

1 At the doctor's

a Read the text. Number the pictures A–I in order 1–9.

If you don't feel well you can make an **appointment** to see your **family doctor (GP)** at the local **health centre**. He will **examine** you and ask what **symptoms** you have. He may **take your pulse** and **temperature** or **take your blood pressure**. Then he will usually **make a diagnosis** and decide how to **treat** you. He may **prescribe** you some **medicine** to **cure** your **illness**. You take the **prescription** to the **chemist's** or **pharmacy**, where the chemist will usually give you some **tablets** / **pills**. Read the instructions carefully in case there are any **side effects**. The doctor may also tell you to **have** one or two **days off** to **rest** and **recover**. With this **treatment** you will normally **get better** in a few days. If the doctor is not sure what's **wrong** with you he may send you to see a **specialist** or arrange for you to **have** some more **tests**, for example **X-rays**. If you are seriously ill you may need to **go to hospital** and **have an operation**. You may need several weeks to **get over** the operation. It's a good idea to **have** a medical **check-up** once a year.



b Cover the text. Explain what's happening in the pictures.

2 Symptoms

a The same or different? Explain.

- 1 What's the **matter** with Kate? / What's wrong with Kate?
- 2 I feel ill. / I don't feel well.
- 3 He feels sick. / He's being sick.
- 4 I feel sick. / I feel **dizzy**.
- 5 His ankle is **swollen**. / 'swələn/ His ankle is **broken**.
- 6 His knee hurts. / His knee aches.
- 7 She's in **hospital**. / She's at the hospital.



b Describe the pictures.

3 Medical conditions

a Write M (minor) or S (serious). Explain what they are.

be pregnant	have a heart attack
have an allergy /'ælədʒi/	have a stroke
have a chronic illness	have a virus /'vairəs/
have flu /flu:/	take an overdose

b Practise saying the words.

4 Alternative medicine

a Match the descriptions and alternative treatments.

touching / pressing the body using plants and herbs
using needles touching / pressing the bones / muscles

acupuncture /'ækjyooŋktʃə/	1
homeopathic /'həʊməi:əpæθɪk/	2
medicine	3
massage /'mæsə:ʒ/	4
osteopathy /'ɒsti:ɒpəθi/	

b Practise saying the words. Do you know any other kinds of alternative medicine?

**Can you remember the words on this page?
Test yourself or a partner.**

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