

1 At the doctor's

a Read the text. Number the pictures A-I in order 1-9.

If you **don't feel well** you can **make an appointment** to see your **family doctor (GP)** at the local **health centre**. He will **examine** you and ask what **symptoms** you have. He may **take your pulse** and **temperature** or **take your blood pressure**. Then he will usually **make a diagnosis** and decide how to **treat** you. He may **prescribe** you some **medicine** to **cure** your **illness**. You take the **prescription** to the **chemist's** or **pharmacy**, where the chemist will usually give you some **tablets** / **pills**. Read the instructions carefully in case there are any **side effects**. The doctor may also tell you to **have one or two days off** to **rest and recover**. With this **treatment** you will normally **get better** in a few days. If the doctor is not sure **what's wrong with you** he may send you to see a **specialist** or arrange for you to **have some more tests**, for example **X-rays**. If you are seriously ill you may need to **go to hospital** and **have an operation**. You may need several weeks to **get over** the operation. It's a good idea to **have a medical check-up** once a year.



b Cover the text. Explain what's happening in the pictures.

2 Symptoms

a The same or different? Explain.

- 1 What's the matter with Kate? / What's wrong with Kate?
- 2 I feel ill. / I don't feel well.
- 3 He feels sick. / He's being sick.
- 4 I feel sick. / I feel dizzy.
- 5 His ankle is swollen. / 'swəʊlən / His ankle is broken.
- 6 His knee hurts. / His knee aches.
- 7 She's in hospital. / She's at the hospital.



b Describe the pictures.

3 Medical conditions

a Write M (minor) or S (serious). Explain what they are.

- | | |
|----------------------------------|-------------------------------|
| be <u>pregnant</u> | have a heart <u>attack</u> |
| have an <u>allergy</u> /'ælədʒi/ | have a <u>stroke</u> |
| have a <u>chronic</u> illness | have a <u>virus</u> /'vaɪrəs/ |
| have flu /flu:/ | take an <u>overdose</u> |

b Practise saying the words.

4 Alternative medicine

a Match the descriptions and alternative treatments.

touching / pressing the body using plants and herbs
using needles touching / pressing the bones / muscles

- | | |
|-----------------------------|---------|
| acupuncture /'ækjʊpʌŋktʃə/ | 1 _____ |
| homeopathic /'həʊmi:əpəθɪk/ | 2 _____ |
| medicine | 3 _____ |
| massage /'mæsɑ:ʒ/ | 4 _____ |
| osteopathy /'ɒsti:'ɒpəθi/ | |

b Practise saying the words. Do you know any other kinds of alternative medicine?

Can you remember the words on this page?
Test yourself or a partner.