

### **Why should you travel in your own country?**

- It's cheaper. ...
- You will help save the planet. ...
- You can travel more often. ...
- It's a chance to support local. ...
- You can travel last minute. ...
- There will always be a next time.

### **benefits of travelling alone.**

- Increase your confidence.
- Meet new people.
- Build your own itinerary.
- Learn more about yourself.
- Step out from your comfort zone.
- Enjoy your own company.
- Gain a new perspective.

### **Travel to a different country:**

- Traveling doesn't have to be expensive. ...
- You learn without even trying. ...
- You interact with different people. ...
- You can practice or learn a new language. ...
- You learn to get around in a new environment. ...
- You are more likely to do things you wouldn't normally do at home. ...
- You grow and become a better you.