't necessary to have a university degree. However, you do need to have skills and knowledge.

You can teach yourself this at home, by cooking for your friends and family, and in fact, this is a great way to start, but really, the best way to learn is by taking a professional cookery course. You can also do work experience to get started. You can do an internship, or simply find a job in a restaurant as a kitchen assistant.

You can become a chef at any age. I began my working life as an accountant and switched career in my late thirties. I did a cookery course at a London college, then worked in a restaurant in Paris as a kitchen assistant before working my way up to a *sous-chef*.

We certainly need more women to train as chefs. Only a few years ago, according to the Office of National Statistics, only 15% of chefs in the UK were women. That's a very low number. Things are beginning to change, however, and today women make up a quarter of the workforce.

In fact, The World's Best Female Chef Award was created to draw attention to this issue. Some amazing chefs have won the award including one of my favourite chefs, Brazilian chef Janaína Torres, in 2024. Torres has a fantastic restaurant in Brazil and works hard in the industry.

Another thing to mention is that you don't have to work in a restaurant. You can be a chef on a cruise ship for example, or you can set up a business in catering, or be a private chef. I worked on a cruise ship for six months and it was certainly an interesting experience. I'm now head chef at a seafood restaurant in London, but my aim is to own my own restaurant.