

Go to the cinema?

Have a late night?

Oversleep?

Go shopping for food?

Buy on the internet?

Have a shower?

How
often do
you...?

Go out for a drink?

Write emails?

Go on a holiday?

Text you friends?

Download music form the internet?

Never
Hardly ever
Sometimes
Often
Usually
Always

Once

Twice

Three times

a

day

week

month