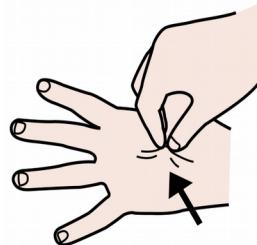
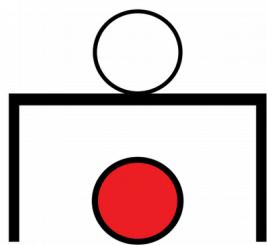
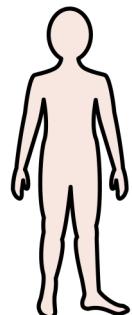
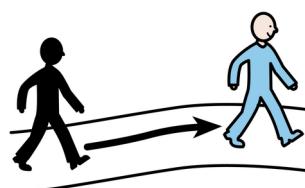


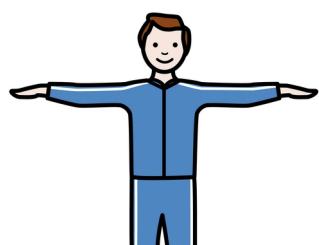
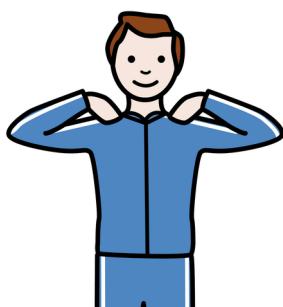
LOS MÚSCULOS



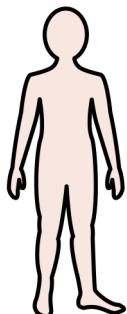
Los músculos están debajo de la piel .



Los músculos nos ayudan a mover el cuerpo.



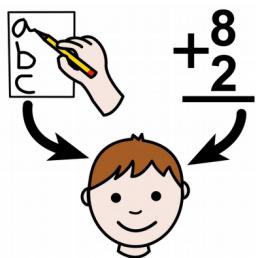
Los músculos son flexibles, se pueden encoger y estirar.



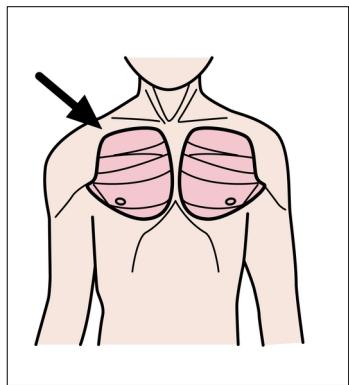
650



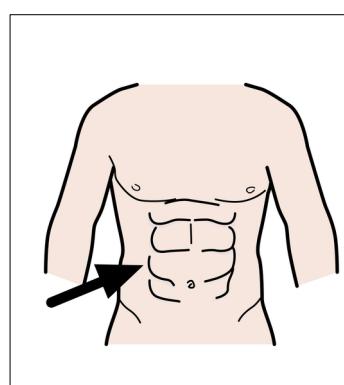
En el cuerpo hay seiscientos cincuenta músculos.



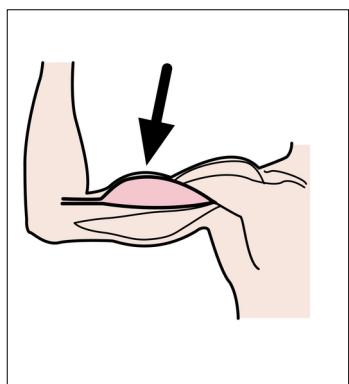
Aprendemos el nombre de los músculos.



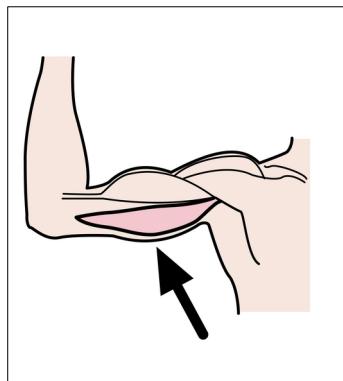
PECTORALES



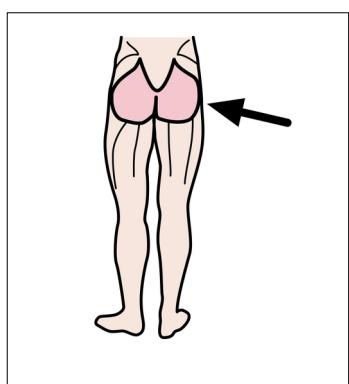
ABDOMINALES



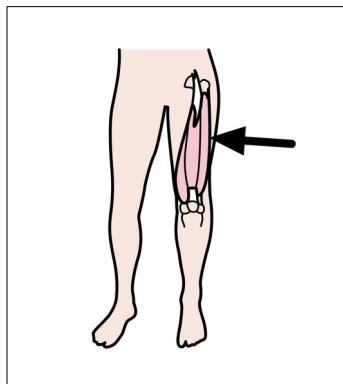
BÍCEPS



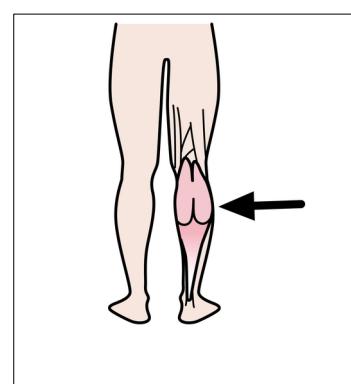
TRÍCEPS



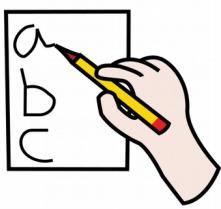
GLÚTEO



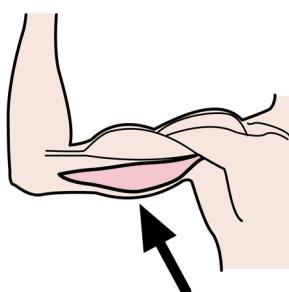
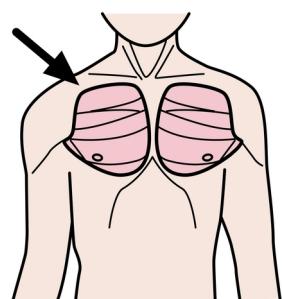
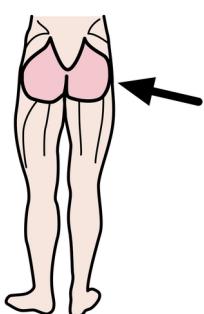
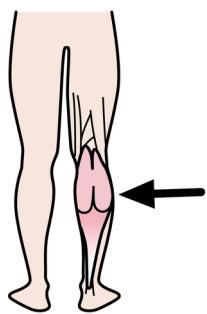
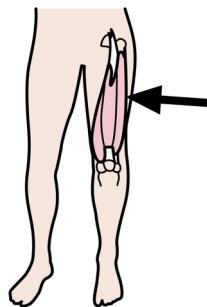
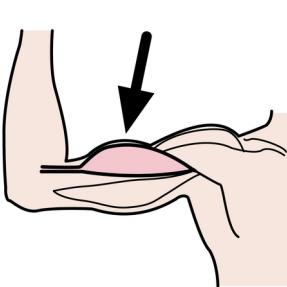
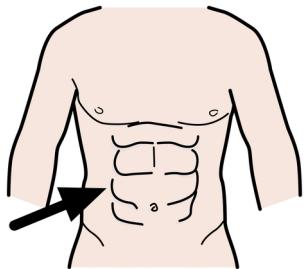
CUÁDRICEPS

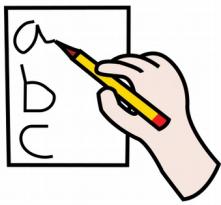


GEMELOS



Escribe el nombre de los músculos.





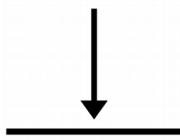
Contesta:



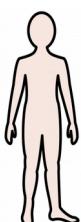
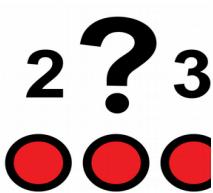
1. ¿Dónde están los músculos? _____



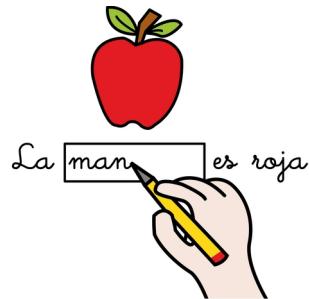
2. ¿A qué nos pueden ayudar? _____



3. ¿Cómo son los músculos? _____



4. ¿Cuántos músculos hay en el cuerpo? _____



Completa:

